

# CHHUNGKAW ENTU

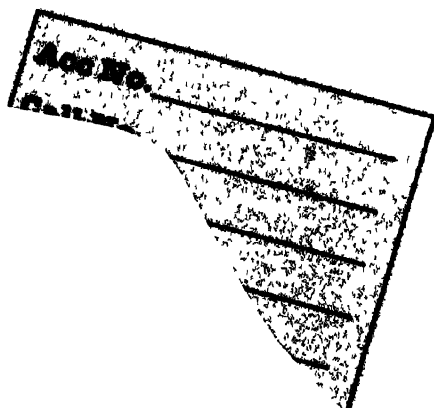
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F. LALROTLUANGI B.A., B.D



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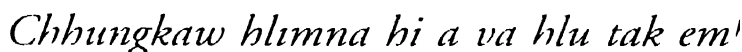
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**F. LALROTLU** M.A., B.D

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*He lehkhabu hi kristian nunkawng duhsakna leh  
hmangaih na nena uluk taka min zirtir thintu ka  
Pa F Rosiama leh ka Nu Darluti Zadeng te  
hriatreng nana buatsaih a ni e*



## FOREWORD

He lehkhabu CHHUNGKAW ENTU hı mı tupawh mıpa emaw hmeichhia emaw, pa-te leh thalaite tan chhiar tlak, finna kawnga thurawn pe thei khawpa tha nıın ka hria A bıkın Nute tan chhiara zawm nghal tlak a nı

A phək bul ber atanga a tawp thleng hıan kan nıtın nuna hman theih nghal Mizo nunphung nena inmıl vek a inphum a nı Pı FLalrotluangi B A ,B D hıan tunlai kan ram dınhmunah meichhiate mamawh ber mahnı inchhung leh pasal leh fate chung a kan mawhphurhnate uluk tak leh in buatsaihna tha tak neia he lehkhabu a lo buatsaih hı a lawmawm tak zet a nı Hmeichhe tam tak, lalna leh thuneihna inchhunga neih ve duhte pawhın an chhiar chhuah a, an zawm bawk chuan an chhawr ngei ang

Fate laka kan mawhphurhna chungchang a sawı naah"I rilrua ı fa chu lo piang lo law law la tha tur" ı tih chuan ı hriat loh hlanın tual ilo that der tihna a lo nı ang, a tih hıan ka rilru a khawih hle Nu leh Pate hıan kan thiltih, tawngkam leh rilruın kan mawhphurhnate kan hlen loh thinzia mın hriat chhuahtir hle a nı

Han chhiar tan teh le- ro phumruk ı chhar ngei ang

## THUHMAHRUAI

He lehkhabu "*Chhungkaw Entu*" hı harsa tak chungin ka han buatsaih ve a Lehkhabu te reuhte mah nise, a chhung thu hı ngun taka chhiar a, zawm anih chuan thil chhenfakawm tak anih beiseina ka nei ani

Kan ram leh hnam kan fate siamthat tum tak takte tan chuan he "*Chhungkaw Entu*" hi a tangkai theih ngei ka beisei. Chhungkaw inrelbawl nan hian thil tamtak hriat tur a awm a, thil tha nia ka hriat ve ang te pawh ka duh ang takin ka ziak tam thei lova, pawı ka ti hle a, mahse, he lehkhabya ka han tarlan chhun tal hı chu Nu-te hian zawm ıla hma kan sawn phah ngei ang tih beiseina lian tak ka nei ani

Chhungkaw tinah hian Nute hi kan pawımawh hle mai a Nu tha chuan inchhungah hlimna leh lawmna a thlen thin a, nu thalo erawh chuan buaina lian tak tak, chi hrang hrang a thlen thin ani

Nu-te hi inchhungah cıuan hmangaihna tuhtu, chhungkuaa enna thlentu ni tura beisei kan ni a. Heng thila kan hlawhcham anih chuan Nu kan tling lo hle tihna a lo ni dawn a, chuingin chhungtina Nu ber-ten kan mawhphurhna, chhungkaw hlim siam leh chhungkuaa hmangaihna tuh hi kan tum ngei tur ani Nu chuan naupang nungchang ngun taka zira, kawng tha kawhhmuh chu kan mawhphurhna a ni a. Kan fate enkawl naah hian chhungkaw lungual, Kristian chhungkaw siam chu Nu mawhphurhna ani.

Nu ber chu chhungkaw enkawlnaah sum leh pai chungchangah mawhphurtu kan ni bawk ani Sum lak luh dan ang zela hman dan kan thiam loh chuan chhungkaw tlakranna a lo thleng thin a, chuvangin sumhman chungchangah nuin thil ruahman thiam a tul em em ani Nu ber chu chhungkuaa damlo enkawltu, inhhung mamawh phuhruk peih mi leh inhhungkhur mawhphurtu ber ani

Hmeichhiate hian kan Pathian Lehkhabuah ngei pawh hian "ber" nihna an hauh fo mai Hengah te hian ---

- 1 Isua Krista a thih dawna hnaih bertu leh zui rei ngam bertu chu hmeichhia a ni Marka 15 40-47
- 2 Isua thlan tlawh hmasa bertu pawh hmeichhia ani Johana 20 1
- 3 Isua thawhleth thu puang hmasa bertute pawh hmeichhia anni Matthaia 28 8
- 4 Judate hnena thuhritu hmasa ber chu hmeichhia ani Luka 2 37-38
- 5 Tawngtai inkhawm hmasa bera telte chu hmeichhia an ni Tirkkohte 1 14
- 6 Isua tana thuhretu ni tura Thlarau Thianglim thuamna chang hmasa ber tute zingah hmeichhia tam tak an tel Tirkkohte 2 4
- 7 Europe rama Paula leh Sila lo lawm hmasa bertute chu hmeichhia an ni Tirkkohte 16 13

8 Europe rama piangthar hmasa ber chu hmeichhia  
a ni Tırhkohte 16 14.

He lehkhabu buatsaihnaa min buaipuitute  
chungah ka lawm takzet a.Tv VL.Zaikima'n thurawn  
tha tak min pe a, a chungah ka lawm em em a Tin,  
forewarding min ziah saktu P.Liandingi chungah ka  
lawm tak zet a ni

Tin, ka pasal PS Chhuasa, he lehkhabu buatsaihna  
atana theihtawp min chhuahpuia, chhangchhe tak  
chunga hun tha tak min siam saktu leh a tul anga  
thurawn tha tak tak min petu hnenah lawm thu ka  
sawı bawk a ni

F Lalrotluangi B A, B D

Dt 7 5 1989

Khatla, Aizawl



## CHHUT THUMNA THUHMAHRUAI

He lehkhabu, " *Chhungkaw Entu* " hi kan chhut hmasaka min lo hlutsaka, an chhiar avanga lo hlawkpuitute zawng zawng hnenah a hmasain lawmthu ka han sawi a Amaherawhchu, chhunawn leh tura mi tam takte ngenna leh Synod Bookroom ngei ngenna te a hun taka ka tihhlawhtlinsak theih loh avang erawhchuan ngaihdam ka dil bawk a Mahse, Lalpa khawngaihna leh kaihhruaina azarah tun tumah hian chhut hmasak ami bakah thudangte ziah belhin kan buatsaih leh thei hi ka lawm tak zet ani

Tun tumah hian Nu mawhphurhna chauh ni lovin, Pa mawhphurhna ka han tarlang tel bawk a, tin, tunlaia kan ramn a mamawh em em nia ka hriat, setana'n mihringte a thlemna hmanruate leh, Setana bawha tangte chhanchhuah theihna tur atana thurawnte ka han tarlang bawk a Bung 8 (Tleirawlte Enkawlnaah) tih ka ziahlai pheih chuan setana thik tham alo ni ve a nih ka ring a Kan hmelmapa setana hian a thuruk han phawrh chhuahsak leh han tarlan hi a phal loh em avangin indona nasa tak ka tawk a, vawithum tlawng buaina nasa tak ka tawk a, a chang pheih chuan a beidawnthlak rum rum thin a ni Mahse, nasa taka tawngtaina nena kan chhungkua tan kan han laknate avang leh mi thahnemngai zualte tawngtainate chhangin Lalpa chuan hnehna chu ama ta anihzia a tilang a Setana hnehin chung buaina tam tak karah chuan he lehkhabu hi chhut chhuah leh tihpuitlina alo awm thei ta hram hi lawmawm ka ti tak meuh a ni Amaherawhchu, tlemin kan chhuah tlai phah ta deuh a ni Lalpa chu fakn awm rawh se

Tin, tun tuma he lehkhabu kan buatsaihnaa bul min tumsaka, a tawp thlenga min buaipuitu ka pasal PS Chhuasa hnenah lawmthu ka sawi a Inchhungkhur buai leh harsa tak chungah hun thawl leh tha tak min pek bakah thurawn tha tak tak min pe a, a bu chhuah thlenga a theihtawpa hlim tak leh phur taka min buaipui avangin a chungah ka lawm tak meuh meuh a ni Tin, a bu chhungthu uluk taka min enfelpuia min siam remsaktu Pro Pastor T Lalhmachhuana hnenah lawmthu ka sawi bawk a ni Hei bakah hian setana symbols (a lemziak) min ziaksaktu kan fapa PS Lalhruaitluanga chungah ka lawm hle bawk a ni

He lehkhabua ka han ziakte hi ka zirchhuah tawh leh ka thiamsa ziak ka ni hauh lova, ka zirlai mek ve tho a ni a, chuvangin keimah anga zir vete tan thil tangkai a nih ka beisei avangin ka han ziak leh a ni e

A chhiartute zawng zawng Lalpan malsawmin hlawhtlintir ngei che u sela tih hi ka tawngtaina a ni e

Date 15/12/2003

F Lalrotluangi (Mapui)  
Guwahati, Assam

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## **BUNG - 1**

### **KRISTIAN CHHUNGKAW BUL IN TANNA :**

Chhungkaw tin hian Kristian Chhungkaw hming kan inchhal vek mai thei a, mahse, Kristian Chhungkua chu Krista Lalna chhungkua dik tak nih a ngai a ni

Kristian chhungkaw dik tak ni tur chuan a bul tan that a pawimawh em em ani Chhungkua chuan Nu leh pa leh an fate a huam a ni Chhungkua kan din dan hi kan uluk a ngai a, Pa ber leh Nu ber chu an inneihna atangin fimkhur leh uluk taka ruahman a tha Mahni duhzawng ang ang te ui leh ar ang maia inneih mai mai chi a ni lova, mihringte hi Pathianin rannungte aia chungnung zawka min siam dante kan hriatchian a tul Kawppui tur awm mi duhzawng kan nei te anih chuan ngun taka Pathian rawn a, Pathianin rem ati anih chuan inneihna chu Kohhran dan Thianghlum ngeia, nupui pasal inneih hi Kristian chhungkaw dik tak din tur tan chuan tihmakmawh a ni Hmeichhia leh mipa induhna te a lo awma, hmeichhe chhungte lam atangin emaw mipa chhungte lam atangin emaw harsatna alo awm

thei a, chutianga harsatna alo awm pawhin ngun lehzuala Pathian rawn thin a, harsatna lo awm mekte chu Pathian kutah hlan fo tur a ni a Kan duh leh beisei hunah kan hlawhtling nghal mai lo anih pawh-in Pathian remruat anih phawt chuan engmahin a dal tak tak thei lova, a nghah erawh chu taihmak deuh pawh a tul mai thei Chuvangin dawhthei taka nghah hi hreh hauh loh a tha Hmanhmawh lutuk avanga inruk mai duh thut thut pawh thil awl tak a ni Amaherawhchu dawhtheih zir hun tak leh pathian auh tam huna hman a tha, testimony tha tak tak pawh a neih phah theih a ni. Tin, inneihna hi Lal Isua ngei pawh khan a ngai pawimawh em em a, Kanna khuana inneihnaah pawh khan a va lawmpui ve hial anih kha Pathian rawngbawltute tan leh a rawng la bawl zel turte tan chuan a bul tan that phawt a ngai a ni Amaherawhchu hemi awmzia hi Kohhran Dan Thianghlma inner lote chuan Pathian rawng an bawl tur a nilo tihna ani lova. thinlung tak taka inchiira Pathian hnena ngaihdam dila sual simte chu englai pawhin a ngaidam thei a, nawhchizuar leh mi dukdak vak lova kan ngaih te pawh hian Pathian ngaihdamna changin ropui takin Pathian rawng an bawl thei tho a ni.

Kan sawi tawh angin Kristian chhungkaw dik tak din tur chuan Nulat Tlangval lai atanga Pathian rawn tlat mi nih a pawimawh em em a ni. Pathian pek anih phawt chuan hmeltha leh pian nalh tak pawh nilo mahse lawm taka pawm mai chu ringtute tih tur ber niin alang a ni

## **BUNG - 2**

### **KRISTIAN CHHUNGKUA PA MAWH PHURHNA**

Malakia 4 6 -ah chuan "Ani chuan Pa leh fate inkarah inrem lehna a thlentir ang" tih kan hmu a, Pathianin Pate hi Amah tilawm tura a siamte anni a, a fate inkarah pawh inremna siam tura a siamte anni Ephesi 6 4-ah chuan "Nangni pate u, in fate tithinur suh ula, Lalpa thununnaah leh zilhhaunaah chuan enkawl zawk rawh u" a ti a Pate hi fate enkawltu tur, a tul huna zilhhautu tur an nihzia kan hmu chiang hle ani

Chhungkaw pa ber chu Pathian hre mi anih a ngai hmasa phawt mai a, Pa chuan amah siamtu leh eng atana siam nge anih a hriatchian phawt a ngai a. Pa chu Pathianin Amah Pathian hre turte, hmangaih turte, A rawngbawl turte, Pathiana lawm reng tur tea A siam ani tih a inhriat hmasak phawt chuan a chhungkua chu a lo nuam dawn a ni Inneihna awmzia leh Kristian chhungkaw awmzia hre hauh lova mun nupui a neih ringawt chuan, insak dan tur duanglawk hauh lo leh engtinngae a tih zel dawn hre hauh lova insak nana

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ban phun ringawt ang chauh a lo ni dawn a n

Pathian ruat ang tak leh A hriatpuina ngei, inneihna te hi ruahman a lo nih chuan Pathiar nena inlaichinna a lo thuk tulh tulh a, Kristiar chhungkaw dik tak leh hlim tak a lo din thei dawn a ni. Pa-in Pathian hmangaihna a hriatchiar zawh poh leh a nupui fanaute hnenah sawi tur a lo nei a, Pathianin a hmangaihna leh a venna thute sawi nuam a lo tih chuan inchhungkhur boruak a lo tha thin a ni Pa chu a nupui leh a fate tana ngaithlatu tha tak leh an mamawh tihsaktu ber a nih a ngai bawh a ni

Pa ber chuan Nu nen an inan lohna a hriatchian zawh poh leh a nupui hriatthiamna a nei thuk ang a, Nu pawhin mipa danglamna a hriatchian chuan a pasal nen an inrem phah thei a ni Hmeichhia leh Mipa hian kan inan lohna kan hriatchian ve ve chuan nupa inkarah pawh in nghirngkhona lo thleng thei tam tak pawh a pumpelh theih a ni.

Naupang Isua khan a Pa hnena chhang a dilin Josepha khan lungte a pe lo va, chhang a pe mai a ni. Hei hian fate duhzawng apiang Pa-in a, tihsak tur a ni tihna a ni lova, a tulna leh pawhmawhna ngun taka chhutsak chungin a fa mamawh chu a tih sak mai tur a ni.

Naupangin a Pa hnenah Pathian lo awm tan dante, khawvela sual alo luh tan dante zawt ta ang sela, pa chuan, "I ninawm mai mai, chungte chu tuiunge hria ang, ngawi mai mai rawh " tiin chhang ta sela, a fa chuan a pa lakah beldawna



lian tak neiin a thil hriat chak deuh deuh te pawh zawt chak hle mahsela, a Pa lakah chuan beidawnna lian tak neiin a Pa chu zawh tlakah a ngai tawh lo mai thei a ni. A Pa chu engmah hre lovah ngaiin a ngaihsanna pawh a reh vek thei a ni. Chu bakah anmahni hmangaihtu ni lo midangte atangin an hriat chak zawngte chu an zawt ruai anga thil tha lo zirna atan kawng hawnsakna a ni hlah thei baw. Chuvangin hetiang hun atan hian Pa chu a lo in puahchah lawkin Pathian thu har an lo zawh chang pawha dik tak leh uluk taka chhang thei turin a inrin reng a ngai a ni. Naupangte hian an Nute aiin an Pate an rin tlangpui zawk avangin Pa chu rintlak tak anih a ngai a ni. Naupang reng reng hian dilchhut hun leh thil hriat chak em em zual lai hun an nei theuh a, heng hunlai hian Nu leh Pa tana ninawm khawpa zawhna an lo zawh pawhin dik tak leh dawhthei taka an zawhnate chhan fo an mamawh thin. Hei hi Nu leh Pate'n hriat reng a pawimawh hle a ni.

Chhungkaw tinah hian Pa ber chu Principal ang lo nita sela, Nu ber chu Zirtirtu nita ang sela, an sikulah chuan an fate an lut ni angte pawhin a ngaihtuah theih awm e. Pa ber chu sakhuana lama chhungkaw hotu leh engkima hotu niin a fate chu Pathian hriatnaa a hruai luhna kawnga hmahruai chu a hna pawimawh tak ani, Nu berin a thlawp zui zel a ngai baw. a ni.

Chhungkaw Pa ber chu a in chhungkhura thutlukna siamtu tur a ni, a thu chu a in chhungah a lai ber tur a ni. Nu leh a fate'n tul leh pawimawh

nia an hriatte chu an Pa ber hnenah an thlen ang a, anin thutlukna a lo siam thin a tul dawn a Chuvangin Pa ber chuan thil tulte chu ngun taka, a ngaihtuaha, a thatna leh that lohna uluk taka a buk hmasak vek hnuah thutlukna a siam thin a ngai a ni Nu leh faten tul an tih apiang a lo remtih nghal mai emaw, a lo remtih loh nghal mai emaw hi thil tha ber ani lem lo fo Chuvangin thil ngun taka a ngaihtuah hnuah chauh thu titlu thin ta sela a tha a ni Nu leh fate tan pawh a ngaihthat thlak bik a ni Amaherawh chu, Pa ngaihsam lutuk leh chhungkaw ngaihsak vak lem lo, Pathian pawh hre vak lo mi alo nih chuan, a thutlukna a ningnel thei a, chutiang mite chu an thu ngaihchan a tul lem lo mai thei bawh a ni Entirnan Pa chu zu rui reng leh harhfim lai nei ngai manglo anih chuan a nupui leh a fate chuan inngahna tlakah an ngai dawn lova, an ruih phur hlut laia thilphal em em mai, an neih zawng zawng pawh thenawm khawvengte pe vek duh mai, zu lei tura mahni fate tir fo mi, zu man tur atana mahni nupuite incheina leh thil tha tha hralh duh zel mai mi anlo nih chuan Pa aiah Nu-in thutlukna a siam a ngai fo dawn a ni. Hetiang Pate tan chuan chhungkaw pa ber hming inchhal pawh thil zahthlak tak a tling a ni

Josepha leh Mari'n Jerusalem Temple-a, Naupang Isua an zawn tum khan Josepha kha a tawng thu kan hmu hauh lova, a tawng lohna chhan kha han chhut ta ila, Patling dik tak, Pa tak tak anih vang niin a lang thei ang. A nupui Mari chu a zahthiam (respect) em em a, Mari pawhin a pasal Josepha chu a zahthiam bawh a.

Naupang Isua Jerusalem Temple-a an va hmuh tum pawh khan thutawp chu Pa kutah a awm tih hre rengin ani chu a lo ngawi rih a, Mari (nu zawk) a tawngtir ta a nih kha Mari pawh khan a pasal zahthiam tak leh ngai pawimawh em emin, " Ka fa, engatinge hetia mi tih? Ngai teh i pa leh keiin thlaphang takin kan zawng che a ni," a ti a Lk 2 48b Hetah hian thil pawimawh deuh deuh nia.lang chu-Josepha hian pa ber a nihna chu fmg leh fel takin a tilang a, tin, Mari pawh hian a pasal a zahthiamna leh a dah hmasakzia a tilang bawk a, chu bakah Naupang Isua pawh kha naupang a nihna namnula, hau mai lovin tha tak leh zahthiam takin a zawt a ni Hei hian Pa leh Nu leh Fate a tul huna kan inzahthiam tawn thiam a tulzia min zirtir hlein a lang a ni Pate hi Pa nih tling tak, thinur mai mai lo, Pathiana inngat tlat mi, inngahna tlak patling anlo nih ngat chuan chhungkua a lo hlimin fate tan pawh a thlamuanthlak bik em em dawn a ni

Chhungkaw pa ber chuan a chhungkua chu tisaah leh thlarauvah a ven him tawh hi thil tul tak a ni A nupui fanaute chu taksa hriselna kawngahte an dinhmun a hriatpui fo hian a nupui fanaute tan a thlamuanthlak bik em em dawn a ni Nupuite damloh emaw, fate damloh emaw pawh hre manglo pa hi an awm zeuh zeuh a nia Pate u, hetiang mi hi nih loh hram tum teh u Chhungkuaa harsatna alo awm huna Pa berin hma an lak thuai thuai hian in nupui fanau te hi kan thla a muang thei hle thin a ni Hetiang hun leh sum leh pai dinhmun a lo tlakhniam lai te pawh hian nupui fanaute thlamuan thiam tak Pa

nih a tul fo thin a ni. Harsatna leh buainate a lo awm chang hian patling dik tak leh patling vak lote hriat an awl em em a ni Hetianga dinhmun harsat zual hun hi chhungkaw tin te'n vawikhat tal chu kan nei deuh vek mai thei a, hetiang hunah hian patling dik tak i nih chuan tlanchhe hauh suh ang che. Huai takin harsatna sutkian dan ngaihtuahin hma la zawk la, i nupui fanaute chu an thla a muang em em ang. Pa thenkhat chuan hetiang hunah hian, " Nu-i, nang hma han la tehkhai " tih ching a awm theih tlat mai a, hei hi thil thalo tak a ni. Hetiang hun harsa a lo thlen palh hlah chuan chhungkaw Pa ber i nih kha hre reng chungin zam chhe mai lovin hma han la la, harsatnate chu pa nge nge chuan Nu aini ilo sukiang hma zawk ngei ang a, in chhungkua chu kar lovah ilo tungding leh mai dawn a ni Chhungkaw Pa ber chu buaina alo awma a nupui fanaute thlamuantu tur anih avangin a thu leh hla pawh chhungkuaah a pawimawh kan tih tawh kha Buaina sukiang ngamlo leh thutlukna pawh siam mumal thei lo pa i lo nih emaw nupui fanaute mawhchhiat ching pa i lo nih chuan sim tum hram ang che Hetianga mawhchhiat tur zawng fo pa i nih chuan inngahna tlak lovah i insiam tihna alo ni dawn a, thu tihtluk tur pawimawh leh harsatna alo awm hunin buaina chingfel tura i thenawm pa rawih a ngaih fo zawngin i mualphovin, i thenawmpa chu in Nu lakah i lo thik leh nghal anih phei chuan chhungkaw inngirngghona leh kehchhiatna a lo thleng thei a ni. Chuvangin pa ber i nihna dinhmun hrechiangin PATLING takin i inchhung

i enkawl fo hi i mawhpurhna dik tak a ni e.

Hetiang ti thei tur chuan LALPA neitu dik tak nih a ngai a ni Lalpa tello chuan hei hi thil harsa tak a nih avangin atir lama kan sawi tak ang khan chhungkaw bul tanna a pawimawh em em a ni Lal Isua neitu pa tan erawh chuan thil harsa a nih a rinawm loh a ni Kan Lal Isua ngei pawhin, " *Nangni thawkrim leh phurrit phur zawng zawng te u, lo kal rawh u, keima'n ka chawlhthir ang che u,* " a tih kha i hre reng ang u (Mtt 11 28ff) Lal Isua rinchhanin Ama chaknain kan harsatnate chu hnehin a awm thei tih i ring tlat ang u Chutichuan, naupangte pawhin anmahni in leh loah innghahna tlat tak ani tih an hriat chuan an inchung pawh an zahpui ngai lovang Pa laktlak loh lutuk an neih chuan an ina thiante hruai luh pawh an zak em em thin a ni

Nu thenkhatte'n mahni duh ang zawng apiangte mahni pasal te tihthir kan tum fo chuan a dik lo leh thei bawh a ni Pasalte mahni thuhnuai dah tum tlat mi nupui a lo nei fuh hlauh anih chuan i nupui chu fang taka enkawl a ngai dawn tihna a lo ni ang Nupuite duhzawng apiang tih hlawhtlinsak hi thil tul ber ani kher lo mai thei Hmeichhiate chu a tlangpuin mipa ai chuan kan rilru pawh alo tein, kan ngaihtuahnate pawh a lo tawi zawk deuh nge nge a, kan aw te pawh a lo sin deuh zawk ang hian Chuvangin kan duh ang ang min tihsak chuan mite ngaihah pawh patling lo lutuk tih i lo hlauh palh a hlauhawm a ni Hmeichhiain kan tihluh tlat avang hian thil ngaihtuah ngun vaklo chuan thu

tihtluk phah duh suh ang che Thutlukna siam  
sual palh a hlauhawm Eden huan bawhchhiatna  
atang khan kan Chiang tlangin ka ring Pa ber  
chuan amah siamtu hre reng chung a thil engkim  
a tih hi a pawimawh a ni. Pathian rawn chung  
zela a in chhungkhur ro a rel thiam a pawimawh  
a ni Thil pawimawh tak chinah chuan  
hmanhmawh tak a thutlukna siam nghal mai loh  
hi a him duh fo.

Tin, i nupui chu mi Nu-te tluk lo viauva ilo  
hria anih pawhin ngawi mai la, mi Nu-te tehkhin  
fo ching suh ang che Mi Nu-te ilo te' khin fo  
chuan inhauna a chawkhhuak duh a, mi Pa-te  
i aia fel zawkte nen a tehkhin ve mai ang che I  
nupui felna laite chu ngaihsan sakin lawmthu  
hrilh mawlh mawlh ang che

### **Entirnan : -**

Nu pakhat chu ei-in siam thiam tak a ni a,  
tumkhat chu Buhpawl hi a chan sawma a kang  
chiam mai a, chu chu a pasal chaw ei lain  
chawhmeh zingah a chhiawp tel ve a. A pasal  
chuan Buhpawl kan chu a han ei chuan a nupui  
hnenah " *Hei chu a va tuilo em em ve, engnge  
ni a* " ? a han ti ve dek dek a. A nupui chuan,  
"*Thil tui leh tui lo i hre lo emaw ka lo ti tawh mai  
a sin, kha leh chen kha chawhmeh tui tak tak ka  
siam sak thin che a, engmah i sawi ngai bawk si  
lova, chuang chuan buhpawl leh chawhmeh tui  
pawh I tan danglamin ka ring lova lawm maw  
le*" a ti ta then mai a. Mifing leh mi a-te in anna  
ber chu fak an lawm ve ve hi a ni. Tin,

hmeichhiate hı kan rualawt duh khawp mai a, ı nupuiin rangkachak thi, bengbeh, kawr leh puan man to tak takte alo awh viau emaw, In leh Lo tha neih ve chakna alo sawi rik fo avang main ı hnathawhna lamah eiruk tur zawn phah lo la, ı thlatin hlawhchhuah chu thiam tak leh ren taka hman dan zirtir zawk rawh Tin, ı nupui chu sawrkar hnathawkin hlawh nei alo nih chuan a mamawh ang' leh a duh angte chu a hlawh atang chuan leitir ve thin la, chu chuan a tilawm em em ang

Tin, Pa ber ı nihna angin ı chhuahvah na-ahte pawh ı duhzawng lei mai lovin, inchhungkhur mamawh tur erawh chu ı hmuh remchan chuan han lei ve mai te pawh hı thil tha tak a nı bawh Chu bakah ı chhuahvah dawnin ı nupui chu a remchang anih chuan hruai ve thin la, hei hı a lan danah pawh thil mawi tak a ni a, nupa lungualna tihlanna a nı bawh.

Tin, thu ngaihthlakdan thiammi nih tum tlat bawh ang che. ı nupuiin emaw midangin emaw ı kianga thu an lo sawiin ngun taka ngaihthlak hmasak ching la, miin ı kianga awm nuam an lo tı anga, an ngaina sawt ang che Fiamthu thianghlim te pawh a chang chuan thawh ve fo thin ang che.

Pa chuan a chhuahvah na-ah a thianthate va tawng fuhin a duhsak zawngte chu chawei tura rawn sawm haw thut changte a awm thei a, hetiang hunah hian nupuite hnenah tha taka inhriattir a, a rawn hruaihawn nachhan te hrilhfiah

## CHHUNGKAW ENTU

a tha. A remchang thei anih chuan phone tali hrilh lawk theih ni sela a tha hle ang. "*Chutian khatiang mi ka rawn hruai dawn a, chaw lo chur kep ang che u,*" tih emaw tal chu a nupui hnenal chuan sawi thin sela, a nupui tan pawh lo inrir dan a hriat theih deuh hlek ang. Chutiang n lova pa chuan a duh hun huna mi chitin chitang a duh ang ang a rawn hruai hawn fo chuan a nupuiin a lo huphurh vang ni hauh lovin in lam chet a fel lehzuat theih nan pa chuan hetiang hian tih thin a tha a ni. Tichuan bazaar chawp alo ngai dawn anih pawhin nu chu alo inring hman thei dawn a ni. Nupuite bangbo deuhva an lo awm loh nan. A chhan hrilhfiah chiang mang si lo leh tutenge annih pawh hre chiang mang lova Nuin alo buaipui hian a hnuah in hmuhthiam lohna leh inhauna a thleng thei a ni. In Nu khan i thian hruai chu a duh loh vang ni lovin, a hriatchian vak loh han buaipui teh hrep chu a buai ve nak a laiin atan phurrit alo ni thei a ni. Tha taka inhriattirna i neih hnuah erawhchuan hlim takin in Nu chuan i thiante chu a lo dawngsawng thei ang.

Chhungkaw pa ber i nih chuan i inchhungah i mawhphurhna a sang hle tih i hriat a ngai a. Inchhungkhur chhiat leh that engkimah mawh i phur tih hrechiang hmasa phawt la, chu chu Patling nihna pawimawh tak pakhat a ni. Mipate'n an nupuite an sawisel fo na pakhat chu anmahni mipa mizia tih danglam tum ni a an hriat hian a ni thin. Hei hi mipa tam takin an hriatsual fo thin niin a lang a ni. Hmeichhia chuan pasal a neih veleh a rilrua lo lang hmasa ber chu a pasal



mamawh ang leh a tul anga buaipui a, ngaihsak chu a tum ber a ni fo thin a ni A pasal tlin lohna nia a hriatte chu a hmangaihna avangin siamthat a tum fo thin a ni Hei hi thil tha tak ni mah se, Nu-in a tihlan dan a thiam leh siloh chuan Pa chuan alo thinrim phah thei a ni Chuvangin i nupui chuan hetiang rilru hi in inneih tirh atangin i chungah a pu tih hre reng la, a thil tum tha takte chu a tihlan thiam loh avang chuan lo thinrim mai lo la, lo dem mai hauh suh ang che Nangmah a hmangaihna che avanga hetiang rilru pu hi a ni tih hrethiam la, amah chu hmangaih zual sauh zawk ang che Nang leh i inchhung tihhmasawn chu i nupui rilru lian ber a ni tih hria la, hengte hi nangmah a hmangaihna avang chauh chea lo ngaihtuah chhuak a ni tih hi ring nghet tlat zawk la, i nupui chu tawngkam thiam tak anih loh avangin a thil tum tha takte chu a sawifiah thiamlo anih pawhin hrethiam la, a thil tum a thatzia chu vawng reng zawk ang che Nupui tawngkam thiam lemlo neih pawh chu i tan malsawmna a ni tel bawk asin Nupui tawngkam thiam deuh, tawng hlerh hlerh chi i nei lo chu i vannei hleah inggai rawh Tawngkam thiam lutukte pawh hian thil pawl tak a thlen ve thei thin a nia.

## HMEICHHE DUHZAWNG

Hmeichhiate hian kan pasalte-ah hian beiseina sang tak kan nei ve thin a, kan beisei ang chu kan sawi chhuak vek ngamlo thin Kan sawi chhuah lohte pawh kan pasalte'n an lo tiha kan

lawm hle tur tam tak a awm a, Pa-te pawh hian hengte hi hrethiamin, tuna kan han ziah chhuah turte hi lo chhiar ve sela, tichuan nupuite thil beisei alo hrethiam ve ang a, alo zawm ngat phe chu an nupa tan himna nasa tak a thleng thei dawn a ni.

***Han chhiar chhin teh :-***

- 1 I office bang emaw hmun dang, i chhuahvahna atanga ilo hawn hunin i nupui chu hmuh hmasak ber tum fo la, i hmangaih a ni tih tilang fo rawh
- 2 Tin, chumi hnuah i nupui chuan chumi ni chu engtin nge alo hman tihte, a thiltih tur te a tluang em tihte leh Doctor hmuh alo ngai anih chuan engtin nge Doctor-in alo tihte zawt hmasa la, tichuan i nupui chuan amah i ngaihtuah zia hriain a lawm hle ang.
3. I nupuiin thil engemaw alo sawi chu ngun takin ngaihthlaksak la, a chang changin zawhnate lo zawt zeuh zeuh thin ang che.
4. I nupui nena in ti ti laiin chanchinbute lo chhiar san mai mai lo la, minute 20-tal amah ngaihsak nan hun hman tum ang che.
5. A damsam loh laite chuan i nupui kiangah awm tam tum la, that lam a pan em tihte zawt fo thin ang che.
6. Mut hunah pawh thil tul zual bikte a awm anih loh chuan i nupui mut rualin mut tum thin ang che.

- 7 I nupuiin thil tha engemaw alo tihsak che chuan i ka ngeiin " *ka lawm e*", tih emaw, "*ka va lawm ve* " tih te ching fo rawh.
- 8 A chauh deuh lai chuan i nupui chu tanpui thin ang che.
- 9 I nupuiin i tanpuina a dilin i tanpui theih leh theih loh chiañg takin hrilh thin la, i tanpuina a dil avang chuan amah chu dem hauh suh ang che
- 10 I nupui rilru i lo hliam palh hlahu chuan a rilru i hliam avanga hrehawm i tihzia leh pawl i tihzia tilang la, a rilru na pawh chu i hriatthiampui a ni tih tilang la, ngaihdam dil ang che Tin, a rilru i tihnatnaah chuan amah chu dem tel hauh suh ang che
- 11 I nupuiin a biak lai chein chanchinbute chhiarsan mai lo la, TV program tha deuh alo awm lai anih pawhin ensan lo la, tichuan i nupui chuan amah chu i ngaihsak tih a hrethiam ang a, a lawm hle ang
- 12 I nupui chu a lungawi loh emaw a hah lutuk deuhva i hriat chuan a kiangah awm tam la, i theih angin tanpui tum thin ang che A thinur avanga alo ang deuh buan buan anih pawhin chhang hauh lo la, a duh ang ang chu sawi tir mai la, reilo teah a thinur chu lo rehin ngai a rawn awh leh mai dawn a, hlim takin i rawng a bawlsak leh dawn che tih hre reng ang che.

13. Tin, in bazaar dawn reng rengin i nupui chu a thil lei duhzawngte zawt hmasa thin la, chu chu hriat reng tumin leisak ngei tum baw k ang che
14. I hnathawhna hmun atang te pawhin i buai lutuk anih loh chuan i nupui chu vawihnih khat tal phone-in biak tum thin ang che
15. I mawza chu i nupuiin a suk hmain a dikzawngin lo dah sa thin ang che
16. I zinchhuah dawn reng rengin i kalna tur hmuna i nupuiin a rawn phone theihna tur chein phone number pe thin ang la, tin, i kalna tur hmun i thlen veleh a rang thei ang berin i nupui hnenah chuan him takin i thleng tihte hrih thin la, i lo hawn leh hun tur pawh hrih nghal baw k ang che Rokhawlhna avanga i tum anga i awm thei dawnlo anih pawhin i nupui hnenah chuan i chanchin chu hrih chawp zel thin ang che.
17. I nupui chu i kianga thlamuang tak leh hlim taka a awm a, a ti ti melh melh lain i sana lo en sek thin suh ang che.
18. Rokhawlhna avanga i nupui chu a chhuahvahna atanga alo hawng tlai palh a nih chuan lo thinur nghal mai lo la, a tlai chhan a sawi chu ngun takin lo ngaihthlaksak zawk thin ang che.
19. Mipui zingah i nupui chu midang zawng zawng aiin ngaihsak bik thin ang che.

- 20 I office dawhkanah emaw i wallet-ah emaw i nupui thlalak tar thin la, chu chuan i nupui chu a tilawm hle ang.
- 21 I nupui hmel chu ngun takin enchiang thin la, a hlim emaw, a lungngai emaw, a chau emaw a ni thei a, chutianga i nupui i lo hmuh chuan a chhan chu zaidam takin zawt thin la, a hah a dam huai mai ang.
- 22 I nupui nena in inhmelhriat tirha i nupui laka i awm thin ang khan in inneih hnu pawhin awm tum fo rawh
- 23 Newspaper i chhiar reng rengin i nupui hriat duhzawng leh a ngaihven zawng te chu a hriat lain chhiar chhuahsak ching fo ang che
- 24 Thil rit deuh khai tur alo awmin i nupui khaitir mai lovin nangmah ngeiin khai sak tum fo ang che.
- 25 I hnena i nupuiin thu a hriih lai chein a mit en chungin ngaihthlaksak tum fo rawh.
26. I nupui i biak lain a chang chuan a kutah vuan thin rawh.
27. A nitin hun hman dan, midangte a lo dawnsawn dante leh a thiltihte tuipui tum la, fak fo thin ang che.
28. I nupui chuan nangmah rawn chung a sam alo siam danglam changin fak sak thin ang che.

29. Khawi ilo i kal hlan te pawhin i nupui chu i  
ngai thei hle thin a ni tih hrih fo ang che
30. I nupui ei duhzawngte hriat tum la, leisak fo  
thin ang che.

A tawp berah chuan Lalpa rawn chung, A  
remruatnaa i neih, i nupui chu a tlin lohna te  
haidera, hrethiama, Pathian pek che ani tih hre  
reng chung Pathian hnena lawmthu sawi fo chu  
i tih tur ber alo ni ta anih chu. Thufingte 5 15-  
18-ah chuan, " *Nangma tuibel ata tui in la,  
Nangma tuichhunchhuaha tui tharlam chu I  
tuihna te chu ram tina luang darhin kawthlerah  
te lui tui a luang dawn em ni? i tan chauh ni  
sela, ram dang mite tawmpui lohvin. I  
Tuichhunchhuah chu malsawmin awm sela, i  
tlerawl lai nupuiah chuan hlim rawh* " tih kan  
hmuh hi thuvawn tha tak ni thei sela, a tha hle  
ang. Khawvelah hian sawiselbo pakhat mah kan  
awm loh avangin i nupui pawh chu a nihna ang  
angah leh a phaktawh ang angah chuan lawm  
la, amah avang chuan Lalpaah chuan lawmthu  
sawi thin ang che.

### **NU TEN PATE AN BEISEI DAN TLANGPUI:**

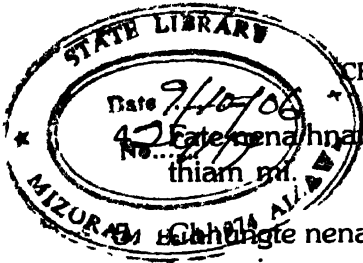
1. Ngaithlatu tha tak leh thinnel tak ni turin.
2. Inchhungkhur awp luma, a theih anga tam  
ina awm mi.
3. Nupuite hmangaihna tilang fo mi.

4. Nupuite leh Fate, inleng leh midangte hmaa hau mai mai lo mi A tul anih chuan hun remchang danga tha taka hrilhfiash mi.
5. Nupuite fel lohna thup mawisak thiam mi
6. Nupuite kutthlak ngailo mi
7. Nupui chhungte leh thiante ngaihsakpui mi
8. Kohhran rawngbawlina kawnga chhuahvah a tul changa nupuite ui bet tlat lo mi.
- 9 Fate tan pawha innghahna tlak leh rintlak Pa ni turin.
- 10 Nupuite thil ngaihsan zawngte (thil tha leh mawi anih chuan) ngaihsan pui thiam mi.
11. Chhungkaw thil pawimawh lian tham alo awm a, a tul anga huaisen taka hma la nghal mai mi.

Nu te'na kan pasalte kan beisei dan tlangpui chu hetiang hi alo nih laiin Leo J Kinsella chuan pa tha nihdan kawngte heti hian alo sawi ve bawh a ni.

### **PASAL THA NIH DAN**

1. A tawh chauhva Nupuite fak thiam mi.
2. Nupuite eitur siamte fak sak ching mi.
3. Thusawi ngai sawi nawn sawi nawnlo mi.



Fate nena hnathawk ho thei mi leh fate tihlim  
thiam mi.  
Fate nena hnathawk ho thei ang ber hman  
tum mi.

- 6 Nupuite hriat loh tura thuruk nei ngailo mi.
7. Nupui fanaute uap hneh mi
8. Inneih champha leh nupui fanaute /midangte  
birthday hriatsak mi
9. Pathian ngaihsak kawnga tan la tlat mi.
10. Thil bo zawn chungchangah midangte kuta  
inngat mai lo mi.
11. Chhuahvah dawna, a theih a, a remchan  
phawt chuan Nupui te emaw Fate emaw  
hruai ve zel thin mi.
12. Pathian leh Nupui fanaute ngai pawimawh  
mi.



## BUNG - 3

### KRISTIAN CHHUNGKUA, NU PAWIMAWHNA

Tunlai khawvel inher danglam zelah hian  
sualna a pung chak em em a, hei hi sukiang tur  
chuan Kohhran, Ram leh hnam hruaitute leh mi  
malte'n thahnemngai takin an bei thin a Mahse  
a hlawhtlinna hmuh tur erawh chu duhthusam  
angin a tam thei lo hle mai Hemi tidanglam tur  
chuan Nute'n mawhpurhna lian tak mai kan  
nei a ni Nute mizia a in anglo thei hle bawh a  
Nu thenkhat chu fel tak tak an awm thei a,  
thenkhat erawh chu Nu tha ve tawp, fel vak lemlo  
a nih theih awm e Nu fel tak chuan an inchhung  
an vawng faiin an vawng thianghlim thei hle a,  
an in chu han luh mai na atan pawh  
inthlahrunawm khawpin anlo tithianghlim thei  
thin a ni Fai leh fel chu thil tha tak ni mah sela,  
inlengte tana inthlahrunawm khawpa in alo fai  
chuan thil tha ber a ni lem lo mai thei Chuvangin  
a tawh chauh chhut thiam a tul hle dawn a ni  
Nu tha leh Nu fel chu han buk dawn ta ila, "*he  
Nu hi Nu fel tak a ni*" tih hlawh ai chuan "*he Nu  
hi chu Nu tha tak a ni*" tih hlawh chu a buk a rit  
deuh zawkin a rinawm. Chuvangin Nu fel leh

tha kan buk dawn a nih chuan Nu tha nih chu  
a thlanawm zawkin a lang a ni

Sualna hi Nu leh Pa, Nula leh Tlangvalah leh  
Tleirawlahte a hluar hle mai Hei hi a chhan  
bulpui ber han inzawt dawn ta ila, sawi tur a tam  
thei hle ang. Chung zingah chuan thil va tisual  
thintute chu an thiamawm chuang hauhlo nain,  
a bul berah chuan a enkawltute zir loh vang niin  
alang theiin a rinawm Hetih lai hian siamthat  
theihhauh loh anga langte pawh an awm baw  
si a ni

Pathian hnathawh a sosan poh leh Setana'n  
tan alo la ve zel mai hi thil huatthlala tak a ni  
Mizoram Kohhrante hi rinnaah kan lo sang chho  
zel a, leh lamah Setana'n tan alo la zual ve sauh  
sauh baw si a, chuvangin he sualna do tur hian  
Nu leh Pate'n naupang enkawl hi uluk lehzual  
ila, thil tha zawk a thlen ngei a rinawm Mihring  
sual tawh sa siamthat hi thil tha tak leh  
tihmakmawh ani a, hemi atan hian NGO  
(tlawmngai pawlte), Kohhran, Mimal  
thahnemngaite, Pawl chi hrang hrangte'n an theih  
ang tawk tawkin kawng hrang hrangin tan an la  
a, kawng tam takah hma pawh kan sawn phah  
hle a, a lawmawm hle mai. Pathian Thlarau  
Thianghlim tanpuinain chak lehzual a, an  
hnathawhte'n rah an chhuah zel hi ka beisei tlat  
a ni. Tin, hei bakah hian naupang thilsual la ti  
lo; rilru thianghlim tak teah hian tan lain zirtir  
ngun leh zual ta ila, Kohhranah leh Khawtlangah  
sualna te hi alo nep thei zawkin a rinawm (Pathian  
tanpuina a zarah.)

Kohhran buaina leh inthen darhna te, khawtlanga harsatna tam takte hi Nu leh Pate'n phurh hahthlak kan ti em em thin a Hei hi han chhut ngun thin ıla, kan fate kan zırtır ngun lohna rah kan seng chho zel ta em ni ang tih pawhin a ngaihtuah theih awm e. Chuvangin, heng lo chhuahna bul ber chu Nu leh Pate-hi kan lo ni mai lovang maw? Chuvangin, Kohhran leh Khawtlang nun siam tha tur chuan Nu leh Pate`n kan fate kan enkawlnaah tan la thar leh ıla, Pathian pawhin mal min sawmin min hlawhtlin tir ngei ang.

*"Fanaute hi Lalpa laka kan rochan te an nia, Rila rah hi a lawman min pek a ni"* (Sam 127 3) Chuvangin Lalpa laka kan rochante hi Lalpa hnenah hlan nawn fovin, A chakna ringa enkawl ve hi kan mawhphurhna a ni Tichuan Lalpa'n min enkawl sakın Ama lamah a hip ang a, kan lo hlawhtling ngei ang tih i beisei tlat ang u

Fanaute enkawlnaah hian Nu leh Pate mawhphurhna a sang ve ve nachungin he lehkhabuah erawh hi chuan Nute mawhphurhna kan thlur bing deuh hlek dawn a ni Chinese thawnthu pakhatah chuan heti hian a sawı a, *"Pathianin Amah anga thil siam chakna a nei a A hmasa berin van, arsi te, ni leh thla, sangha, ramsa leh savate a siam a. Heng a thil siamah hian a lungawi tawk lova, tichuan a tawpah mihring a siam a, mihring chuan mamawh neiin a hria a, tichuan 'Hmeichhia' a siam ta a ni"* tiin

*" France ramin engnge a mamawh ber? "* tia zawhna chu Napoleon-a chuan hetiang hian a

chhang a "France ramin a mamawh ber chu 'NUTE`an ni " tiin a chhang a. St. Augustine-a chuan heti hian alo sawi bawk a, "Nuhote hi mi han pe teh u, anmahni hmangin khawvel hi ka han thlak danglam vek teh ang " tiin. St Augustine-a hian Nu pawimawhna hi a hmu fuh ve hle ni tur a ni. Timothy Dwright-a, mi ropui tak pawhin a hlawhtlinna chhan chu Nu tha a neih vang a ni tiin a sawi bawk a. Tin, H. Benson-a chuan "Nu tha hi ram tana do tute aiin an hlu zawk e " alo ti bawk a. Thuhriltu hmingthang D L Moody pawhin " Mitin hian ka Nu ang hi nei sela, tan-in (Jail) hi a awm a ngai lovang " a ti a. Abraham Lincoln-a chuan " Nu sakhaw mi (kristian dik tak) chhungkua rethei an awm ka hre ngai lo " alo ti bawk a. Tin, George Herbert-a chuan "Inchhung hi naupang tan sikul hmasa ber leh tha ber a ni a, Pathianin chuta zirtirtu hmasa ber leh tangkai bera a ruat chu Nu an ni a Amah thlak thei dang reng reng an awm lova, Nu tha pakhat chu sikul pangngaia zirtirtu za aiin an hlu zawk " a ti a ni. Heng mi hmingthang tak takte pawh hian Nu pawimawhna an hmu chiang em em a ni tih an thusawi atang hian kan hre thei a ni.

Chhungkaw himna chu NU-ah a innghat deuh ber a, Thufingte 31 10,11-ah chuan.-

"Hmeichhe khawsak tha chu tu nge hmu thei ang?

Aman chu lungflu sen mi aiin a sang zawk daih si a,



*A pasal thinlung chuan a ring a,*

*Chhawrna a hmai lo vang.*

*A damchhungin a chhe lam ni lovin tha lam  
hlirin thil a tihsak thin" a ti a*

Thufingte 27 15-ah pawh hei hi kan hmu a  
ni -

*"Khawcheng leh hmeichhe an hmang chu ang  
khat an ni" a ti a ni*

Thufingte 14 1-ah -

*"Hmeichhe fng zawng zawngin in an sa a, a  
a erawh chuan anmahni kut ngein an thiat thin  
a ni " ( Thufingte 14 1) tih kan hmu baw k, kan  
Pathian Lehkhabu ngei pawh hian hmeichhiate  
pawimawhna thu leh hmeichhe thate hlutzia thu  
min hrilh ngun hle a ni Nu tha chuan inchhung  
a tinuam a, Nu sual erawh chuan inchhung a  
tihrehawmin a chawkbuai vek thei a ni*

Nu-te hi khawvelah hian tuarnaa min tuarpuitu  
ber leh lawmnaa min lawmpuitu ber an ni Miin  
natna hrehawm tak lo tuar ta sela, thei leh thei  
lova a koh ber chu a Nu a ni thin Puitling tawhte  
pawhin thil tihsual palh kan neih chuan " *Aw ka  
nu*" kan ti fo thin a ni lawm ni kha. Mitthi tur  
pawhin an hun tawpa an koh hnahnun ber chu  
an hringtu Nu a ni deuh ber thin. Naupangte  
ngei pawh hian buaina eng emaw an neihte leh  
an intihpem changte pawh hian an Nute an hrilh

hmasa ber thin. Chutiang bawkin an lawmna lamah te pawh an Nute an hre chhuak hmasa ber fo thin Heng thil hi alo awm chhan ber chu kan Nute'n min lo hmangaih em vang alo ni.

Nute'n min hmangaihna thukzia hi sawifiah zawh rual niin a langlo a ni An puma min pai lai atang reng khan min hmangaihzia chu an theih ang angin anlo tilang tawh thin a, nausen buchup kan nih laia engmah kan hriat loh lai atang khan kan intina palh ang tih hlau reng rengin buai chung chungin min veng a, kan riltam hlau em emin min veng reng thin a, kan Nu teah hian kan inngnat pumhlum tawp mai thin anih kha. Nute chu kan damloh lai zawng zawnga min lo dawm a, hmangaihna thuk tak nena min lo chawi liantu an ni Chhun leh zan pawh thliar hrang lova, kan zun leh ek zawng zawng min thiarfai saktu, thlasik leh nipui pawh sawi hlei thei lova min lo bawihsawmtu, zanah pawh thin thi-a mu ngai lova, kan tah leh hrehawm tuar hlauva min lo enkawltu kan Nu te hi an va hlu tak em. Tlema kan lo len ve deuh hlek hnuaiah pawh mi zinga kan mawi loh leh kan mualpho hlau te leh kan chetsual palh hlauva, thin phu dep dep chung a min ngaihtuah thintu chu kan Nu-te an ni thin.

Timothea pawh kha a Nu leh a Pi Loisi leh Euniki te zirtirna hnuaiah alo thang lian a, Chu bakah Tirhkoh Paula kaihhruaina hnuaiah alo seilian leh bawh si nen Ringtu puitling tha tak leh entawn tlak takin alo in chherchuak ta a nih kha

Naupang tam ber chuan an tawngkam te, an rilru putzia te leh an awm dan tam zawk te hi an Nu-te atanga an lak a ni duh khawp mai Chuvangin, kan mizo thufing pawhin " *sial rangin sial rang a hring, sakawl in sakawl a hring* " an lo tih ni. Nu fel leh tha na na na chuan fa tha an hring duh deuh nge nge a, pa sual tak ruih bo hmang takte pawh hian nupui tha tak an neih chuan fa tha pui pui an nei thei tho niin a lang Nu-te hi an that a, rilru fel leh thianghlim tak an put chuan chhungkaw pachhe te pawh ni sela chhungkaw hlim anlo ni a, fa hlawhtling tak pawh an hring thei deuh nge nge niin a lang a ni

## BUNG - 4

### NU MAWHPHURHNA - INCHHUNG KHURAH

Nu tam tak te hi engnge an tih han zawt ta ila, chhanna tam ber tur chu-"*Inchhungkhura Nu satliah ve mai ka ni*" tih hi a ni mai thei Nu hote hian kan mawhphurhna leh eng ang chiah pawimawh nge kan nih kan hriatchian a tul em em a ni Inchhungkhura Nu nihna chelh satliah mai lova, mahni inchhung mamawhte hriaa, ngaihven peih mi hi Nu pangngai chu an ni mai awm e

Hmeichhe tam tak chuan mipa tluk ve tumin kan bei nasa hle thin a, mahse, heti chung hian kan hmeichhe nihna chu a bo kan hlau leh fu thin a ni. Nu tha chauh hian chhungkua an tihlim a, inchhungkhura Nu tha nih hi Nu nihna dik tak a ni.

Hmeichhia chu mipa tanpui tur, a mangan laia hnemtu tur, a In leh Lo, a fate enkawltu tur a ni Nu tha chuan inchhung a tinuam a, chu chu naupang thanglian zel turte tan thil pawimawh tak a ni In chhungkhura Nu ber chuan



a inchohunga lungawiloh nate, hrehawmnate hnawt bova, hmangaihna tuh chu a tum ber a ni fo tur a ni. Inchohungkhur chu Pa ber lalna, Nu ber enkawlina leh naupangte tana hmun nuam ber a nih fo a ngai a ni Naupangte hian inchohungkhur chu nuam an tih loh chuan pawn lamah himna an zawng a, thilsual hrang hrang an tih phah thin a ni Hei vang hian naupangte tana nuam takin inchohungkhur boruak siam a tul a. A theih chuan naupangte chu ina an awmduh nan an lawmzawngte in lama an inthlimna turte ngaihtuah sak an tul ve thin a ni Nu ber a an buan buan fo mai chuan fate tan thil hrehawm tak alo ni thei dawn a, chuvangin Nu ber chu Nu insum thei leh dawhthei anih te pawh a ngai bawk a ni

Nute hian inchohungkhur leh fate kaihruai tur chuan Pathian hnenah finna, zaidamna leh rorel thiamna hi kan dil fo tur a ni Nu tha ni tur chuan chhungkaw ngaihsak mi, taksa leh rilru hahdamna siam thin a, nitina hmasawn zel mi nih a tul a, hei hi mawhphurhna pawimawh tak ani Inchohungkhur hi hriselna lam leh Pathian thu inzirtirna hmun a nih avangin a pawimawh em em a, heng kan sawi takte zirtirtu tur leh buaipuitu tur chu ' NU' bawk a ni

Tunlain Nu leh Pate'n In tha sak hi kan tum ber ani theuhvin a lang a, nimahsela, In lian leh tha pui pui din mahse, Isua Krista lalna inchohung a nih loh chuan sum leh pai ngah pawh engmah ani lova, chhungkaw nuam leh him an ni chuang lo a ni Thufingte 20 21 ah chuan "*Sum hi atirah*

*dehchhuah theih mah sela a tawpah malsawmna ani kher lovang*" tih kan hmu a ni. Kristian chhungkuaah chuan Nu leh Pa kaihruaitu Isua Krista chu a Lalber tur a ni. Heivang hian Nu leh Pa tehi kan fimkhur a ngai hle a ni. In tha leh lian pui pui neiin sumdawnna hlawk tak tak leh khawvel lamah chuan hausa tak angin lang mah ıla, Lal Isua kan neih si loh chuan; kan In tha pui puite pawh chu tah leh rumna te alo ni thei a luahtu mumal awm lovin a ruak huai thei bawk a ni

Kristian chhungkua din tur chuan Nu leh Pa inngaitlawm a, Pathian hmaa kun thin te chauhvın Kristian chhungkaw dik tak an din thei a ni Deut 6.7-ah chuan "*In fate thahnem ngai takin in zirtir anga, in Ina in thut lai te, kawnga in kal laite, in mut laite, in thawh hun tein in sawi thin tur a ni*" tih kan hmu a, hei hian fate zirtir ngun a tulzia a tilang hle ani.

Hmeichhiate hian kan hmeichhe nihna hi kan zahpui tur a ni lo. Hmeichhia a kan lo piang hi kan lawm hle zawk tur a ni. Simone de Beauvoir- i chuan, "*Hmeichhiaa ka lo piang hi ka inchhir reng reng lova, ka zak ngai bawk hek lo, ka hmeichhe nihna hi zahpui a hnehin hmeichhia a kalo piang hi vannei ka inti hle a ni*" alo ti a ni. Hmeichhiate hian hetiang rilru hi kan put ve hi a pawimawh viau a ni. Kan hmeichhe nihna hi zahpui lovin a hlutzia chhutin kan lawm em em zawk tur a ni. Hmeichhe thenkhatte'n kan hmeichhe nihna kan hmang diklo thin hi erawh chu thil pawl tak a ni. Nu, fa nei duah tawhte

pawhin nulate tih pawha mawı lo tak thıl te tih alo nih thin hian kan tan a pawı mai bakah kan hmeichhe puite kan timualpho a ni tih i hria ang u Hei hi thil pawı tak a ni Sualna alo pung zel a, hmeichhiate pawhin sualna zahthlak takte kan lo ti ve thin hi chu sim a va hun tak em! Kan hmeichhe nihna hı a hlut em avang hian zahawm taka vawn tlat hı hmeichhia zawng zawngte hian ı tum tlat theuh ang u Hmeichhiate'n kawng engkima mıpa rın kan tum tlatte pawh hı insiam that a hun hle tawh a ni Khawi hmunah pawh awm ıla, kan tihtheih ang tawk chu kan tive zel tur a ni Romano Quardini-ı pawhin, "Ka nihna hi lawm takın ka pawm tur a ni a, Ka qualification hi ka pawm ang a, ka tana tih tur leh tih loh tur awmte pawh hı ka pawm bawk ang," a lo ti a ni Hetiang hian ti ve thei theuh ıla, a tha hle ang Kan nihna hı kan zahpui hauh tur a nilo

Nu chu chhungkua a Lalnu a ni a, a fate chu a khua leh tuite an ni a Nu chuan fing takın inchhungah ro a rel tur a ni a, a thu chu inchhung dan a ni Nu chuan a fate chu a mal malin Pathian hnena a hlan fo chu a tıhtur dık tak a ni Hei hı Nute hian kan ti thin em aw? Nu chuan fate enkawl tur chuan a theihtawp a chhuah ang a, a fate enkawl tur chuan Pathian chu a rinawm tawk a, Nu leh Pate chu Pathian hmanrua chauh kan ni tih a hrechiang tur a ni Fate nungchang sım tha tur chuan Pathian rawn chungin uluk takın theihtawp kan chhuah ang a, chumai bakah chuan Pathian nghah mai a him ber a ni Naupangte thinlunga thusawi theitu chu Lalpa Pathian chauh a ni tih ı hre reng ang u Nu

chuan a fate enkawl a pawimawhzia hre rengin thenawm ina leng a, mi rel mai mai lovin inchhungah a fate ngun takin enkawl mai sela, a tha zawk hle ang

Naupang enkawl hi ram tan leh Pathian tana thawhna pawimawh tak ani tih hre reng chungah thahnemngai tak leh uluk taka naupang tehi enkawl tur an ni. Nu ber chuan ama hlimna zawnga thenrual kawm mai mai leh lehkha denga nuih uar uar te hi a inhmeah lo a ni. Nu tawngtai taima tak in hna a thawh ropui theihzia hi mak tak a ni. Nu chuan hmangaihna leh duhsakna thuk tak, alanga maw mai ni lo, rilru chhungril taka a neih chuan inchhung enkawl naah a hlawhtling ngei ang tih a rinawm a ni

Talmud chuan, "Pathian hi mihringte mita hmuh theihin hmun tinah a awm theih loh avangin Nute hi a siam a ni" a ti thlawt bawk a ni. Hei hi tihawm tak pawh ani reng a ni Kan Nu leh kan Pate chu kan lei Pathian an ni si a Tin, mi hmingthang tak pakhat Cardinal Griffin pawhin, "hmeichhiate hi Nu ni turin Pathianin A siam a, taksa leh thlarau lamah Nu an ni tur a ni," alo ti ve bawk a ni Mahatma Gandhi pawhin " Hmeichhiate hian tan an lak loh chuan India ram hi chhanchhuah a ni ngai lovang" tiin a lo sawi bawk a.

Nu-ah chuan hmangaihna hmuhtheiha awmin chu hmangaihna chu amah atang chuan a luangchhuak tur a ni a A hmangaihna chu amah aia te zawkah te, lian zawkah te hmuhtheihin a awm reng tur a ni Dr.Nasei-a chuan, a nuin

hlimna thuk tak a pek chuan a nunna a tihchak thin thu a sawi thin a ni. Inchhungkhur Nu ber chu mihlim thei tak anih hian inchhung a lo nuam thin a ni. Nu ber a hlim loh chuan Pa ber tan pawh hlim alo harsa thin a ni Naupang chu sawi loh Pa ber leng haw emaw office bang emaw pawh hian an fate leh mi dangte lo awm thup mahse, "*khawnge i nu?*" tih hi an zawhna a ni fo thin a ni Tin, Nu ber a lo tum bur mai chuan inchhung boruak hi a chhe zovin a keh dawn emaw tih mai tur hian a awm thei bawh thin a ni Dr Naseia nu chu hlimthei tak leh tha tak, entawntlak tak anih a rinawm hle a ni Chhungkaw tinah hlimna thlentu chu Nu an nih avangin Nu ber hlim chu a pawimawh em em a ni Nu ber chuan ama tana hlimna leh nuamsip bawl ai chuan chhungkaw hlim leh nuam siam chu a hna pawimawh ber ani tih a hriat reng a ngai a ni

Tin, chhungkuaa Nu ber chu ei turte siam a, naupang leh Pa ber an damsam loh chang pawha enkawltu a nih a ngai bawh a ni Tin, inchhung ching feltu tur, thawmhnaw siam thatu tur, naupang uluk taka enkawla kawngdik kawhmuhtu tur leh an chak loh laia tanpuia, engkim ngaihtuhtu tur anih avangin inthlahdah theih a ni lo Nu ber chuan a chhungte kiangah a hun tam ber a hman fo a tul bawh a ni A thiltih laklawh lai pawhin a chhungten an mamawh chuan, a thiltih lai pawh chu a kalsan hreh tur a ni lo Nu chu taima tur a ni a, inchhung thiltih vel reng rengah taima takin a che tur a ni Tin, Nu chuan dawhtheihna a neih a tul em em

baw k a ni. Dawhthei takin tuar a tul hunah a tuar ang a, a theih ang tawkin a pasal leh a fate dawh an tul hunin a dawhthiam a ngai a ni. Nu a dawhtheih loh chuan inchhung a tihrehawm a, inthenna, chhungkaw keh darhna hial pawh alo awm thei a ni.

## AMAH A INKHAWNGAIH TUR A NI LO.

Nu chuan amah inkhawngaihna a ngah lutuk chuan thinurna a hmu tam thin. A mawhphurhna chu rit lutuk a a hriat chuan midang dem tur a zawng thin. Chuvangin, mahni inkhawngaih chin loh hram a tha, ching mekte tan pawh sim a tha em em a ni Mahni inkhawngaih hian midangte lakah pawh mualphona min siamsak fo thin a ni A chang chuan ka hah lutuk tih emaw, ka chuti khati bik tih emaw, ka chuti khati lo bik tih emaw te a awl viau mai thei, hetiang hunah hian Nu kan nihna leh kan mawhphurhna hre reng chungka kan in beng daih fo a ngai thin a ni Keimahni kan inkhawngaih lutuk chuan tul lem lovah kan in tihahin kan mualpho fo dawn a ni Hmeichhe thenkhat phei chu kan tahbelh viau leh nghal a, mahni kan inkhawngaih avanga kan tah mai phei chuan chhungkaw boruak kan ti khawlo vek thei a ni.

Chuvangin mahni inkhawngaih loh hi thil tha tak a ni tih i hria ang u. Tin, mahni hmasial hi thil awl tak mai a ni a, kan pasalte emaw kan fate emaw an thil mamawh zawng hriatsak a "*hei hi i mamawhin ka hria,*" han tih fo te hi chhungkaw Nu ber chuan ching sela, chhungkaw

inhmangaihna leh in duhsakna alo thang lian ngeiin a rinawm Hetiang ti fo Nu chuan mahni inkhawngaih lo leh mahni hmasial lovin, a chhungte a hmangaih tih a tilang a ni *"Kei ai chuan a ni hian nei zawk sela, ei zawk sela,"* tihna rilru alo awm hian in hmangaihna alo par chhuak thin a ni

### BAZAR CHUNGCHANG.

Chhungkaw tinah hian bazartu leh bazar tur rel thintu chu Nu ber an ni tlangpui a, Nu ber chuan bazar turte fel taka a duan lawk thlap chuan bazar naah hian theihngilh neng nung leh phuai luaite a awm loh phah theih a ni Tin, bazar dawnin chhungkaw inrawn tlang a, ngaihdaan thawhkhawm laih laih te hian chhungkaw lungualna a thlen thei a ni Thil man tlawmna hmunte hriata chhungkaw eitur ang chi lei dawn tum phei chuan thil chhe thei mai chi anih loh phei chuan thlakhat daih tur lei lawk hi thil tha tak a ni

Tin, thil lei turte a list siam lawk hian theihngilh a har bik bawk Thil lei dawn reng rengin itzawng nazawng lei mai lovin mamawh zawng bik thlan thiam hi thil tul tak a ni Mi tute'n emaw an neih vang te, thiante leh thenawmte neih vang maia neih ve tum hian sum leh pai tlakranna a thlen thei a, rualeina dik lovah min hruai lut thei bawk a ni Pawisa hi a tam thei ang ber lak luh a, a tlem thei ang ber hman tum fo hi thil tha tak anih laiin thil harsa tak a ni bawk si, i zir tlang theuh ang u Heng

zawng zawng atan hian Nu ber a pawimawh em em a ni.

## CHHUNG INKHAWM

Chhung inkhawmnaah pawh hian chhungkaw kim taka inkhawm hian chhungkaw inlaichinna a siam ngeth zual duh hle a, chin fo chi a ni. Tin, mi hran hranin hun inchan chhawk te hi thil tha tak ani a, he mi bakah pawh hian sharing hunte pawh awm ve fo sela, a tha em em bawh a ni Tin, chhungkuuaa chhung inkhawm hmanrual theih hi thil tha ber a nih laiin thil tihtur tul zualte alo awm a inngahkhawm a ngaih chuan naupang te zualte chu an mut alo chhuak hman thei a, hei vang hian pamtul mai pawh a awm theih avangin hetiang hunah hi chuan a hman remchang apiang te'n chhung inkhawm chu lo neih mai pawh a pawl lem lo. Thulh phah mai emaw pamtul mai emaw ai chuan chhungkaw kimlo deuhva neih hi ala tha zawh a ni

Tin, a theih chuan Biak Ina inkhawm tura kal ho dial dial te hi thil mawi leh nuam tak a ni bawh. Kan han sawi takte tipuitling tur chuan chhungkuuaa Nu berin mawh a phur a ni.

Naupangte chu thim thuneihna hnuaia anlo lut tawh anih pawhin chu thim thuneihna lak atang chuan tawngtai leh Bible chhiarin an lak chhuah theih a ni. He thim thuneihna lal hian ala bum thluk hma atanga chhung inkhawm te leh Bible chhiar taihmak te hian kan hmelmapi setana chuan min hnaih ngam dawn lo a ni



Hmelmapa, bumtu-a hian kan fate chu a hel reng a ni tih kan hriat reng a pawimawh hle a ni Naupangte kan zirtir hi an puitlin hun thlenga an tana tangkai a ni a ni tih i ring tlat ang u "*Krista thu chu finna tinrengin nangmah niah awm teuh rawh se, fakna hlate, Pathian hlate, thlarau lam hlatea inzirtirin inzilh tawn ula, thinlungah khawngaihna neiin Pathian chu hla sak sak rawh u*" (Col. 3.16) Naupangte thlarau nun leh rinna kawng zirtirna tha ber chu nitina chhung inkhawm neih hi a ni A theih pheh chuan vawikhat aia tam pawh neih theih a tha

Chhung inkhawm neih reng rengin thuzirte chu naupangte hriat thiam zawngin taw! kim taka kaihhruai ni sela a tha baw! Bible story emaw chhung inkhawm kaihhruaina bu hmang tein emaw kaihhruai thin ni sela, naupangte tan pawh hriatthiam a awl duh bik deuh thin a ni He chhung inkhawmah hian Bible chang vawnte leh naupangin Sunday school-a an zir te ennawn pui leh theih ni sela a duhawm leh zual ang Tin, naupangte chu an hming lam ngeia an tana tawngtai sakna neih theih ni sela, hei hian anmahniah nasa takin thu a sawi thei a ni Tin, chumi hnuah kan ngaih pawimawh zawngte tana tawngtaina neih hnuin chhung inkhawm chu tih tawp theih mai a ni Chutiang lo pawhin Lalpa tawngtaina hmang te pawhin tihtawp theih a ni baw!

Chhung inkhawm neih lai ngei te pawhin naupangte chuan tih tak takna an nei em tih chik tak a ngaihven a tha A hming maia lo ti ve mai mai an nih a hlauhawm a ni Chhung

inkhawmna hian chhungkuaah hmasawmna leh inkungkaihna nghet tak a awmtir thei bawk a ni. Tin, naupangte leh puitlingte pawhin kan tangkaipui em tih te pawh ngun taka ngaihven reng a tha A chang pheii chuan Pathian hnathawh share turte pawh kan lo nei thei a, chung hunte pawh chu siam ve fo a tha hle bawk a ni. Vawiin thlenga Lalpa pawlna, Thlarau Thianghlim hnathawh leh a aw ka hriat fo te hi ka naupan laia ka Nuin Bible chang min lo zirtir te leh min lo vawntir te, ka chhiar thiam hma atanga ka hriat atana min lo chhiar chhuahsak thin te hmang khan min lo pawl thin a lo ni reng mai Chuvangin naupangte kan zirtirna hi eng hunah emaw chuan a tangkaina a la langchhuak ngei ang tih i beisei tlát ang u.

Aw le, i fa chu Pathian tan i hlan ngai em tih lo inen thin ang che. Kan fate hi Pathian tana kan hlan fo hi thil tul tak a ni An piantirhin Nu leh Pa tam tak chuan kan hlan tawh fur mai thei Mahse, hei hi a tawh lo a ni Kan fate chu Pathian tan, anmahni hriatah leh hriat lohah te pawh kan hlan fo hi Pu leh Pate tih tur dik tak a ni A tha berah chuan kan fate hriat lai ngeiin anmahni chu Pathian hnenah kan hlan fo thin ang a, chu chuan anmahni chu a khuahkhirh thei bawk a ni. Tichuan, kan tawngtainate Lalpa'n min chhang ngei ang. Hetiangte pawh hian a tawngtai theih ang:-

*Aw Lalpa, kan pathian min hmangaihtu, i mi hmangaihna leh, misual bo hnu kan Lal Isua Krista thisen avanga chatuan nunna min pek avang*

hian i hnenah lawmthu kan rawn sawi thar leh e  
 Kan tana kawng engkima i thatna avang hian ka  
 fak a che. I duhzawng ti turin min tanpui la, i thu  
 thua awm turin i hnenah ka rawn in hlan e I  
 fanau rochan min pek te hi i hnena rawn hruai  
 thei ngei turin min pui la, i chaknain min thuam  
 ang che. I thu taka hruai lut thei turin i Thlarau  
 thianghlimin min pui ang che Ka faah hian Setana  
 thiltihtheihna leh hnehna rawn thlentir suh la,  
 chung lakah chuan nangmahin hum tlat fo ang  
 che. I rochan min pekte hi an dam chhungin i ta  
 ni turin i hnenah ka rawn hlan let leh che a,  
 nangmahin i tan chauh neiin hmang ang che I  
 ropui nan heng kan fa te hi hmang la, anmahni  
 hmangin i hming chawimawi thin ang che Kan  
 Lal Isua Krista thisen avangin an sual nate  
 ngaihdam an nih tawh avangin lawmthu ka rawn  
 sawi e I taah nei kumkhua la, i rawngbawl turin  
 serh hrang ang che Heng te hi i Fapa Isua Krista  
 hmingin ka rawn dil e Amen

Nitinin kan fate chu Pathian hnenah kan hlan  
 fo thin tur a ni a, hei hi Nu leh Pate  
 mawhphurhna liau liau a ni I fate'n i rilru anlo  
 tihhah a, i thin an tihrim viau lai chuan an tana  
 tawngtaisak chu thil harsa tak niin i ngai mai  
 thei Mahse, beidawng hauh lovin Lalpa hnenah  
 chuan tawngtaisak thin la, chu chuan nangmah  
 ngei pawh a tihlim thei ang che a, i phur rit tak  
 nia i lo hriatte pawh chu alo zangkhai huai mai  
 ang "Nangni thawkrim leh phurrit phur zawng  
 zawngte u, ka hnenah lo kal ula, keima'n ka  
 chawlhthir ang che u Ka nghawngkaw! bat ula,  
 ka hnenah zir rawh u, thuhnuairawlh leh

*innngaitlawm tak ka nih hi: tichuan in thlarau tan chawlhna in hmu ang. Ka nghawngkaw! chu a nuam a, ka phur pawh a zang a ni."* tiin kan Pathian chuan min lo hrilh a, hei hi a rintlak a ni (Mtt. 11 28-30). Setana chuan nangmah leh i fate tichhe vek tur hian tan a la nasa hle tih hre reng ang che I fa chu Pathian laka lo helin awmdan thalo tinrenga alo awm path pawhin beseina nung nei tlat la, i fa سوالنا chu i nupui emaw i pasal emaw lakah chuan zep bawk lo la, lungtual takin a tan chuan dilsak thin zawk ang che u. Rom 4-18-ah chuan "*Beiseina awm a awm loh pawhin ani chuan beisei takin a ring a. chu tam takte Pa a lo nih theih nan*" tih kan hmu a. Chuvangin beiseina nung kan neih hi chu kan tih tur ve reng ni pawhin a lang a ni. I fa سوالناah chuan Pathian a thinur hle tih hria la, chutih laia nang leh zelin i fa tan i tawngtaisak theih bawk si loh chuan, i fa سوالنا chu belhchhahin in chhungkuain Pathian in dodal a lo nih dawn avangin harsa tichung chung pawhin setana hneh nan tal, i fa tan chuan tawngtaisak tum fo ang che I fa سوال ngaihdam dilsakna leh in chhungkaw سوال ngaihdam dilna chu i tawngtaina hla ber tur ani tih i hre reng dawn nia Chu chu i fan tihmakmawh a ni. I fa avanga i rilru alo nat viau changte chuan i fa tan i tawngtai thei lo mai theia, chung hunah chuan he tawngtaina ziahsa tal hi chhiar chhuak thin la, chumi hmang chuan Lalpa'n a chhang ang che tih beisei tlat bawk ang che

**Hetiangin :-**

**"Lalpa kan Pathian, I Fapa Isua Krista thisenin kan سوالte ngaihdam kan lo nih**

**tawh avang hian i hnenah lawmthu ka sawi e. Ka fa hi setana kutah a awm phal suh la, i fanau min pekte ka lo enkawl thiam loh naah i mi ngaihdam ka dil bawk e. Keima tihtheih emaw kalo ti thin a, ka theih ang tawk chu chhuah ve tawhte pawhin ka lo inhre ve thin a, mahse, tunah chuan ka tih theih anih loh zia ka inhre chhuak ta e. Ka fa chungah hian nangmah chauhin thu i sawi thei a, i hnathawh ka lo nghak e. Ka fa ka lo enkawl thiam lohnaah hian ka fa ngei pawh hian min ngaihdam theih nan tanpui ang che. Ka fa chungah hian khawngaihna leh hmangaihna ka lo neih zual zel theih nan min tanpui ang che. Ka fa thiltih sualna avang hian ngaihdam ka rawn dilsak e. I Thlarau ngunhnam chuan amah hi humhim tlat la, tichuan hmelma setana chuan a kiansan mai dawn a ni. A sualna ang hian thungrul suh la, i zahngaihna kut chak tak chuan chelh tlat la, hmelmapa kut atang hian chhanchhuak thuai ang che. I hnena lo kira, i sipai rinawm, thih thlenga i hming tan tlattu a lo nih theih nan tanpui ang che. Sual phuarna chu phelh sakin i lamah hip tlat zel ang che. I duhzawng chauh tithei turin tanpui bawk ang che. Heng te hi i Fapa Isua Krista hming thianghlimin ka rawn dil e Amen."**

## **FIAMTHU**

Nuihza fiamthu hi a nazawnga thawh chu a tha lem lova, amaherawhchu inchungah englai pawha

khunkhan tak maia awm reng chu thil nuam ber alo ni lem lova, chu ai chuan fiamthu thianglim tak chi, a khat tawka thawh ve thin hian inchhung boruak a tizangkhai thei bawk a ni

## INCHHUNG CHEIMAWI

Hei hi ngaih pawimawh em em tur a ni a, thil chhe mai theite chu naupang an tet zual lai chuan an ban phak lovah dah tur a ni a, inchhung a lo nawm viau chuan hmeichhiate tan a hmingthat thlak bik a ni. Hei hi chhangchhiat lai chuan thil harsa tak a ni a, mahse, mahni tlin 'awk leh phak tawk ang a, inchhung cheimawi leh thil dah fel hi chin fo a tha

Thlalak nawi te te, common room-a tar teuhte hian in a titawp duh. I ngaihsan zawng chu Frame lian tawkah zahawm taka tar a pawl lo Tleirawl te hian milem tar hi an uar duh viau va, hei pawh hi a tawk chauh hrilh fo an ngai a ni. Poster tha lutuk lemlo an lo tar palh chuan paihsak thut lovin, a that loh zia te hrilhfiahin, zawl zawl a paihsak tur a ni. An poster tar te chu kan duh ang alo nih loh avanga kan paihsak thut chuan tleirawl rilruah thin thawk thut te leh insual buaina hial pawh a awm theih avangin fimkhur taka tihbo sak dan ngaihtuah zawk tur a ni

In leh a chheh velte chu fai taka vawn thin a tha a, inchhung te pawh a fai tha tawk fo tur a ni Amaherawhchu, inlengte tan pawha in thlahrunawm khawpa fai hi chu thil tha ber a ni lem lo. Hemi kawngah hian Roman Catholic Convent-ho te hi an entawntlak hlein ka hria. An in vawngfai hle a, mahse, inlengte leh midangte

tana inthlahrunawm khawpin an ti ngai lo a ni

## RAWNG THLAN DAN

Inchhunga thil rawng nei chi, **Entirnan** Curtain (parda kan tih mai) ang chite, khum khuhna te, lukham kawrte, Carpet etc ang te hi an rawng thlan fimkhur a ngai hle a ni Rawng dal lam deuh, mit tihahdam thei chi hman a tha Ram lumah phei chuan rawng thim leh duk lam deuh te hi chuan mit a tihah duh deuh thin

## SILHFEN

Silhfen reng reng hi enkawl ngun loh chuan a chhe hma a, a lang hlui hma bawk a ni, chuvangin suitcase-ah emaw, thingremah emaw thleh thata dah fo thin hian thawmhnaw a tlo duh bik thin a ni Silhfen reng reng inbel zawh veleh suk a tul anih loh chuan dah that nghal zel hi a tha Tunlai ah chuan thil alo changkang chho ve ta zel a, thawmhnaw dahthatna atan Wardrobe-te hman tur alo awm ta a, thangtharte tan vanneihna leh thil awlsam tak alo nih phah ta a ni.

Lal Isua Krista lalna inchhung reng rengah chuan hlimna leh thlamuanna alo awm a, chu chuan chhungkuaah zalenna a thlen a, chu mai ni lovin midangte pawhin chu mi chu hriain an chhungkaw zalenna leh hlimna zar chu an zo ve thin a ni Kristian chhungkua inti nazawngah hian hlimna a awm chuang lova, Isua Krista lalna inchhung chauh hi chhungkaw hlim, chhungkaw zahawm leh chhungkaw itawm anlo ni thin a ni. Nu leh Pa leh an fate chu Krista neitu anlo nih theuh chuan chhungkaw hlim anlo ni mai thin a ni

## BUNG - 5

### NU — INCHEINAAH

Mizote chu thil engpawh a landan lam ngaisang mi kan ni a, chhungkaw Nu ber chu zing atanga a inchhung leh ama tana buai tur anih avangin a landan chu a pawimawh em em a ni. Kan landan hian thu tam tak a sawi thin a, hmeichhiate chu mawi leh tha tura beisei kan ni ve tlat bawk si a, kan hmel a chhia emaw a tha emaw kan landan hi a pawimawh em em a ni. Hmeltha filawr te chu an awm ngei a, an vannei hle bawk a, mi nazawng erawh chu han en thuaka hmel tha em em bik lote kan ni tlangpui na chungin engemaw tizawng tal chuan thatna chu mihringte hian kan nei theuh a ni. Pathian min siam danah hian kan lungawi mai tur a ni a, amaherawhchu, kan incheina kawngah tal hi chuan kan inuluk ve hi kan bat a ni ve tlat a ni.

Mipate hian hmeichhiate hi chu hmeichhia tak ni turin min beisei ve thin a, "*Nu hnep hi a tha*" an ti chawh a ni. Mipa rilru leh mit la taka awm hi thil awlai anih loh hmel hle a ni. Ngaihno beina (charm) hi mipate rilru leh mit la bertu a ni a, hmeichhe vulna ber pawh ngaihno beina hi a ni. He ngaihno beina hi i nei anih chuan i



vannei hle tih inhria ang che Ngaihno beina hi i nei vaklo anih pawhin i nihna ang ang kha a tawh em em a ni Disraeli, British Prime Minister lo ni tawh pawh kha a nupui, amah aia kum 15-laia upa, a hausakna avanga a neih a ni a, an inneih atanga kum 15-naah chuan a pasal a tihlawm thiam avangin a chungah a lawm a, a nupui chu a hmangaih ta hle mai a, nikhat chu a nupui chuan *"innei tha leh dawn ta ila, hausak vang nilovin min hmangaih avangin min nei ang tiraw?"* tiin a zawt a, a pasal chuan a pawm thlap mai a ni

Maurus-a chuan, nikhat chu naupang pahnih hian an sikul kalkawngah an Nu-te chanchin an sawi dun a, pakhat chuan, *"tukin zingah khan i Nu nui var var chu kalo hmu asin"* a ti a A thian chuan *"Ka Nu hi chu englai pawhin a nui reng thin alawm," tiin a chhang then a"* a ti a Nu hlim thei leh nui fo mi nih hi Nu tan chuan thil tha tak a ni Kan fate hian Nuho hi Nu hlimthei tak tiin min sawi ve thin ang em aw? Nu hlim thei tak chu a fa-in thil alo tihchhiat palh pawhin a fa tan chuan thil zirna tha tak alo ni thin Naupangin thil an tihchhiat a, velh mai leh awmze nei lova hau mai mai chuan an thil zirtur an zir theih loh phah thin a ni

Hmel hlim tak lantir hi incheina langsar tak anih avangin a pawimawh em em a ni Min kawr mawi deuh ha ta ang sela, a hmel hlimlo hle si sela, a incheina ai chuan a hmel dur khup mai chu a langsar zawk ngei dawn a ni Hlim hmel chuan mitin a tihlim thin a, mite tan pawh

nelawm nih a awl bawk a, chuvang chuan Nu  
hlim thei tak nih i tum ang u.

## KAWR/THAWMHNAW

Nu ber chu inchnunga cheng te'n mutkawr ha  
a, sam thur bebu-a an hmuh fo chu a mawilo  
viau a ni. Fel thlep thlawp a inchei chuan a hmuh  
chu a hahdam zawk ngei ang. Chutiang titur  
chuan hun neih a har a, alo buaithlak deuh anih  
pawhin nidanga i thawh hun pangngai aia hma  
deuh hlekah tho la, i chhungte'n an hmuh hma  
chein lo intifaiin i thuamhnawte lo thlak fel diam  
la, midang tan hmuh i hahdam viau ang

Aizawl khawlaia leng nu pakhat chu a inchei  
hmanlai em em mai a, mite nuihzat a hlawh hle  
mai a, a kal pelh tawhtea pawh chu an hawi leta  
an lo thlir zui vawng vawng mai a. Engvanga  
chuti taka mi mitla nge maw a nih ka tihlai chuan  
ka han enchiang a, a thawmhnaw hak chu alo  
thing viau mai hi alo ni a. Hetiang avang hian  
hun alo inher danglam ang zela incheina, uchuak  
lutuk silova kan inchei ve tepawh hi alo tul dawn  
a nih hi tiin ka ngaihtuah chhuah phah ta a ni  
Hun inher danglam dan leh fashion inthlak  
danglam dan a zira kan inchei thiam loh chuan  
hnunglama mi nuihzat nih a lo awl hle dawn alo  
nih hi. Amaherawh chu Nu tan chuan a lutuk leh  
uchuaka inchei hi a mawilo hle thung a ni. Thil  
thar apiang neih zel tur tihna a ni lova, a mawi  
tawk chauhvah inchei ve tur a ni zawk a ni. Kawr  
hak ngai hak nawn fo hi thil zahthlak a ni lova,  
amaherawhchù a fai tha tur a ni. Thailand Lalnu

Sikirit-i, khawvela inchei ngaina berte zinga mi pawh hian (a hun lai chuan) a thawmhnawte pawh vawi tam tak alo ha nawn ve thin alawm maw le.

Thawmhnaw chhuak thar a piang neih tum hi mi hausa tan chuan thil awlai tak a nih lain, mi nazawng tan erawh chuan thil harsa tak a ni Chuvangin a maw tawk chauh chhut thiam hi a tha ber fo. Kan sum dinhmun a zirin inchei ta ila, kan mawipui zawk ngei ang tih a rinawm

Nu ber chu chaw ei laite pawhin fel takin a lang tur a ni a, lu thur bebu-a a lan fo chuan thil mawilo tak a ni thei ang Chung a chuan fel fai leh mam tha taka an hmuh chuan midangte tan pawh en alo hahdam zawk ngei ang Hei hi midang te'n Nuho min beisei dan a ni tih i hre reng ang u I mut a lo chhuak viau emaw, i lo chau viau emaw alo nih pawhin hmel hlim lantir hram tum thin ang che Chutiang pawh alo harsa a nih chuan in bedroom lamah emaw inthiar fihlim thin ang che. Tin, i mutkawr chu bedroom pawn lamah chuan ha chhuaklo hram ang che.

Incheina hian rilru leh nungchang a tilang chiang em em tih hriat fo a tha Lehkhabu zawnawlna chuan lehkhabu chhung thu a tilang angin mihring rilru chu a thil ngaituah zawngah, thawmhnaw leh inchei naah te leh a thusawi duhzawngah te hian lang zo veklo mah se, a tlangpui chu a hriattheih a ni. Thufingte 27.21b *"Mihring chu a thil fak zawngah fiah ani."*

Tin, Biak Ina inkhawmnaah kawr banbul lutuk

leh nghawng zau lutuk hak te, thui danglam lutuk bik, han en reng reng pawha Biak Ina hak awm loh tak hak chin te hi thil mawilo tak a ni Biak Ina inkhawm dawn reng rengin kawr ban nei, nghawngthlep pangngai hi a inhmeh viau mai a, mahse, hetiang hak tur alo awmlo anih pawhin inkhawmnaa inhmeh tur ang chu thlan thiam tum ang che. Tin, khua alo lum a, kawr banbul hak ilo duh a nih pawhin banbul vuahna khuh thei chauh tal pawh ni sela, ala ziaawm deuh ang. Inkhawmnaah chuan kawr rawng duk lutuk lo, rawng eng lam deuh hak hi a la inhmeh lehzual. Mahse, a chang chuan a duk lam han hak ve zeuh te pawh a tul mai thei. Entirnan Good Friday- ah te pawh a inhmeh leh viau si a ni Puan ven tur pawh a rawng thlan thiam a tha. Thuamhnaw leh taksa fai taka Biak ina kal thin hi a thianghlimin a zahawm em em bik a ni Pathian inah Amah be tura kal kan nih avangin uluk taka inchei hi a tul em em a ni.

Ella May Miller chuan " *Mipa laka phut kan neihsan viau chuan mipa angin inchei lo ila, mipa angin awmlo bawk ila, chu chu a tul a ni* " a ti a Hmeichhia kan ni tih tilang tur khawpa kan incheina kan uluk chuan Nu fel leh Nu ngaihnatawm nih hlawh a awl deuh bikin a rinawm. Kan Pathian Lehkhabu chuan hmeichhiate incheina chu manto lutuk a ni tur a ni lova, fel leh mam tak a ni tur a ni tih min lo hrihl zawk a ni. Pathian biak ina thil man to lutuk in bela kal fo hi thil mawilo tak a ni. Hei hi kan hriat tlan atan a pawimawh viau a ni Mizote chu inchei ngaina mi kan ni a, kan

inchhungkhur millo leh kan sum lak luh millo  
taka inchei te kan duhfo thin a, hengah pawh  
hian Nu te'n hma nasa taka kan lak hi a  
pawimawh hle a ni

I inchei dan chuan i nungchang a tilang chiang  
em em tih hria la, i chhungril mawina leh pawn  
lam mawina chu belhchian dawl tak lo ni sela, a  
tha em em ang I pasal hnathawk tura chhuak  
leh i fate Sikul kal tur te chu, inchei fel taka thlah  
fova, anlo hawn hun pawha fai leh fel taka lo  
dawngsawngtu nih tum fo vang che

## SAM

Sam hnawk leh bal hian hmel duhawmna leh  
zahawmna a tibo vek thin a, chuvang chuan Nu  
ber chuan zahawmna siam turin sam fai leh mam  
taka enkawl hi a tul a ni Sam chu suk zawh  
hnuah tha taka khuih fo tur a ni Suk zawh hnua  
khuih that leh si loh hian sam a chhe duh viau  
Sam suk ngun lutuk hian sam a ti fere thei bawk  
a ni. Hriak hi a khat tawk tala thih hi a tha bawk,  
hei hian sam tla tur a veng thei a, sam a tinung  
bawk a ni. Sam hi a ro reng chuan a tle thei lova,  
a hmawr a kak duh bawk thin I lusuk dawn darkar  
hnihah emaw sahriak thih thin la, chumi hnua h  
lu chu su la, chu chuan sam ati tha duh hle a ni

Tin, a theih hram chuan i sam mil chi shampoo  
hman tum hram bawk ang che. A theih loh anih  
pawhin i sam ngeih zawng tur ang thil dang hman  
hram tum ang che Luphut nei chi pawhin a

theih angin luphut ngeih tur ang chi hman hram a tha. Luhrik neih te pheih chuan mi a titawpin a titenawm em a, chuvangin a rang thei ang bera tihbo tum ngei ngei tur a ni. Lu-a hrikhru te a lo awm var tuar mai chuan mite'n an ten viau ang che Nitin i sam khuhih thin la, i khuhih reng rengin a hma lam, hnunglam leh sir tawnte uluk takin khuhih thin ang che.

Tun laiin sam tihkir an uar hle a, i sam ilo tikir dawn emaw, i tan dawn emaw anih chuan i hmel putdan a zirin i sam chu siam thin ang che. Tin, ilo upat deuhva i sam alo tuak tan anih chuan, a tuak chu pawt mai lovin, a tona bulhnai teah bakchehin chep chhum thin la, tichuan samtuak lo pung zel turte chu a veng thei thin niin hriat a ni bawk. Heng ka rawn tarlan te hi Beautician changkang tak te rawn lem lote tan bika ziaak a ni

## VUN

Vun hi enkawl nguna mawi thei, enkawl ngun loh erawh chuan mawilo tak ni thei a ni a, chuvangin ngun taka enkawl hi a tha em em a ni. Vun te mam mawi taka siam fo tur chuan a hmasa berin ngun taka tihfai a ngai a ni. Kan hmelte tha puaklo mah se, kan vun tal kan enkawl ngun hi kan tih ve theih tawk chu a ni

Ni saa kan kal dawn emaw kan chhuahvah dawn reng rengin nisa laka kan vunte veng thei chi cream kan hman fo a ngai bawk. Tin, kan

thlan alo chhuah a, nisaa kan awm fo te leh kan make-up hmante kan tihfai that leh siloh te hian vun a tichhe duh hle a ni Chuvangin, a zing thei ang bera kan vun te kan tihfai fo hi a tha em em a ni. Hmai phih reng rengin hmai area chauh nilovin nghawng leh bengte tihfai tel fo tur a ni Kan hmai chin chauh kan tihfai chuan kan tihfai bak te kha alo dum bik anga, nghawngut an tih ang te hi kan lo nei mai ang Tin, hmaiphih zawhah hrukpuan emaw, puan nem deuhin dim taka deh tur a ni a, chumi zawhah chuan cream hnawih a tha Amaherawhchu cream reng reng i hman tur chu mɔ̃dangte hman ang apiang hman tum mai lo la, i vun ngeih zawngte hriat tumin chu ngei chu hman tum thin ang che Vun ro chite leh vun mawm chite kan awm avangin kan vun mamawh ang chi hriatthiam a tul hle bawk a ni Kristian, ringtute tan chuan make-up uar lutuk hi a mawi lova, a tawk chauh hriatthiam a tha fo Mite mit tikham khawpa make-up hman hi a tha lova, ringtute chuan kan tih loh tawp tur a ni. (Beautician rawn lem lote tan a ziaak a ni)

## BUNG - 6

### NU - A PASAL CHUNGAH

Hmeichiate hi mipate ang bawka Pathian kutchhuak kan ni a, Gen 2 21,22-ah chuan, *"Tichuan, Lalpa Pathian chuan Adama chu tui takin a muthilh tir a, tichuan a muhil ta a, tin, a nakruh pakhat a la a, chumi ai chu tisain a awhphui tir a; Tin, Lalpa Pathian chuan Adama taksa a, a lak nakruh chu hmeichiaah a siam a, Adama hnenah a hruai ta a,"* tih kan hmu a

Hmeichhiate hi mipa nakruh atanga siam kan ni a, mipa hi lo awm ta lo sela hmeichhia hi kan lo awm ve ang em tih hi ngaihtuah tham tak a ni awm e Mipa tanpui tura Pathianin a siam chu hmeichhiate hi kan ni tih hi i hre reng ang u Gen 2:18-ah chuan heti hian kan hmu a " *Tin, Lalpa Pathian chuan, Mihring amah chauhua awm hi a tha love: Amah tanpuitu tur, a kawppui awmmi ka siam sak teh ang "* a ti a

Lal Isua nei tawh Nu kan nih chuan kan nunna chu Isua Krista thuhnuaiah a awm tih kan hriat reng a tul a Heti chung hian kan pasalte chungah



mawhphurhna sang tak kan nei tih kan hriat reng  
a pawimawh hle bawk a ni

*"Hmeichhe khawsak tha chu a pasal tan  
Lallukhuma ni a,*

*Zahpuiawm tak thil ti erawh chu a ruh  
timawihtu a ni "*

### **Thufingte 12:4**

*"Hmeichhe khawsak tha tu nge hmu thei ang?"*

*Aman chu lung<sup>h</sup>lu sen mi aun a sang zawk  
daih si a*

*A pasal thinlung chuan a ring a,*

*Chhawrna a hmai lo uang*

*A dam chhungin chhe lam ni lo vin tha lam  
hlirin thil a tihsak thin "*

### **Thufingte 31:10-12**

Nu leh Pa chu englai maha la cheng dun ngai  
lo, seilenna chhungkua pawh dang daih kan nih  
avangin kan inneih hnuah chuan nun in zir tawn  
leh inggaidam tawn tur kan ni Thil duh leh  
ngaihnat zawngte alo in ang lova, chu chu inrem  
taka alo awm theih nan mizia leh rilru inzir tawn  
hi thil tul leh pawimawh tak a ni Pa-in Nu a  
hriatthiam a, Nu-in pa a hriatthiam chuan  
chhungkua alo nuam mai dawn alo ni

Nupa tam tak chu thil hote avangin an inngeih

loh phah thei a ni. Thu ho te, in-bat sual palh avang ngawt tepawh hian inhmuh thiamlohna alo thleng thei a ni. Hetah hian Nu leh Pa-in tihsual kan nei thei ve ve bawk a ni. A tlangpuin hei hi kan tihsual a niin a lang:-

1. Nu-in a pasal tlintawklohna thupmawi leh siam that tuma tan a lak viau laiin, Pa chuan a nupui-in hmangaih tawklo leh amah chu ring tawklo hlein alo hre thei a, 'siam that ngai' tih tawngkam ngat phei chu Pa thin tirimtu a tling nghal thei a ni
2. Nu-in a pasal chu a thuhnuaia dah tum fo leh a huatzawnga thu a sawi fo thin hian Pa chuan amah chu hmangaih tawklo leh hmusitah a inngai palh thei Pa chuan amah chu a nupuiin pawmlo ni te hian a inhre bawk thin.
3. Pa-in a nupui tana thil a leisakte leh thil tha a tihsakte Nu-in a sawisel fo va, a ngaihsak duh loh hian Pa chuan amah leh a thiltihte hnawlsak niin a inhre thei a, a nupui chu tihlawm theih lovah a ngai thei bawk.
4. Nu-in a pasal chu naupang ang maia a sawisel fo chuan a pasal chuan a nupuiin ngaisanglo hleah a ruat thin.
5. Hmeichhiain a pasal hnena thu pehhel deuh tak chung, a lawm lohna thil a hrilh te leh intithunei awm taka a biak fo hian a pasal chuan amah chu a nupuiin hmangaih tak tak lova, mi thalo leh rintlak loh, thu engmah

hrilh tlak lovah a ruat niin a inhre duh viau bawk thin.

6. A thiltihna reng rengah a pasal chu sawisel paha siamthat a tum hian a pasal chuan amah chu fuiha, thil tha tak tak tithet tur anih laia sawiselna a hriat tam hian a thin a rim thei bawk a ni

Pa-te hi kan hriat loh hlanah kan lo tithinrim viau thei a ni tih kan hriat a, Nu-ho pawhin kan ngaihtuahna fim taka kan hman fo hi thil tul tak a ni. A chhan kan hriat lem lohva, kan pasalte an lawm loh viau chuan keimahn kan inen hmasak a ngai fo dawn a ni. Rilru tha tak pu chung si hian kan tihlan dan thiam loh avangin kan pasalte leh midang dang pawh kan ti lungawilo thei fo dawn a ni Mipate chetdanah hmeichhiate hian lawm lohna ruk riau kan lo nei ve thei bawk a, kan pasalte hetiang hian anlo awm ngai em? --

1. Mipain a nupui thusawi a ngaihtlaksak peih loh leh a ngaihvenpui lohva, a tawngkam alo siam thatsak fote leh thurawnte pawh tul lem lova alo pek ve mai mai hian Nu rilruah chuan a pasalin a hmangaih tawklo hlein a inhre thin a ni.
2. Hmeichhe thusawi chu Pa-in ho mai maia alo ngaihsak hian Nu thinlung a na duh hle
3. A nupui thusawi ngaithlaa, thinrima, a nupui mawhchhiat chu Pa berin alo chin chuan a nupui chuan zahder hauh loh niin a inhre thin.

4. A nupui mamawhte leh a thusawite ngainep a, a nupui kianga awm aia midang kianga awm a thlan fo hian Nu rilru chu nasa taka hliamin alo awm thin.
5. A nupuiin a rilru hrehawmna alo sawi ve changa ama felna leh thatna alo sawi ve chhen hian Nu rilru a na thei bawk thin.

I pasal chu lungawi vak lova i hriat chuan thil zawt zawt lo la, a lungawi lohna chhan chu fimkhur takin hriatchhuah tum zawk ang che Tin, a lungawi lohna chu haider la, amah a tawng hmasa anih loh chuan a lungawi lohna chhan chu zawt lem suh ang che Tin, amah i ngaihsak tih erawh chu tlem tein tlang la, a tawng na turin thil sawi vak suh ang che

Hetiang hunah hian i pasal siamthat tum zawng ang chi reng rengin awm lo la, a mamawh ber zawk chu hmangaihna leh a mize rilrem zawnga awm a ni ber a, chuvangin a duh anga a awm chu kalh lo la, (*thil pawl tak a nihloh chuan*) amah chu zahthiam takin awm ang che

Tin, i pasal pawm theih hauh loh tur tih i hriatsa ang chi reng reng chu ti turin amah chu phut lo la, chutilochuan amah chu i ring tawklo lutuk emaw, i thuhnuaiia dah tum lutukah emaw a ngai palh ang che. Hetiang ai chuan amah chu dawh theih zir zawk la, tichuan ama mamawh chu amah ngei chuan zawi zawiin alo inzir chho ve zel ang tih ring tlat bawk ang che. I pasal chuan a rawn che anih loh chuan thurawn pe fo lem suh ang che.

Pa ber chu a thinur alo sosang viau emaw, awmlo takin alo khawsa emaw anih chuan a chhan ni theia lang chu hmangaih tak taktu nei lova a inhriat vang pawh a ni mai thei Hetianga alo awm chuan mihring reng reng hi tumah mi tha leh mi fel famkim kan awm lohziate hrilhin nangmah ngei pawh i that famkim bik lohziate hrilh thin la, thil alo tusual palh anih pawhin ngaihdam tum tlat fo thin ang che

I pasal laka thil tha engemaw i beisei avang mai chuan i pasal chu titha huam lo la, ama tanpuina tel lova thil tih ve chu zir zawk ang che Pa ber chu a hnathawhnaa a hah ve tehlul nen lo tihhah loh dan lo ngaihtuah ve zawk thin ang che Hmeichhe tam tak chuan kan tihtheih ve chi ang te pawh kan pasalte tih atan zuah tlat kan ching thin Hetiang tur a ni lova, kan tihtheih ang chite chu keimahn ngein tih ve thin tum ila, kan pasalte kan chhawk zang thei ang Tin, i pasal hnena thu i sawi dawn reng rengin i harsatnate leh i rilru hahna te chu a tanpu beisei vanga sawi ni lovin hriatthiampui tuah i duh vang zawka sawi i ni tih hriattir hmasa thin ang che Tichuan tha takin alo ngaihtlaksak thei ang che a, nangma tan pawh a nuam zawk dawn a ni

Tin, i pasal hnenah emaw midang hnenah emaw thu i sawi dawn reng rengin peh-helin sawi ching suh ang che Mipate hi a tlangpuin an hmanhmawh thei hle thin a, an hnena thu sawi reng reng te pawh taw kim thei anga sawi an duh thin Nuho te chuan bazaar kan kal pawhin Pa an tel ve chuan kan duh ang pawh kan lei hmanlo

thin anih hi In hmuhthiam lohna lo chhuahna chhan tam ber chu pehhela thusawi chin vang a ni duh chawk thin. Thusawi reng reng hi pehhel deuhva sawi anih chuan a ngaihtlatu lam atangin hriatthiam lohna alo chhuah theih avangin nupa inkarahte leh midangte nena inkarahte thu pehhela sawi lovin tlang taka sawi chin hian thil tha zawk a thlen duh fo thin. Tunlai khawvel thangzel leh changkang tawhah hian thu thluaithlum dup leh tawngkam thiam duah hian awmzia a nei tlem tawh a, chu ai chuan tawngkam thiam vak lo pawhin a thusawi reng reng chu a nihna chiah chiah sawi fak fak sela, chu chuan midangte rilru a hneh awl zawk bawk a ni. Mi an fing tawh a, chutianga muangchanga ngaihtlakna hun an nei hman tawh lo a ni Chuvangin thusawi chu a tawikim thei ang a, a nihna chiah chiah sawi hi a tha berin a rinawm a ni. Hmeichhiate hian thu tawi kim taka sawi hi ching ve tawh ila, a tha hle ang.

### Entirnan :-

- 1) I pasal chhuak vak alo hawn har deuh chuan buaina engemaw alo tawk ta em niang tiin ilo ngaihtuah viau mai thei a. Alo thlen hnuah chuan i rilru sawi tlang mai lovin, "*Engtinngae i lo tlai viau theih? Kan ngaihtuah nasat tur zia che i hre louem ni? Phone tal pawhin i chanchin engmah i rawn sawi si lova,*" han ti ta la, pa chu a hawn tlaina chhan avanga a hah vei nen, a thin a alh phat mai thei a ni Chu ai chuan "*E khail! engtizia nge ni ta le, nidangah i tlai ngai si lova, kalkawngah*

*tawhsual i tawk ta em ni tiin kan lo ngaihtuah lutuk che a sin, harsatna i tawk chu a ni em lovang chu maw!"* han ti ta la, Pa tan chuan a ngaihtlak alo nuam zawk em em ang a, amah i hmangaihna leh i ngaihtuahna chuan amah chu a tilawm hle ang tih a rinawm a ni Pehhel hauh lova, i rilru dik tak i sawi kha Pa tan chuan a ngaihnaawm zawk hle ang

- 2) Naupang school bang lam lotul ta ang sela, Pa chuan nitinin a lam thin a Nikhat chu Pa chuan a lam hman dawn loh avangin a nupui hnenah chuan " *Nang va lam ve tawh teh, naupang school bang pawh i lam ve ngai loh hi, i tih ngei ngei a ngai a ni vawuin chu*" han ti ta sela, Nu tan chuan thu hriat nuam ani hauh lovang Amaherawh chu Pa chuan " *Hei vawuin chu hnadang thawh tur ka ngah em avangin naupang lo va lam ve ta che*" emaw lo ti ta sela, Nu tan chuan hriat a nuamin han tihngal mai pawh a chakawm theiin a rinawm a ni

Hetiang anih avang hian Nu emaw Pa emaw tan chuan thusawi reng reng chu tlang tak, tawi fel tak ni thei sela a tha a, tin, thil tihsak tura inhrilh pawhin " *i theih hram chuan tih emaw, i hman remchan chuan*" tih chin hi thil tha tak a ni bawh a ni

Pa chu a hnathawhna atanga a lo hawna a lo hah deuh avanga a lo thinchhe deuh anih pawhin Nu chuan hriatthiam a tul a ni A hnathawh naah

te thil pawl te lo thlengin rilru hah takin alo haw  
mai thei a, chutiang alo nih chuan Nu chungah  
te tuanin thinur leh rilru hah hrikthlak nan a  
nupui chu alo hmang anih pawhin Nu chuan  
hauh let ve hauh loh tur a ni. I pasal chu hetiang  
alo awm chuan a duh duh sawitir la, a ang nasa  
viau anih pawhin hriatthiam tum la, dawhtheih  
zir ang che Tichuan a hnu rei lo teah ngai alo  
awh leh mai ang

## INNEIHNA

Kan Pathian Lehkhabu Thianghlimah ngei hian  
inneihna chungchang kan hmu a Pathian chuan  
mihring chu amah chauhva awm tha a tih loh  
avangin a kawppui tur hmeichhia a samsak ta a  
nih kha Genesis 2 18, 1 26-28

Inneihna hi pawimawh em em mah se, a  
hlutna leh pawimawhna hi kan hriat chian loh  
thin avangin nupa tam tak karah inthenna leh  
inhmuh thiam lohna a thleng fo thin a, hei hi thil  
pawl tak a ni Kristian te hi awmze neilo, ui leh  
ar ang maia in um a innêi ta mai mai kan tam  
ta hle mai a hei hi a pawl hle a ni Tunlai hian  
hei hi a hluar ta hle mai lehngal a, hei hi Pathian  
huatzawng tak a ni Chuvangin Kristiante hian  
he thil hi ngun leh zuala kan zir a tul hlein a  
lang Inneihna dik tak leh hlimawm chu Vanram  
tem lawkna ang hialin an lo sawi a, inneihna  
diklo leh hlimawmlo erawh chu hremhmun tem  
lawknaah an lo tehkhin bawh a ni. Hei hi thil dik  
tak a nih pawh a rinawm a ni. Chuvangin



inneihna dik tak kan Bible-in min lo zirtir hi ngun taka zira pawm hi a hun tak meuh meuh tawh a ni

Inneihna hian entir ropui tak a nei a Pathiana minung pathum-Pa leh Fapa leh Thlarau Thianghlim inpumkhatna hi nupa nihna hian a entir a ni Inneihna hi a pawimawh em avangin ngun taka Pathianrawn a, Pathian thu a ni ngei tih hriatchian hma chuan buatsaih hauh loh tur a ni Mihring induhna alo san leh hausakna te'n alo hip laklawh tawh avang maia nupui pasal inneih mai hi thil hlauhawm tak a ni Pathian ruat loh a nih hlauh chuan kumkhaw chhiatna a ni thei a, chuvangin nupui pasal thuah hian ngun taka Pathianrawn hi thil tha tak, chhawr nahawm tak leh hlumawm tak a ni Kan hmel duhzawng nazawngte hi kan kawppui tura Pathian ruat a ni fo lem lo a ni tihte pawh hi kan pawm thiam a ngai bawh a ni

America ramah chuan nupa inthen an tam em em a, kum 1981 ah nupa tuak inthen zat chu 12,19,000 an ni a, chumi awmzia chu nupa innei zingah tuak chanve (50%) chu an inthen leh a ni. Heti tak a inthenna alo hluar ta hi William E Meriona (President, Council on Marriages Relation) sawi dan chuan hmangaihna dai, sum leh pai duh dan inkalhna leh tisa nun piaha lama nupa thuikhawmtu, sakhuana thlahthlam vang niin a sawi a ni

Mihring induh tawinna mai avanga innei tate chu an tlo ngailo reng reng a, "*Kung zawng zawng*

*ka Pa vana mi phun loh chu phawichhuah-in a awm ang* " Mathaia 15:13 tiin kan Pathian lehkhabu ngeiah kan hmu a ni Chuvang chuan Pathian ruat ngei tih hriatchian loh chu mihringin tihluh chı a ni lo. Ngun taka Pathian aw ngaithla chung a inneihthe hi a tlo bikin a hlimawm danglam bik a ni.

Kristiante tan chuan inrukthe leh sawnpaite hi thil zahthlak lutuk a ni tih hria a, pumpelth hram hram hi a tha em em a ni Inneihna hi dik taka hman phawt a ngai a, Kristian chhungkua din turte chuan dan ang ngeia inneihna atanga tan a tul tih hriat reng tur a ni Mi a neihnun vang maia nupui / pasala va neih hian hlimna a thlen ber lo fo a ni.

## NUPA NUNAH

*"Hmeichhe khawsak tha chu Lunghlu sen mi ang ai pawhin a hlu zawk"* tih kan Bible ah pawh kan hmu a. Thufingte 31 10.

Nupui tha nih hi thil tha tak leh duhawm tak a ni, mahse, thil harsa takah kan ngai mai thei Amaherawhchu, Krista neitu tan chuan nupui tha nih hi thil harsa niin a lang lo. Nute chuan kan pasalte tan leh kan fate tana theihtawp kan chhuah hian chhungkua chu alo hlim mai thin Chutiang ti tur chuan Krista neitu te tan chuan thil harsa a nilo tih kan hre tur a ni. Krista hmangaihtu chenna in chu inngaihtlawmna in alo ni bawh a, tichuan, hmangaihna, dawhtheihna

ah inngaihtlawmna tak tak nena chhungkua kan  
 enkawl chuan chu tluka thil hlilmawm a awm  
 thei chuang lo.

Nupuite hi kan pasalte hnena intulut tur kan  
 ni a. Ephesi 5 22 ah chuan "Nupuite u, Lalpa  
 hnena in intulut ang hian in pasalte hnenah intulut  
 rawh u" min ti a ni Kan pasalte hi kan chung  
 hotu an ni tih hre reng a, zahthiam an tul a, kan  
 fate emaw, mi dangte hnenah emaw kan pasalte  
 tlin lohna kan sawi fo hian, keimahni mawng  
 kan hlilm a ni tih i hria ang u Nu tawngthei deuh  
 te'n an thiante hnenah, " kan Pa hi chu a thin a  
 chhe lutuk" tih emaw, "inchhung khur a  
 ngaihsaklo tih te, thluak a hmanglo lutuk," tih te  
 kan ching a, tin, engemaw kan sawi dawn a ,  
 Pate tel lova mahnia thil tithei ve ni awm taka  
 "Ka tih, ka siam, ka ngaihtuah chhuah" tih te hi  
 chin loh a tha hle Mahni infak nia kan inhriat  
 lain, kan chhungkua kan tizahawm lova, kan  
 timualpho a, kan pasalte kan chawimawi lova,  
 kan pasalte chu patling lo tak a ni tiin mi hnenah  
 kan sawi tihna a ni a Kan pasalte an mawi loh  
 chuan keini pawh kan mawi bik hauh lova,  
 midangte pawhin min ngaihsan phah chuang  
 dawn lova, hnung lamah miin min nuizhat ru tet  
 tet thin zawk a ni

Midangte hmaa kan pasalte emaw kan fate  
 emaw kan fak hlurh hlurh emaw, an fel lohna  
 kan va sawi ve fo pawh hi thil tullo tak a ni Kan  
 fate chanchin kha mi Nu leh Pa tan chuan  
 chanchin ngaihnawm em em a ni lem lo thei a  
 ni. Phur taka kan sawi lai khan tute emaw chuan

ning hluiin anlo ngaithla thei a ni, chuvangin, a mawi tawk chauh erawh chuan a hun leh a hmun a zirin an thatna leh that lohna te chu mite'n min zawh chuan sawi chhuah ve pawh a pawl lem lova A nazawnga sawi chhuah mai mai erawh chu midang tan a ninawm thei a ni. Kan chhungkaw chanchin hi miten anlo ngaithla peih vaklo mai thei a, chuvangin ilo sawi chak viau a nih pawhin midangin an zawt che a nih loh chuan sawi loh mai hi a tha zawk a ni A tha berah chuan midangte hmaa mahni chhungkaw chanchin sawi tlem mi nih hi Nu chuan a tum tlat a pawimawh a ni

Nu leh pa inkarah inhmuh thiamlohna alo tam hle chuan, a chhan ber nia lang chu Nu leh Pa te'n kan dinhmun leh mawhpurhna kan hlen tawk loh vang a nih a rinawm Mipate pawh hi an indah chungnung lutuk bik tur pawh a ni lova, hei hi Pathian thil tum a ni berlo a ni

Genesis 1. 27-ah chuan, " *Pathianin Ama anpuin mihring a siam a, mipa leh hmeichhia-ah a siam a ni,*" tih kan hmu a He mi awmzia hi chu hmeichhia leh mipa hian Pathian anna kan nei ve ve tihna a ni. Hebrai Bible-ah pawh he thu hi chiang takin kan hmu a, Zacar (*Mipa*) leh Nageba (*Hmeichhia*) a siam tih kan hmu a ni. Hetah hian mipa leh hmeichhia chu intluk reingin a siam a, chungnung zawk leh hnuaihnung zawk a siam tih a lang tel hauh lo a ni

Tin, Genesis 2:18-a kan hmuh, mipa tanpuitu tura Pathianin hmeichhia a siam thu hi kan hre

Juhlo deuh hlek thin a. Mipa tana chhiahhlawh ang maia hman turin hmeichhiate hi Pathianin a siam a ni tihna a ni lo Thuthlung hlui hunah chuan Israel te tanpuitu chu "Yahweh" a ni a, chu chu Pathian hming a ni (Exodus 18 4 a kan hmuh angin ) Yahweh chu tanpuitu a nih avangin a hnuaihnung zawk haui si lo va Chuvangin he thu "*Tanpuitu*" tih hi inhnuai chhiahna ni lovin, dinhmun sang leh zahawm sawina a ni zawk Tichuan, he nihna sang tak hi Pathianin keini hmeichhiate chungah hian a hlan ve zawk a ni A tawı zawngin han sawı ta ıla, mipa tanpuitu turin Pathianin hmeichhia a siam a ni ti ıla dik ber awm e

Nupa chu pumkhat kan nih tawh avangin rawng inbawlsak tawn tur kan ni Chhungkaw Nu ber chuan a pasal leh a fate chungah mawhphurhna a nei a, duhsak bikna leh inthliar hranna awm lova pasalte leh fate rawng kan bawlsak a ngai a ni Pate hian kawng eng engah emaw an fate an thik ve thei thin a, chutiang bawkin fate pawhin an pate an thik ve tho bawk a. Chuvangin, Nute hian Pa leh fa inkara inthikna a thlen loh nan thil reng reng a rualkhai deuh zawnga tih a tha

### **Entirnan:-**

Pa berin eitur tha bik leh thawmhnaw tha bik alo chan fo chuan fate rilruah thikna alo awm thui thei a, Nuin fate ringawt ngaihvena a pasal a hlamchhiah si chuan Pa thin alo ur thei bawk thin Chuvangin, Nu ber chuan a pasal ngaihven

hle chung si a, fate thlahthlam chuang si lova  
inchhungkhur a enkawl a ngai a ni.

Pa tam takte hlawhtlinna chu an nupuiteah a  
innghat thin a ni. Kan pasal te chu a tul anga  
buaipui leh an rawng bawlsak chu Nute chuan  
kan tum ngei ngei tur a ni a, a chang pheih chuan  
thurawn tha kan pek ve fote pawh an mamawh  
thin a ni. Pa hlawhtling takte phenah hian Nute  
hi an awm chawh thin a ni.

Nu leh pa nih hian tunge hotu zawk tih buaipui  
vak a tul lova. Hmeichhiate pawhin kan pasalte  
chu kan thuhnuaiah dah kan tum tlat tur a ni  
heklo. Pa ho pawh a intih thu dan chin tawh an  
hriat a tul a ni. Hmanlai chuan mipate hi an inti  
lal em em a. Amaherawhchu, Chanchintha  
avangin mihring kan lo changkang tulh tulh a,  
zawzawin alo reh chho deuh deuh a,  
hmeichhiate dinhmun pawh chawikan alo ni chho  
ve zel a, tunah pheih chuan hemi chungchang  
thuah hian hma kan sawn viauin a lang  
Hmeichhiain kan mawhphurhna tlin taka kan tih  
leh mipain an mawhphurhna tlin taka an  
hlenchhuah chuan chhungkua chu mathei lovin  
alo hlim thin a ni.

Hmeichhe fing chuan a pasal chu a zah thiamin  
a chawimawi thiam fo thin a ni. Tichuan, hlim  
takin an khawsakho theih phah dawn a ni.  
Chhungkaw Pa ber chungah Nu-in mawhphurhna  
a pek thiam a ngai a, Pa chuan chhungkaw lu  
ber a ni tih inhriat reng a tul bawh a ni. Chutianga  
Pa ber chungah mawhphurhna pe thiam Nu chu

a zalen a, a hlim bawk a, thil reng rengah thu tawp chu Pa ber chanah a dah a, chu chuan Pa chu chhungkaw lu ber a ni tih a tilang ta thin a ni. Chutiang Nu chuan a pasal a tilawmin chhungkua intanpu tawnna a thlen a, chhungkaw hlimna anlo ni thin a ni

***Mo chuan a pasal lakah hetiang mi nih hi a tum fo tur a ni:-***

- 1) Ngaithlatu·tha tak
- 2) A pasal ngaihtuahna leh a hnathawh hriatthiampuitu
- 3) Midangte hmaah pawh a pasal chu a hmangaih a ni tih tilang fotu
- 4) Hmel hlim taka a pasal en thintu
- 5) A pasal tui tih zawng tak tui tihpuitu (zuk leh hmuam, ruihtheih lam ni lo )
- 6) A pasal thatna lai hriatsak hram tumtu
- 7) A pasal that lohna lai fing taka siamthat tumtu
- 8) Len chhuah dawna (a theih hram chuan) a pasal in ngahtir lo mi
- 9) A pasal kianga hun tam tak hman tum mi
- 10) A pasal hun pawimawh ngaih pawimawh sak mi nih a tum tur a ni.

Nu tha chuan a inchhung chu fel tak leh rinawm takin a vawng thin a Chhungkaw tam

tak chu Nu-in inchnung an luah lum that lohte, thil an ruahman thiamloh leh hmel hlimlo an put fo avang tein chhungkua an in nghirnggho thin a. Inchnungkhur ngaihthahna hi Nu leh Pa inhmangaih tawh lohna rah niin a lang bawh a ni. Inhmangaih tlan dial dialna inchnungah chuan dan tlangpuiin thil ruahman dan reng reng hi a fel zawh deuh nge nge thin a ni

Nupa nunah hian hmeichhe chan a chhe em em tih hi kan hre reng tur a ni. Kan pasalte kan tih lungawiloh chuan min ma thei a, inthen nikhua alo thlenin Nu leh fate chu a rethei zawkah tan a ni leh si a, chuvangin, hmeichhe dinhmun pawimawh zia hi hre tawh inti te pawhin hriat nawn leh a, vawn tlat chi a ni Nute hian ngun taka kan ingaihtuah ve a, Pasalte then hnua thil hrehawm min lo hmuaktu tur zawng zawngte thlir lawk vek chungin kan pumpelh theih nan chhungkua leh pasalte chung a kan theih tawp kan chhuah a tul a ni

Amaherawhchu, hemi avang hian Pate hi an inti lal lutuk tur a ni hauh lo a ni. Ephesi 5.33 ah chuan *"Engpawh nise tupawhin mahni a inhmangaih angin, mahni nupui hmangaih theuh sela, nupui pawhin a pasal hlau thiam rawh se"* tih kan hmu a ni. Pasal chuan a nupui chu ama taksa peng a ni tih hria a, dawhtheihna leh hriatthiamna thuk tak nena a enkawl a ngai a ni. A nupui chu a inchnung enkawlpuitu, a damloha enkawltu, a ei leh in tur lo ngaihtuahsaktu leh a thawmhnaw thlenga lo ngaihtuah thintu, a fate lo enkawl a, lo kilkawitu a ni tih hre reng chung a



a zahthiam (*respect*) ve a ngai bawk a ni Pa inti  
lal tak leh inti thunei em em bikte in chhungah  
chuan a nupui leh a fate'n hlimna leh zalenna an  
hmu thei ngailo a ni

Tin, nupa chu thuchhhia tha inchuh changte,  
thu inhmuh loh leh thil hriatsual palh changte  
alo awm thei a, hetiang hunah hian kan fate  
kiangah emaw kan inlengte leh midangte kianga  
inhnial loh hram a tha Thin alo ur deuh hlek  
pawhin insum hram hram rih a, hun remchang  
dang, midang awm loh laia sawi fel mai hi a  
tha ber a ni Pa chu alo thinur viau chuan Nu  
zawk chu thiam zawk pawh ni sela, ngawi  
zawkah tang sela, Pa lungawi hunah muang  
changin thil dik tak leh a nihna chu sawifiah  
zawk ta sela, Pa pawhin alo hre thiam ve mai  
ang Tin, Nu zawk alo thinur ve viau chuan Pa  
pawhin ngawih chuhin Nu lungawi hunah  
muangchangin thil awmzia hrilhfiyah sela, chu  
chuan inhauhna nasa tak lo awm tur chu a  
pumpelh tir thei dawn a ni "*Chhanna nemin  
thinur a tikiang thin a, tawng huatthlala erawh  
chuan thinur a chawk tho thin*" Thufingte 15 1,  
he thu hi i rilruah vawng reng la, a ruala thinrima  
inhau vak chin te hi a tha lova, chhanna nem  
chhak chhuak fotu nih tum tlat thin la, i pasal  
thin ur pawh alo kiang thuai mai ang Tlawm  
hmasa zawka tan hi hreh hauh loh tur a ni a,  
a tlawm hmasa zawk nih tum tlat fo zawk tur a  
ni. Chu chu hnehna tha ber a ni

## NUPA NUNA THIL HLAUHAWMTE

Nupa reng reng hi inrem taka awm hi thil hlu leh tlo tak a ni a, inngeih lohna leh inthenna hialte alo awm pawhin nupa chuan a tu ve ve pawhin mahni ngaiha thiam intihna a lian thin a Hei hi Pathian thu-in thuhnuairawlhna leh inngaihtlawmna nei tura min hrilh dan nen chuan a in kalh hulhual a ni Kan dikna ngeiah te pawh a tul chuan ngaihdam dilte leh inphahhniam zawka tan te hian rah tha tak a chhuah thei a ni tih hre reng chung a tul dan a zira kan awm thiam a ngai a ni Chutilochuan nupa inkarah hlim lohna nasa tak lo thlengin inthenna hial pawh a awm thei a ni Nupa inkarah thil inmung, a hnuaia kan tarlan tur ang te hi a awm chuan nupa inkarah leh chhungkuaah boruak chhia leh chhungkaw kehdarhna a thlen thei a ni

### Chung te chu:-

- 1) Midang leh inlengte awm laia mei nei taka inkhak fo te
- 2) Nupuiin emaw pasalin emaw a khingpui nuihza fiamthu thawh nan a hman fo hian
- 3) Nupa hming duk daklo taka inkoh fo hian
- 4) Nu emaw Pa emawin chhuanlam siama in lam ngaihthah a, a len bo fo leh riah bo fo a chin hian.
- 5) Nu emaw Pa emaw inchhungkhur thil thlahdah khawpa pawn lam thil ngaih

pawimawh a neihin

- 6) Kan khingpuite (nupui/pasal) hmangaihna leh duhsakna thil hoteah pawh tihlan ngai loh a nihin
- 7) Pa-in chhungkaw khawsak thuah engmah a inrawlh duh loh hian
- 8) Ti ti leh thu sawi mai mai pawh a inhnialkalh fo hian .
- 9) Nupa khum hrang leh pindan hranga mut fo hian
- 10) Hmeichhe chhungte'n emaw mipa chhungte'n emaw an inchung a ro an rawn rel sak fo hian inngeih lohna a thlen thei
- 11) Thikthu chhiat lutukna hian inngeih lohna a thlen duh hle bawh
- 12) Nu emaw Pa emawin a khingpui hriattir lova ama chhungte bik tana sum leh pai leh thil dangte a pek fo hian

## NUPA HLIMNA KAWNGTE

Inneih hnu hian ngai inneih hi thil awm thei a ni a, hei hi a thalo em em a ni Inneih hmaa inhmuh leh inkawm in chak em em thin ang khan in inneih hnu ah pawh inthlahlel chhunzawm thei ula, in nupa nun chu a hlim

chho tulh tulh mai ang. Tin, i khingpuiin i ngaihdan pela thil a lo tih pawhin ngaidam la, theihnghilh tum bawk ang che. I pasal chu sawiselbo ni turin beisei lo la, a tlin lohnaah chuan hriatthiamna leh dawhtheihnain en tlat la, nang pawh i tling vek biklo a ni tih inhria la, tichuan, nangmah ngei pawh i hlim reng thei ang. Tin, i pasalin i lawmzawng thil a tihsak reng reng chein i lawm a ni tih chiang taka tihlan tum thin ang che Chutichuan, i pasal tan pawh hlimna leh lawmna alo ni dawn bawk a ni Tin, i pasal chu a chung a tih tur (*duty*) anga ngaiin thil tihsak lo la, chakna avangin tihsak fo thin zawk ang che. I pasal chuan amah chu i rilru lian berah i dah tih hre nawn fo rawh se Hei hi nangma'n i tihlan fo a ngai a ni Hun lo kal zel turah pawh in inngaihzawn lai ang thova in awm a tha em em a ni Tin, in mamawhna in neih chuan thil te lutuk awm lo sela a tha Hei hian inzawmna a tithuk zual thei a ni

I pasal chu Pathian Rawngbawl tura a penchhuah dawnin a theih phawt chuan a lu chungah kut nghatin tawngtaisak thin la, a theih pheih chuan zui ve thin la, i zui theih loh pawhin i awm hmun atang talin lo tawngtaisak thin ang che. Chu chuan a rawngbawlina chu a pui em em ang

## MIPA DUHZAWNG

Mipa te hian tihlawm hi an nupuite lakah hian an phut em em reng a, hei hi hmeichhia te'n

hriat reng a tha Pasalte chu nupuite chuan an thiltih that leh an awm danah fak fo a tha a, chu chuan Pa rilru a tihlim thin a A leh lamah an nupuite chungah that an chhuah ve a, tichuan, nupa anlo hlim tlang thei dawn a ni An thiltih that reng rengah fak hreh hauh loh tur a ni Mipate hian hmeichhiate hi an thu thua dah thei anga lan hi an chak ve thin a, hei vang hian mipa thenkhat chuan nupui lehkha thiam sang (*anmahni aia sang ngat phe chu*) neih an duh loh phah thin a ni Amaherawhchu, hmeichhe fing, lekhathiam, a thiamna leh finna tha taka hmang mi chu a ngainatawm hlei hlei a ni Engpawh nise, Genesis 3 16 a kan hmuh "*I hrehawmna leh i naupaina chu nasa takin ka ti pung ang a, hrehawm takin fa i hring ang a, nimahsela, i duhzawng chu pasal lam a ni ang a, ani chuan i chungah thu a nei fovang*" tih thu hi hre reng ila, kan pasalte thuhnuaia intulut tur kan nih hi kan hriat reng a pawimawh a ni Pasala kan neih tawh te chu tlinglo tak pawh ni sela, kan zah fo tur a ni

Nupa chu inneihni atangin thil thar zir chho kan ni a, khawvel tharah kan kai chho ni ber te hian a lang thei awm e Tun hma, nula leh tlangval nih laia rilru leh nunphung tam takte paiha, nundan thara nun zir kan nih a vangin nitinin thil thar zir tur kan nei ve ve a ni Hmeichhe tan chuan chhungkaw thar va zawm kan nih avangin kan pasalte chhungkaw nunphung leh, kan pasalte mizia zirchian chu kan tih tur hmasa ber alo ni ta a ni A tlangpuin, inneih tirh atanga kum khat vel chhung hi chuan

inzah tawwna avangin mahni mizia inthupin eng emaw ti tiin inhriatthiamna ala awm thei a. Kum 2-5-ah hi chuan mize dik tak lochhuak ve vein inhriat thiamlohna tam tak alo thleng ta thin a. Hetih hunlai hian inthen mai pawh a awl lai tak a ni. Kum 5-10 inkarah hian inhriatthiam tawn dan zirna hun a ni tlangpuia, kum 10 leh a chunglam tawhah hi chuan mize tlangpui inzir zovin inhriatthiamna alo thuk em em tawh thin a ni

Hmeichhe tan pawh, inneih tirh phat atanga pasala chhungte huphurh nghal ngawt hi .nthenna bul a ni tih kan hriat reng a tha. Kan pasala chhungte chu huphurh hmelpuin kan en ngai reng reng tur a ni lo Kan lo huphurh deuh a nih pawhin ngaih theih zir mai tur a ni. Chutilochuan, kan pasal te pawhin keimahnı min hriat hma daih atanga an lo hmangaih em em thinte ai chuan, keini an hmangaih thar chauh te hi min hmangaih zawk kher lovang tih ring chung renga, an chhungte hmangaih ve zawk hi kan tum tlat tur a ni.

Tin, chhungkaw tana tha tur nia kan hriatte chu Nu ber chuan tlang taka kan sawi ngam fo hi kan tih tur dik tak a ni. Thil sawi tlang mai loh hian harsatna tam tak a thlen duh fo. Mahse, kan ngaihdan aia tha kan pasal te'n ngaihdan anlo nei a nih chuan lungawi taka pawmpui leh mai tur a ni.

Hmeichhiate chauh hi duat hlawh tur kan ni bik lo, mipate pawh hian duat hi an lawm ve em

em a ni. Pa vakchhuak lo haw chu, in alo thlen veleh a chhuahnaah a hah leh hah loh te, engte nge a va tih lo zawt seuh seuh la, a thlen veleh a thingpui intur leh a insilna tur tui lo buatsaihsak thuai thuai la, Pa rilru chu a hlim em em ang Nangmahin i tihsak theih loh pawhin i kiang vela tirh tur chi awmte chu i pasal tan chuan lo tirh sak thuai thuai la, chu chuan i pasal chu a tilawm hle ang a, nang pawhin i hlim phah em em ang Tin, i pasal chu Office-a thawk a nih pawhin a lo haw veleh a pheikhawkte lo phelh sak la, a thawm hnaw inthlak a duh a nih chuan a inthlakna tur a thawmhnaw duhzawng lo chhawp sak thuai thuai la, chu chuan i pasal rilru a tihlim em em bawk ang

Chaw ei laite pawhin Pa ber chawhmeh duhzawng alo awm loh changte pawhin, Nu berin "Aw! i pa chawhmeh duhzawng kan neilo chu a va paw tak em! Kan lo Bazaar hman ta si lova" te han ti ila, Pa ber tan pawh "chawhmeh a tuilo em mai" tia han thinur mai na tur chu lo tirehin "E khai! In buai em a lawm, ka ei puar e" han tih mai chu han thinrim mai ai chuan a thlang zawkin a rinawm

Tin, Pa ber zinchhuak tur emaw khawi ilo a chhuah dawn reng rengin a incheinate leh an thawmhnawte enfelpui hian an lawm ve khawp a nia. A zin chhuah dawn ngat phei chuan, a thawmhnaw ken duhzawngte zawh a, thleh that a, rem thatsak diam hi Nu ber tih tur a ni Tin, a pheikhawk bun turte a fai em? A kawrte nawh mar that a ni em? A sam a mam tha em? A

kekawr leh kawrahte thil kai reh theilo emaw, la zam kaite a awm em? tih te enfelpuia, chutianga fello deuhte alo awm chuan thenfaisak emaw han benfaisak thuak thuak te hian Pa hi an hlim ve tnei hle a sin. Tin, zana a mut dawnah te a lukham han lehsak thawk thawk te hian an lawm ve duh khawp mai. Hetianga i tih thin chuan i pasal chuan amah i ngaihsak tih a hria ang a, hlim takin a awm thei dawn a ni

Tin, Pa ber alo damloh chuan a zing thei ang berin enge a an tawh, a nate a dam deuh nge a zual zawk tih zawt thin la, a ei theih zawng leh a chak zawngte zawtin buatsaihsak la, chu chuan i pasal chu i ngaihtuah tih a tilang ang a, a ni pawh a lawm ang A nate pawh dam deuh huai huai- in a hria ang.

I fate hriatah i pasal chu zahin dah lal thiam la, tichuan i fate'n Pa ber chu an zah phah anga, inchhunga hotu ber a nihzia an hria ang a, i pasal pawh i chungah a lawm em em ang

Mi tam tak chuan fa an la neih hma chuan an pasalte an duatin an ngaihsak em em thin a Mahse, fa an neih hnuah pasalte aiin fate an ngaihsak zawk fo thin a, hei hian Pa ber rilru a tibuai thin a, thinchhiatah te an tlak phah fo thin a ni. Ngaihsaktu neih hi mitin hian kan duh theuh a, chuvangin fa engzat pawh nei la, i pasal chu i fate ai mahin i ngaihsak zawk a ngai fo dawn a ni.

Nupa reng reng hi inngeih tak emaw kan tih te pawh hi inhnial chang a awm lo thei lo va.



chung hunah chuan chapo taka tawngte, in runluh te chin hauh loh tur a ni Hei hian thinur a chawk tho va, inhaui buaina a punlun duh hle a, chuvangin hetiang hunah hian kan sawi tawh ang khan ngawi zawkah tan tum thin ang che I duhdan erawh chu in inhnial loh hunah "*Tha i ti ve anih chuan*" tiin i pasal thu ngaichang tak chungin sawi thin la, chu chuan i pasal rilru chu a hneh em em zawk dawn a ni Tin, in inhnial reng rengin, in inpeihna kha in rilruah hre thar leh ula, nemngnet thar fo thin ula, chu chuan boruak sa a tidai thei a ni Nupate hi inthen leh mai tura inner kan ni lova, Kristian chhungkaw hlim tak din tur kan ni tih kan hriat nawn fo a ngai a ni. Thil hote-ah pawh midangte rilru ang tur input chhintira chu mi hnuaah thil awm dan dik tak hmuh chhuah tum hi a tha em em a ni Chuvangin, duap kai zawk a tan a ngai fo thin a ni

Tin, Nupa chu chhungkaw dinhmun inanglo tak atanga lo seilian pawh a nih theih a Mipa emaw hmeichhia emaw chu awmthei tak chhungkua atanga seilian a ni mai thei a, a khingpui chu alo rethei zawk a nih pawhin a awm thei zawk chuan a hmusit tur a ni lova, tawng pawh a fimkhur tur a ni Chutiang bawkin chetdan pawh a fimkhur zual a tul a ni "*Kan inah chuan*" tihte, "*Keini chhungkuaah chuan*" tih chin fo hian rah thalo tak, inngeih lohna a thlen thei a ni Chuvangin hetiang kawngah hian tawng insum hram hram a tha

Eng eng emawah Nu chuan dik lohna kan nei

ve thei a, chutianga kan dik lohna midangin min rawn sawiselin kan tang tlat tur a ni lo. Kan dik lohnaah chuan "*A ni tak maw !, ka ti diklo a ni*" tih theih hian chhungkaw boruak a siam tha thin a ni. Thil hoteah pasalte mawhchhiat zel hi thil thalo tak a ni a, tullo a inhnialna chawhchhuah theihna a ni bawk a, chin dawklak theih a ni lehngal a, chuvangin, hei hi chin hauhlo tur a ni. Tin, pasalte laka thikthu a chhiat lutuk hian chhungkaw hlim lohna a thlen tih hre reng a, chin loh hram a tha bawk a ni.

Eng hunah pawh ngaihdam dil hreh reng reng tur a ni lo. Tin, inhmuh thiamlohna alo thlenin, midangte hnena thlen kher a tullo a ni. Midangte buaina a ni lova, keimahni chhungkaw buaina ani tih hria a, midangte hriattir loh tum tlat zawk tur a ni. Khakna leh vinna hian inthunun theilo mi kan ni tih a entir a, nupa inkarah hei hi awmlo sela, a tha a ni.

I pasal bulah midangte sawisel chinglo la, i pasal hriat lai ngeia midangte i sawisel fo chuan, i pasal rilru tha tak pawh chu i tikhawlo thei dawn a, mi chanchin a tha lam sawi tur i hria a nih loh chuan ngawih mai a tha zawk a ni. I pasal hriatpui lohvin nangma chhungte lam bik tan thil pek ruk ching suh ang che. I chhungte thil pek chakna ilo nei anih pawhin in Pa chu rawn la, a phalsaklo che anih pawhin lung lohah la lo la, a remtih hunah i tihsak mai dawn nia

Ka naupan lai atanga ka Nu leh Pa thu min hrilh ngun em em, kei pawhin tun thlenga ka

ngaih pawimawh em em thin chu thinur lai taka tawng chhuah loh hi a ni I pasal chungah emaw i fate chungah emaw midang chungah emaw lungawi lohna ilo neihin, sawi chhuak mai lo la, ngawih bopui hram tum la, amaherawhchu Pathian hnenah thlen zawk ang che Thinur laia tawng chhuah hian a hnua inchhir ngawih ngawihna tur sawi chhuah palh a awl em avangin har hle mahsela, ngawih hram tum thin ang che Chutilochuan thil pawimawh tak ni lem lovah insum theih loh avangin midangte rilru i hliam anga, tul hauh lovah hmelma pawh i insiam mai dawn a ni Midangin diklo taka an tih che pawhin chhuahchhal a i thiamthu tihlan tum lovin englai pawha hmu thin tu che Pathian hnenah chuan thlen la, Ani'n i phurritte a lo chhawk ang che A chang pheii chuan phuba lak chakna hial i nei a nih pawhin helai Bible chang hi hre reng ang che. Rom 15:3 "Nangmah hautute hauna chu ka chungah a tla ta " Chuvangin, thinur lai tak pawha tawng leh chet dan insum hram hram hian, thinur a tikiang thei a ni.Thufingte 15.1-ah chuan "*Chhana nemin thinur a tikiang thin a, tawng huatthlala erawh chuan thinur a chawkh tho thin*" tih kan hmu a, chuvangin tawng huatthlala tak te hi hman loh hram a tha a ni. Thiltih dik loh inthup te a awm hian inpawh lohna a awm tir a, chuvangin, engkim inhriat tlan hi thil tha tak a ni a, chhungkaw hlimna thlentu pakhat a ni bawh a ni.

Tin, Nu-in kawppuite hnenah " i ti ngailo emaw, i ti lutuk" emaw tih fo hi thil thalo tak a ni bawh a, i pasalin i duh loh zawng alo tih chuan, i duh

loh zia tilangin tha taka hrilhfiah tum thin ang che.

Midangte diklohna puansak fo hi Nu tih tur a nilo bawk a ni. An lo tidiklo a nih pawhin, hun kal tawhah khan an sualna chu ngaihdam anlo ni daih tawh mai thei asin. Pathianin min ngaidama kan sualte a hre tawhlo ang hian Chuvangin, midangte sualna leh tlinlohna chu theihnghilh hram tum zawk tur a ni.

Thil ngaihtuah chik hmasa lova thusawi mai mai hian sawi soal a awl hle a, thusawi tur reng reng sawi chhuah hmain ngun taka ngaihtuah lawk ni sela, sawi soal a har duh deuh va, a ngaithlatu tan pawh ngaihtlak a lo nuam zawk thin a ni.

Harsatna reng rengte chu mihring taka sutkian i tum fo chuan, i hlawhchham fo thin ang. Chuvangin, i harsatna chu Pathian hnenah thlen la, Ani'n A lo sutkian sak ngei ngei ang che

Mipa tam tak chuan, inehhungah kil khat a engemaw lai tak thil dah duhna bik an nei duh hle a, i pasal chu chutiang mi a nih chuan a duhna lai ber hmun chu a duh duh a dah theih nan tihawl hram tum ang che. Chutiang bawkin in nupain emaw in chhungkuain emaw Restaurant-ah te in kalin Pa ber chu nang leh in fate venghim zo tawh thei a nih avangin a thuthmun pawh remchang bik deuh tak zuahsak tur a ni. Mipa reng rengte hian hmeichhia leh naupangte venhim tumna hi an riluah a bet tat a ni.

Eng hunah pawh ၊ hun tam ber chu i pasal  
 kiangah hman tum la, i hmel hlim tak hmuh tir  
 fo ang che I inchhung chu i pasal leh ၊ fate'n  
 nuam an ti em?, nuam an tih a, hlimawm leh  
 hmun him ber alo nih theih nan Nu-in theihtawp  
 chhuah a tul a ni Chutianga chhungkua hlim  
 taka inlo awm chuan ၊ pasal leh ၊ fate chuan  
 khawlaia hun khawh ral mai mai ai chuan  
 inchhunga awm chu an duh zawk fovang. I pasal  
 hlim taka ၊ siam fo chuan, a hnathawh tur pawh  
 hlim takin a thawk thei fo bawk ang

I pasalin a mamawh che chuân i thiltih laklawh  
 lai pawh kalsan mai la, tanpui a tulna apiangah  
 tanpui thin la, chu chuan amah chu a tihlim em  
 em ang I pasal chu a hahdama, a duh dana a  
 awm chu hnial suh la, hahdam takin awmtir  
 fovang che

Nu chuan kan kawppuite tihhlim nan chuan a  
 chang talin fiamthu thawh ve a pawl lo  
 Amaherawh chu a hmun leh a hun hre ran  
 chungin fiamthu huatthlalalo sawi thiamte a tul  
 ve bawk thin Rilru hman thiam tak chung  
 pasal leh fate enkawl thiam hi thil tul tak a ni

Nu theuh theuh hi a inan loh theih hlein a  
 lang Pate zin bo hlan te hian Nu tam tak chuan  
 Pate tellova inchhung enkawl chu khawharna  
 nena hrehawm an tih em em laiin Nu thenkhat  
 erawh chuan fiamthu titak deuh te a, Pate awm  
 loh nuam tiawm taka tawng an chinga " *Tunlai  
 chu kan Pa a zin a, ka free khawp mai Ka thu  
 ve lai, ka lai ve lai a nia, rei deuh zin sela ka ti*

*ngawt mai.*" han tih chingte pawh hi a awm theih a, hetiang hi chu fiamthu nan pawh thil mawilo tak leh, tawng malsawmlo tak a ni a, chin fo loh a tha a ni. Kan Pa te tel lovin/hmeithaiin awm ta reng mai ila, a hrehawm ti hlei hlei leh inhhungkhura Pa mamawh hlei hlei kan ni leh duh viau si a. Hetiang lam fiamthu chi hi chu sawi mai mai loh a tha a ni.

Pa ber hi inhhungah kan dah hmasa thiam tur a ni a, thil hote anga langah pawh rawn zel ching ila, an rilru a lawm em em ang. Mari pawh khan Jerusalem Temple-a naupang Isua an va zawn tum pawh khan "*I pa leh keiin*" tiin a sawi anih kha. (Luka 2:48b)

Tin, fate sualna Pa laka zeppui chin hi thil thalo tak a ni a. kan fate chu an Nu leh Pate chuan an nihna ang angin kan hriatpui tlan a pawimawh em em a ni. Sualna zeppui hian te takte atangin thil lian takah pawl nasa tak a khawih thei a ni tih hriata chin hauh loh tur a ni.

Nute hi rualawhna suai lakah hian tluk luh loh hram hram a tha em em bawh a ni. Kan thian te'n emaw kan hmelhriat thenkhat te'n emaw in leh lo tha tak tak te, incheina tha leh man tam tak takte an lo neih avanga neih ve kher tum tur a ni lo. Kan pasalte bula rual awt taka mi thil neih thate neih ve ~~chaka~~ kan sawi kan sawi chuan, kan pasalte chuan sual kawng dai phahin eirukna sualah an luh phah thei a, chuvangin, rual el dan pawh a tawh thiam a ngai hle a ni.

Kan sum lak luh te dik tak leh fimkhur taka kan hman hian a tlo bik em em a ni tih hria a, Pathian zah tak chung a malsawmna kan dawnte uluk taka chhut chung a hman hi a tha em em a ni

Mipa tam tak duhthusamah chuan an nupuite chu Nu hlim thei tak ni se la, an pasalte duat thiam tak mi ni bawk sela, tin, an fate duat dan tawk thiam bawk sela, inchhungkhur vawngfai peih mi ni sela, inchhung mamawh hrethiam mi leh, Pathian hrerfi ni sela tih hi a ni

Tin, Nu-te hi kan pasalte thuruk vawnsak kawngah hian kan rinawm a ngai bawk a ni Kan pasal te khaw i lo an vah chhuah chang tea, an thil tawn duhawm lam a ni emaw ni lo emaw, an Office-a thil thlengte leh an thil tawnte zalen taka min hrih theih a, harsatna an neih pawh kan theih ang anga tawlawm tur kan ni a. Hetianga an thil tawn leh thil awmdante midangte hnena lo sawichhuah chin hi nutlinglo tak nihna anih avangin hetiang chingte kan lo nih hlauh chuan sim hlauh chi a ni Kan pasalte kan timualpho a ni tih i hria ang u Tin, hmeichhe thenkhatte chuan an pasalte hriatpui lohvin anmahni chhungte bik tanpuite anlo chin chuan hei hian inngihmghona a thlen thei bawk a ni. Chutiang bawkin Pa pawhin ama chhungte bik a nupui hriatlohva a lo tanpui thin anih chuan hei hian thil pawh tak a thlen thei a ni.

Hmeichhe phunnawi ching, an thiam tak leh chhungkua tihlim thiam lo mi chu chhungkuaah a hlu nep a, a awm leh awmlah pawh a lang nep

thin. Chuvangin, hetiang Nu hi nih tum hauh loh tur a ni Hei hian nupa inthenna leh beidawnna a thlen thei a ni

***Nupui tha chuan hengte hi a vawng reng tur a ni:-***

- 1) I pasal chu a tha zawngin fuih thin la, fak fo bawk ang che. Amah chu tihtauh khumin nangmah nen tehkhin fo suh ang che.
- 2) Inchhung Nu ber i ni tih hrereng chungin engkim ti thin ang che
- 3) I pasal lawm zawng chu tihsak tum hram hram la, duhsak leh ngaihsak takin awm thin ang che.
- 4) Thil eitur i siam reng reng te chu, i pasal duhzawng angin siam thin ang che
- 5) In sum lakluh tam dan a zirin khawsak relthiam tum la, mi dangte er leh tehkhin ching suh ang che.
- 6) I tukchhuak a that vak loh tum pawhin i chhungte leh midangte mithmuah chuan insum hram hram ang che.
- 7) I pasal chu in inchhunga lal ber a nihzia tilang fo la, a thuneihna tih buai leh chul tum fo suh ang che.

***Pa pakhat chuan a nupui laka a p<sup>h</sup> chu heti hian a sawi thin a, hei hi nute' i vawng theuh ang u:-***



- 1) Min lawm thiam sela ka duh a ni
- 2) Thil te lua awm lovin minrawn thin sela, ka awm loh hlana thil tul thutah pawh, hmangchang hria a, a tul ang chu pawh khawih lova alo chinfel ka duh a ni
- 3) Ka thusawi reng reng a ngaihthlak a, a ngaih pawimawh ka duh a ni
- 4) Ka chhung bikte lam a ngaihsak ka duh a Tin, keim a ni chhungte lam ngaihsak ve thung ila
- 5) Inleng te reng reng fel taka lo dawngsawng thin mi ni sela
- 6) Ka Nu leh Pa keimah anga a hmangaih ka duh ber a, chu chu hmeichhe tam tak tin loh ni mah se, a der tal a, a zahthiam a, a duhsak ka phut a ni.
- 7) Rilru tha tak pu chungin inchei deuh reng se ka duh a
- 8) A thiam lohna a hriat hnuah ngaihdam dil thei nghal sela ka duh a A tawngkam chhuak pawh nem sela, a dik lohnaah midang mawhpah ching lo sela
- 9) Mirel ching lo sela, thenawm te reng reng ti laina thiam sela
- 10) Ka diklohnaah min hliahkhuh thiamin min tanpu thin sela ka duh a ni

- 11) Khawi ilova a kal dawnin min rawn tullo pawh nise, min hriattir ka phut a, alo haw har palh pawhin a chhan zawh ngai lovin sawi thuai thin sela.
- 12) Inhnial chang pawhin kei aiin tawng ring lo sela. Tin, kei aia hnuaihnung zawkte dinhmun hriat thiam puia ngaihsaktu ni thei sela.
- 13) Kan fate chu Pathian thu emaw thawnthu tha emaw hrilh peih mi ni sela ka duh a ni
- 14) Kan fate chu duhsak bik neilo sela ka duh a ni
- 15) Chaw ei laiin thinrimna leh inhauhna thu sawi chhuaklo hram sela. Tin, ka sa ei duh zawng min voh bik thin sela ka duh a ni

Heng kan han tarlan takte hi mipa tam tak duhthusam a ni reng a. A zavaia zawm har kan ti a nih pawhin zawi zawi talin heng thu te hi pawm tum hram hram ila, kan chhungkua chu kan lo hlim tlang ngeiin a rinawm.

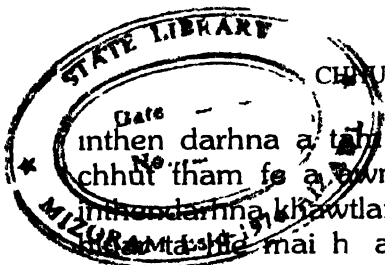
## BUNG - 7

### FATE ENKAWL CHUNGCHANGAH

*"Naupang chu a kalna awm kawngah chuan  
zirtir ula, A upat hun pawhin a thlah loving"  
Thufingte 22 6*

Naupang enkawl hi thil pawimawh tak, harsa tak si a ni a, kan Pathian lehkhawbawh ngei pawh hian hmun tam takah naupang enkawl pawimawh zia kan hmu a ni Heng Bible chang - Genesis 33.5, sam 172.1-5, Thufingte 17:6, 23·13,14, Deuteronomy 6 7 leh hmun dang tam takah kan hmu a ni Naupang enkawlinaah hian Pa hi patlin a har em em a, chutiang bawkin Nu hi nutlin a har hle hian ka hre thin Fa enkawl hi tih nama a ni lova, thiam a harzia hi mi tamtak hrilhfak pawh niin a lang a ni *(Kei pawh a thiamlo hlei hlei ka ni a, ka zir ve mek zel a, mahse keimah ang a, he zirlai zir ve mekte tan engemaw zawng tal a alo tangkai theih beiseiin ka han ziaak a ni. ka hlawhtlin tawh vanga ziaak ka ni lova, ka zirlai mek ve tho a ni).*

Tunlai khawvel hun inher danglam zelah hian Kohhranah leh khawtlangah inngirngghona leh



inthen darhna a tih ta hle a, hei hi a chhan  
chhut tham fe a awm a ni. Heng buaina leh  
inthen darhna khawtlanga awm sualbawlnate alo  
inthen darhna mai h a intanna chu chhungkaw  
inenkaw! fel tawk loh vang niin a lang a ni Tun  
laia K.S kan tih tih ang te, Drugs vanga mi ang  
mang lova chang tate, Kohhrana buaina  
chawchhuaktu te hi an pian leh murna leh an  
inchhungkhur dinhmun han chhut chiang ta ila,  
chhungkaw duk dak vaklo leh mumallo atanga  
lo chhuak an ni duh hle mai a. Nu leh Pa  
mumallo leh sum leh pai harsatna avang te, sum  
ngah lutuk (*thianglim lo taka lak luh*) avang te  
mahni thu duh lutuk avang te, naupan lai atanga  
enkawlina tha dawng tha tawklo te leh kohhrana  
nihna duh lutukna te hian Kohhran leh  
Khawtlangah harsatna an siam duh deuh berin a  
lang Han chhut chian chuan chhut fuh fe fe tur  
tam tak an awm a ni Hei hian chhungkaw enkawl  
chungchanga Nu leh Pate pawimawh zia chu a  
tilang chiang hlein a lang.

Naupang enkawl dan chungchang sawi dawn  
chuan nau an lo pianchhuah hma, Nu  
pumchhunga an awm lai atanga tan a ngai dawn  
a ni

## NAUPAI LAI

Nu-in nau a pai tih a inhriat velah tih tur  
pawimawhte a ngaihtuah vat vat a tul a ni Nau  
i pai tih i inhriat veleh i naupai chu Pathian  
hnenah hlan nghal la, chu chu naute alo

pianchhuah hunah pawh kawng hrang hrangin a  
thatna i hmu zel ang I nau chuan Pathian tihna  
alo pianpui nghal thei a ni

Nau pai lai chuan Nu chu a theih ang tawkin  
a intihlim tur a ni a, Nu hlimlo tak fa chu a  
tlangpuin an hmel a chhe duh deuh bik niin a  
lang. Nu pakhat chuan fa pali lai a hring a, a fa  
upa pahnithe leh a naupang berte chu hmeltha  
tak tak leh duhawm tak tak an ni a, a pathumna  
erawh chu a hmel a chhe bik em em mai a, a  
unau dangte a tluk lo bik em em mai a Engtizia  
a a fa pathumna chu chhe em em bik nge anih  
ka zawt ta rawih mai a Chu Nu chuan heti hian  
min chhang a, *"Ka fa hmasa pahnih leh a te ber  
ka pailai chuan kan chhungkua kan hlim tlang a,  
mahse, a upa lam atanga pathumna ka pai lai hi  
chuan kan pa-in zu leh sa a uar em em bakah  
nula ngaihawng a nei reng bawh a, rilru hlimna  
reng reng ka nei lova, kan Pa chuan min vaw  
reng mai bawh si a, ka naupai lai pawh chu  
dama ka hrin pawh ka inbeisei lo reng reng a,  
mahse hei Pathian zarah damin alo piang chhuak  
ve a, a hmel erawh chu a unau dangte tluk lovin  
a awm ta anih hi,"* a ti a He Nu thusawi hi ka  
awih zawng tak a ni Naupai laia hlim tak a awm  
a tul ziate min hriat chhuahtir hle a ni Hetiang  
avang hi anih dawn hi Nu leh Pa tha vak biklo  
te hian fa tha deuh deuh an hring a, Nu leh Pa  
tha deuh deuhthe pawhin fa tha lutuk bik lo,  
bingbawlawl te te te anlo hrinchhuah thin ni tiin  
ka ngaihtuah chhuah phah ta a ni Naupai lai  
chuan Pa pawhin Nu naupai chu hriatthiam a,  
chaw eitui lo, luakchhuak leh thinchhia pawh

hriatthiam hram hram tur a ni. Naupai lai hian thil ngei bik neih a awl viau mai leh nghal a, mi thenkhat phei chuan an pasalte an ngei duh viau bawk. Pa chuan heng zawng zawng hi hrethiama a nupui raipuar lai chuan a dawhtheih ve pawh a tul hle a ni.

Naupai lai chuan Nu leh Pa chuan pum chhunga naute chu lungrual takin Pathian hnenah an hlan fo a tul bawk a ni Tin, Bible chhiar leh tawngtai uar a ngai bawk a, tichuan naute chu alo pianchhuah hunah Pathian thu chu alo pian chhuahpui ang a, chu chu a nunah alo langchhuak ang a, alo thanlen hnu pawhin amahah hmuhtheihin alo parchhuak dawn a ni

Tin, naupai laiin ei tur tha ei tam hi nau tan leh Nu tan pawh a that em avangin harsa deuh leh tui tilo deuh chung pawha ei luih hram hram a tha. Hei hi Doctor-te thurawn a ni fo bawk a ni. Insawizawi hi Nu leh naute tana thil tha tak a nih avangin hna hahthlak lutuk thawk lovin insawizawi fo a tha. Inchhunga chet velte pawh tul manglo thlenga tih luih hram hram a tha hle a ni.

Tin, naupai laiin a zing thei ang berin Doctor rawn ni sela, Doctor hran hran rawn lovin rawn bik neih nise, chu chu thil tha tak a ni bawk. Tichuan, Doctor-in alo chawh damdawi tha leh eitur thate chu tha taka ei chuan Nu leh naute hriselna alo tha anga, chu chuan naute lo piang tur pawh chu hriselna tha tak a thlen thei thin a ni. Doctor rawn tur awm lohna hmunah chuan

nurse emaw, damdawi lam thiam mite rawn fo a tha

Taksa faina leh thianghlamna hi a pawimawh em em bawk Naupai lain taksa pum pui a fain a thianghlam reng tur a ni a, ha leh ka tihfai reng hi a tul em em bawk a ni Ha a fai reng loh chuan nau a pian hlimin khawsik a neih phah thei a ni

Natna inkaichhawn theih chi reng reng chu naupai laia vei a hlauhawm a, chutiang nei chuan damdawi hmanga intihdam thuai tur a ni

Tin, naute chu Pathian malshawmna ani tih hre reng chungin pumchhunga ala awm lai atanga Pathian hnena lawmthu sawi leh hlan fo hi nupa tih tur diktak a ni Kan Bible-in min hrilh angin *"Ngaitheh, fanaute hi Lalpa laka kan rochan an ni a, ril a rah hi A lawmman min pek a ni"* Sam 127 3

Naute pian hun tur ni chiah hriatsa thei loh mahse, Doctor te'n naupian hun nia an rin min hrilh ang chu hre rengin hemi ni hma hian naute alo pian chhuah veleh a, a mamawh tur amah tuamna tur puante, hren te, leh kawr hak leh phelh awl chi te, thawmhaw lum chi sukfa a thleh that sain Suit-case-ah emaw inring sa diama dah hi a tha Hetianga Nu alo inrin sa chuan nau a vei hun a a pum alo nat veleh naute thawmthaw remthat sa chu khaichhuah a damdawi in lam pan mai theih a ni a, a awlsam bik hle a ni.

Naute lo piangchhuak chu Pathian kuta

mihringte kan awm pumhlum ang hian Nu leh Pa te kutah a awm pumhlum a ni Chuvangin alo pian tirh atangin Pathian hnenah lawmthu sawi a, naute chu Pathian kuta hlan hi ringtute tan chuan tihmakmawh a ni Nu leh Pate chu kan fate enkawl tura kan tlin loh em avangin kan fate chu Pathian kuta hlan fo a tul em em a ni. Keini Nu leh Pate chu Pathian hmanrua chauh kan nih avangin kan fate enkawltu diktak chu Pathian a ni tih kan hriat reng a tul a ni

Rabindranath Tagore-a chuan "*nausen reng reng anlo pian chhuah hian thuchah ropui tak an rawn keng a, chu chu Pathian hi a mihring siamte chungah a lungawi a ni tih thuchah rawn kengin nausente chu anlo piang chhuak a ni*" a ti a Nausente hian chhungkuaah hlimna ropui tak an rawn thlen thin a ni

Nausente hi an mak reuh hle mai Te reuhte, thilsiam pawimawh tak si an ni a Te reuhte ni si, mahni thu duh tak, hlimna mak tak thlentu, a changa buaipuiawm tak si an ni. Nausen chu kan pawmlaia ama duh dan dan a a awm avangin kan beidawng tur a ni lo Amahah chuan beiseina thuk tak kan nei zawk tur a ni. Kan beisei anga a thang chaklo emaw, thil a thiam chaklo anih pawhin beidawng hauh lovin, uluk takin thil kan zirtir anga, a zai kan ngaihthiam a tul hle bawk a ni. Nausen chu a pianto a fuhlo deuh nia kan hria a nih chuan Doctor hnenah te pawh entir mai tur a ni. Nausen chu Pathian malsawmna kan dawn a ni tih hre rengin a mahah leh Pathianah lawmthu kan sawi fo thin tur a ni.



Fatir chu alo pian leh a awm dan a zirin a enkawl dan tur chu ngun taka ngaihtuah tur a ni A nau lo piang leh zel turte entawn tur ber a nih avangin fatir chu enkawl ngun bik a ngai a ni A tlangpuin fatir alo pian chhuahin a hringtute'n kan buaipui bik hle thin Fa pahnihna atang hi chuan a tlangpuin fatir kan buaipui ang em em chuan kan fate kan buaipui nep deuh thin Kan fate chu kan hmangaih em avangin thil engkim mai pek duhna kan lo nei a, duat sual pawh hlauhawm tak a ni Fatir enkawl hi tu Nu mah hian a tir atanga hnehsawh tak an awmin a rinawm lova Naute hmel han hmuh chuan mi thar leh duat ngai ngawih ngawih a ni tih a lang nghal mai a, han duat dan lah thiam a har bawks Mi thenkhat chuan kan fa upa berte pian hlimin an hritlan hlauvin pawnah kan pawm chhuak phallo reng reng a, loh theih loha chhuahpuia ngaih pawhin shawl chhah tawka khuh a, a thawkna tur tawk leka ti kua-in, pawn boruak hiptir hi kan hlau hliah hliah mai thei a, thla ruk, thla sarh an nih thlengin hetiang hian ka ti thei a Mahse, naute chuan hritlang an man hma em em zawk ang Hetiang hun lai hian experience lo nei tawhte rawn hi thil tha tak a ni, mahse Dotor-te rawn erawh chu hlamchhiah loh tur a ni

Mihringte hi kan vannei hle Naute enkawl dan thlengin zirtir kan ni zawk a, ransate hi en ta ila, an fate enkawl dan tur pawh zirtir an ngai lova Mihring, Pathian thilsiam zawng zawng zinga chungnung ber hian zirtir kan ngai tlat mai hi a mak viau va, amaherawhchu kan changkanna tilangtu a ni ve tho bawks

A enga pawh chu lo ni sela, nausen leh an lo len deuh hnu pawha enkawl chungchangah hian a bulpui ber chu Pathian a ni a, Nu leh Pa te chu Pathian hmanrua mai kan ni tih hi kan hre nawn fo tur a ni

Nausen enkawl tur hian thil pawimawh zual pahnih a awm a. Chungte chu - faina leh hunbi neih hi a ni Nausente hi an fai tawh reng tur a ni. Chu chuan hriselna lamah a tanpui thei a ni Naute chu nitin buala, thil ei hun leh inbual hun, mut hunbite siamsak vek hi a tha a, Nu tan pawh a awlsam em em bawh a ni Naute bual nan chuan tui lum pip pep hman a tha a, naute tan pawh a nuam bawh a ni A ruh chuktuah inthlep lai te, a kumkarte uluk taka tih fai fo tur a ni. Naute chuan hritlang a chhar mai loh nan rei lutuk bual loh a tha. Naute chu bual zawh veleh hruk hul thuai thuai a, Olive oil emaw Powder emaw hnawiha thawmhnaw fai leh ro tha tak haktir thuai tur a ni Tin, a in tihhuh apianga a thawmhnaw thlakna turin thawmhnaw hul inrin reng a tha bawh a ni.

Naute chu hunbi dik tak neia enkawl a nih chuan hriselna lamah pawh a tanpui em em a ni. Naute chuan a hun pawimawh - ei hun, mut hun, infiam hun leh ek hun thlengin a hre hrang ve thei a ni. Naute hunbi siamsak loh chuan inthlahdahna a thlen a, thinchhiatna leh ngaihsamna an neih phah duh hle a ni. Naupang hlim thei takte hi a tlangpuiin enkawlina dawng tha an ni duh hle.

## NAUPANG THANG LAI ENKAWL DAN

Nausen, a Nu leh Paa inngnat tlat leh amaha alo inngnah ve dan hi thil in anglo tak a ni Naute chu alo vak thei a, amahin alo intibal a, chutih hunah chuan fai taka awmtir reng chu thil harsa tak a ni Amaherawhchu thil tul tak a ni bawksi. Naupangin tawng a zir lai leh hriatthiam an tum lai hun hian Nu tan mawhpurhna a sang leh zual a ni

Nu chuan naupang khawsak dan chu a zir a, a hriatthiam a tul hmasa ber a ni Naute chu chhuatah alo vah a, alo intihbawlhhlawh theih hun hun chu ama tan chuan a zalen ve tan hun a ni a A kut kete chu tihchet a duh ve thin a ni Tichuan, a theih ang ang leh a remchan dan ang angin a tiche ve ta thin a, hetiang hunah hian a duh ang anga a awm a, a tal vel chu khap hauh loh tur a ni Chhuat laiah te chuan vah tirin amahin tal hrang sela, alo balh chang pawhin bal lutuk a nih loh chuan ngaihzam chin deuh neih mai tur a ni Amaherawhchu tawk chin siamsak an ngai thung a ni An hmuh apiang an ei duh mai thin avangin chhuat laiah chuan thil bawlhhlawh leh hriam, naupang tana hlauhawm tur ang chi reng reng awmlo sela, a tha bawksi

Naute chu chhuat laia alo vah theih tan hunah chuan a kutpah leh khupte, a kephahte alo balh khak lutuk lohva, thil hriam leh thil zum tea, a intihpalh loh nan kut kawr lianpu, a kut zungtang a duh tawka a tihchet theihna tur tawksi leh kekawr pawh puan tha lemlo, chhah deuh chi sei deuh

pui, chhuat laia a vah vel pawh a a kephah pel zana sei haktir hian an kut leh ke bal khak lutuk tur leh intihpalhna lakah a veng thei a ni

Naupang hmaa thil dah tur leh dah loh tur chin chu fel takin Nu-in ruahman vek a ngai bawh a ni. Naupangte chuan an thil hmuh leh an hriatte chu an lo len hnu thlenga an hriat reng thin avangin hemi kawngah hian fimkhur a ngai em em a ni Vawi khat pawl a khawih atangin khuahkhirh dan tawh neih a tha A pawikhawih chu ama hnenah ngei chiang takin vin hauh lovin a pawizia leh tih tawh loh tur a nih zia zaidam taka i hriih chuan a hre reng mai ang

Tin, naupang chuan duhzawng leh duhloh zawng anlo thliar thiam tan ve a, chutah chuan a duhzawng chu tihtheih a nih vek loh thu hriih ngun a ngai a ni Chutiang hriatthiamna alo neih chuan a mamawh chin thliar thiamna alo nei ve mai ang Hetah hian Nu kan nihna ang takin thil kan rel thiam a pawimawh a ni

Naupang chu fel leh fai taka awm a tulziate zirtir reng tur a ni bawh. Thil reng reng ama thil leh midang thilte dim leh duat taka enkawl tura zirtir bawh tur a ni.

Tlema alo changkan deuh hnuah chuan ama thawmhnaw leh in awmlamna te, anmahni hmun theuha dahte zirtir ve tur a ni a. Tichuan, a mawhphurhna chin alo zirin alo hrethiam chho ve zel ang.

**Entirman:-**

Thawmhaw inthlak, pheikhawkhruì suh leh thil dangte naupang fak chung zela zirtir a tul bawk a ni Thil zirtir lai reng rengin naupang fak pah zel hi thil tangkai tak a ni

Naupang tan pheikhaw bun lova kea kal hi tha fu mah se, a theih anga tama pheikhaw an bun a tha Amaherawhchu, pheikhaw chu naupang bun tawḵ thawl lam ni thei sela a tha Pheikhaw tawt an bun chuan an ke a ti thang tha thei lova, hriselna atan a thalo bawk a ni Tin, naupang pheikhaw bun tur chu pheikhaw zangkhai deuh chi a tha ber a, pheikhaw rit chuan ke a tichaklo vek thei a ni Tin, pheikhaw keartuisang chi hi naupang tan a thalo bawk a ni

Naupangin a mit alo sawisel chuan ngaihthah hauh loh tur a ni A rang thei ang bera Doctor rawn ngei ngei tur a ni Hetih laia ngaihthah hian damchhunga mit chhiatna a thlen thei a ni Naupangte hian sikul an kal tirh hian an mit an sawisel duh hle Naupangin an mit an tichhiat hlen theih avangin an infiamnaah pawh fimkhur tura zirtir fo an tul thin a ni

Naupang hriselna atan mut hi a pawimawh em em a, tui taka mu tur chuan mutna nuam tak a ngai bawk a ni A awngphah chu rawng dal lam, zang deuh chi, lum tawḵ chauh ni sela a tha. Tin, naupang chu a mut hunbi siamsak ni sela a tha a, hei hi Nu tan a hahdamthlak em em a, chu bakah naupang tan a tha hle bawk a

ni. Naute chu a mut hma minute nga vel emaw tal chu a Nu kiangah awm thei sela chumi hnuah chuan mu turin buatsaih ni sela a tha a. A Nu kianga a mut hmaa hun alo hman hlek chuan thlamuang takin a mu anga, a mut pawh a tui bik ang.

Mithiam thenkhat chuan naupang kum sarh chin hnuai lam chuan zanah darkar 12 mut an mamawh a, kum 8 - 12 tan darkar 10 emaw 11 emaw, hemi bakho tan chuan darkar sawm tal mutthilh a tha niin an sawi thin. Chaw ei hun naupangin an nghakhlel ang maia mut hun an nghah hlelh a tul a ni

Naupangin mut an nghahhlelh theih nan Nun emaw Pain emaw Pathian thute, thawnthu tha leh zirtir tha tak tak neite hrilh thin a tha Hetiang huna an thil hriat hi an theihnghilh har em avangin thu duk daklo/ thawnthu phuahchawp mai maite hrilh loh tur a ni. Hetih hunah hian naupangte rilruah missionary rilru a tuh thei daih a ni tih hriaa thu tha chauh hrilh tum tlat a tha hle

Nu ber mizia leh khawsak dan chu a faah a lang chhuak thin a Nikhat chu naupang inkhualtelem lai ka hmu a, an zinga pakhat chu Nu lemah a chang a, a fate (a thiante) chu a hau va. A hau thiam hle mai a. A han ang vel te pawh chu puitling ang maiin a ang hlarh hlarh mai a, mak ka ti khawp mai a. Chu chu tu nau nge tih ka han hriat chuan Nu tawngthei leh an thiam tak fanu alo ni reng mai a. Ka ngaihtuah chhunzawm zel a, chu naupang chuan a Nu an

dan alo zir anih hi ka ti ta a Hetiang te teah hian Nute hi kan pawimawh tak meuh meuh a ni. Kan fate hian ngawı rengin kan awm dan anlo zir zel mai dawn alo ni Chuvangin, naupang enkawl hi uluk em em tur alo ni I fa alo dam lohvin amah enkawl chu hna berah nei la, duat taka i enkawl na chu i fa tan chuan damdawı tha tak a tling thei a ni Tin, kan natnate tidam theitu chu Pathian a ni tih hria a, Pathian hnena tawngtai sakte, amah ngeı pawh tawngtai dan zirtir nghal ni se, chu chu alo puitlin hnu thleng pawhin a vawng reng ang

Tin, inchhung leh a vel chu naupang tan a him tawk tur a ni Naupang chuan atana tha leh thalote, hmun him leh himlote ala thliar thiam lova, Nu leh Pa-ah a inghat pumhlum a ni tih hre reng chung a enkawl tur a ni Hetiang hun laia vawn fimkhur an nih loh chuan damchhunga rual banlova awm theihna a nih avangin naupang himna tura thil ngaihtuah sak hram hram a tha Tin, mei leh electric thil reng reng chu naupang khawih phak lohva dah emaw, siam emaw nise a tha Tui sa reng reng pawh naupang khawih phakah a awm tur a ni lo Naupang chu meın a kang thei tihte leh thil hriamin a at thei a ni tih hrih fo tur a ni Hetianga theitawpa Nu leh Pate'n kan enkawl chung a an la intipalh anih chuan Pathian thu a ni tih pawmin tumah dem tur a ni lo

Naupang chu a tet lain amahin khawlaiah kal tır hauh loh tur a ni I lennaa i hruai ve anih pawhin kea in kal anih chuan a kutah nghet taka

chelh a, motor kal lohna lamah kaltira kaih thin tur a ni. Anlo len deuh hnuah pawh thil tul pawimawh tak a nih loh chuan anmahnia kal chhuahtir mai mai loh hi thil tha tak a ni. Thil tul taka an kal chhua a lo ngai a nih pawhin kal kawnga kal dan tur te, mi tawh dan tur te, motor tawh dan tur te, kawng kan dan tur te hrihl lawk vek thin a tha Tin, a hun taka ina haw leh tura hrihl baw tur a ni. Naupang chu a thiante zinga tihtauh chinglo tur tein zirtir fo tur a ni. Tichuan, naupang chuan kan zirtirna a pawm chuan mi zinga khawsak dan tur te alo hria ang a, amah a inring tawh anga fel takin thil a tithei dawn a ni

Tin, naupangte hi an tet lai atangin tihthaih chin loh a tha hle. An tap thlemna atante thil eng eng emaw tihthaih kan ching thin a nih chuan thil thalo tak a ni An tap chu lo bang se kan duh a nih chuan an duhzawng eng emaw ngaihtuhsak mai zawk ila a tha Hlahu an neih avanga an tap anlo bang mai emaw thu an awih nana thil hlahuawm thei ang tur dawt vek nisi kan sawi fo hian kan fate chu anlo thanlen deuh hnuah pawh anlo dawih ang a, hlahu anlo neih phah thei dawn a ni. Anlo dawih viau chuan Nu leh Pate kan mangang leh lawi si thin a, hei hi thil thalo tak a ni. Naupangte'n an hlahu ber tur chu thim leh thlahrang tih vel mai mai ni lovin, kan thlarau tihlum theitu setana duhzawnga awm hi a ni tih hriattir tur an ni zawk.

Tin, naupang chuan tawng a zir hma deuh atangin thil a hria a, tawng pawh a hria tih hriat



tur a ni. Chuvangin naupang tawng zir lai kiangah tawng fimkhur a ngai hle a ni Naupangin tawng a zir lain putling anga tawng fiah pangngaia biak thin hian an tawng a fiah hma bik thin a ni Tin, naupang hriatah tawng inthlahdah hauh loh tur a ni a, tawng chaltlai tak ri an hriat fo chuan tih dan tur pangngai emaw tiin tawng chaltlai an rawn hmang chho ve mai dawn a Hei vang hian "*i chhaw, i mawl, Zawngi, Zawnga*" tih angte leh tawng zahmawhte hman loh hram a tha An tawng theih hupa an sawi ve atana kan duh loh chi reng reng chu naupang hriatah sawi loh tur a ni Putling kianga awm ang maiin naupang kiangah kan tawng fimkhur a ngai a ni

Naupang mithmuhah reng reng insiamchhiat te, lei chhuahkhum te, mit men ran vak vakte leh awmdan mawilo chi hrang hrangte hi tih loh hram a tha hle bawk a ni

Naupang chuan mi thil pek a dawnin ama kutin a dawng tur a ni lo Naupangin mi kut atanga thil an lak mai hi thil mawi a ni lova, chuvangin, miin thil an pek reng rengin putlingin dawnsak a, chumi hnuah naupang kuta hlan chhawn leh hi thil mawi leh tha tak a ni bawk Tin, mi thil dil zirtir hauh loh tur an ni bawk a ni Chutilochuan mi hran hran hnenah zahna nei hauh lovin thil an dil thin anga, nangmah ngei pawh anla ti zak fo ang che Naupangte chu kan thingpui in bangte pek chin loh a tha bawk Hetianga pek kan chin chuan mi ina lennaah te leh inleng neih chang pawhin a dan turah an ngai ang a, Nu leh Pa tan a zahthlak duh em em

a ni. An la tet zuallai chuan thingpui pek lohva, thingpui hi naupang in chi a ni tih hre lo khawpa awmtir tum hi Nu leh Pa tan pawh a zangkhai thlak em em a ni. Tin, puitling ngaihdan ang lova, naupangin thil an tihpalh changin ngawihsan emaw nuihsan emaw mai lovin thil tha zawk tur chu zirtirna hun remchangah hman hlahh tur a ni. Hetiang huna kan nuihsan emaw kan ngawihsan mai mai emaw anih chuan naupang chuan thil thalo leh mawilo a ni tih hre lovin tih dan tur pangngai emaw tiin kan lawm zawkah a ngai ang a, a sim ngai lovang

Naupang chu eng emaw hunah chuan a Nu leh Pa hmuh phak lohvin na anla tuar thin dawn a ni tih zirtir fo tur a ni. Amah chauhvin harsatnate ala tawkin, ama duhthlannate, ama remruatnate, a Nu leh Pa tel lovin ala hmang thin dawn a ni tih zirtir tur a ni a. Chuvangin naupang chuan tuarchhel an zir a tul a ni. Naupang zirtir kawngah hian fimkhur a ngai a, thinrim chung a zilh te hi tih hauh loh a tha. Amaherawhchu, kawhmawh anlo bawl anih chuan, a tul dan ang zela kutthlak pawh hreh hauh loh tur a ni thung. Naupang thil tha kan zirtir lai leh a kawng kan kawhhmuh laiin titak hmel puin zahawm takin, thinrim hmel pu hauh si lovin, lungngai hmel pu takin kan zilh tur a ni. Naupangte hi namnul mai mai tur an ni lova. A theih hram chuan hlim hmel pu taka enkawl ni sela, an puitlin thlengin mi hlim thei anlo ni ngeiin a rinawm.

Kan lenchhuah dawn leh naupang mut dawnin thinur hmel kan pu tur a ni lo. Tin, naupang

lengchhuak tur hmuhah pawh hlim hmel kan pu hram hram tur a ni Chutilochuan kan fate chu an va len chhuaha thian an va kawmnahte an rilru chhungril a hlim thei lovang a, ina hawna Nu hmel hmuh pawh an chak loh phah dawn a ni.

Kan fate chu naupang an nihlai, an Nu leh Pate kuta an inngah pumhlum vek lain Pathian thutiam hre reengin an hun tha kan chuh thiam a pawimawh a ni Naupang chu kum sarh an tlin hmaa theih tawp kan chhuah chuan an damchhunga an awm dan tur a kaihrui thei dawn a ni Sap thufing pakhat chuan , "*naupang kum 13 mi chu i umpa ngai lovang* " a ti a Kum 13 atang chuan tleirawl rilru anlo pu a, siamthat an har tawh em em thin a ni

Kan fate hi Lalpa hmaa kan din hunin kan hmuh phak lohah an lo awm palh ang tih a hlauhawm em em a ni. I fa enkawl nana i hun i hmang chu hun khawhralah inngai hauh suh ang che Hun i hmang tha a, hun hlu leh tangkai takin i hmang zawk a ni tih inhre reng ang che I fate i ngaihsakna avanga sawisel ilo hlawh a nih pawhin i hlepah ngai ang che I fate chu mi fate aiin an fel biklo a nih pawhin i ngaihven em em chung pawha chutiang anlo nih chuan lo ngaihven tha tawklo phe i la chuan tuna an dinhmun ai khan an dinhmun tur chu ala chhe fe dawn a ni tih hria la, i fate tana hun i hman thatzia chu hrechiangin inchhir hauh suh ang che.

Fate enkawlnaah hian mihring nunphung tha theih tawpa zirtir bakah an thlarau nun kan kaihhruai ngun hi a tul hle a ni Kan fate chu Pathian thu an hriatthiam zawngin uluk takin hrilh fo ila, Pathian chu min hmangaihtu, engkim min petu, kan natna tinreng tidamtu leh kan thlarau chhandamtu a ni tih hi kan hriattir fo a tul a ni An rilruah tuh tlat i tum ang u I fate chu chhungkaw inkhawmnaah te an phak tawh ang te tea chanvo pek thiam hi thil tangkai tak a ni Anlo len hnuah hei hi an tangkai pui em em thin a ni

Naupang chu alo thanlen zia ang zelin enkawl dan pawh tihdanglam a tul ve a ni I fa chu a tih theih tawh tura i tukah nangmah ngei pawh i dingnghet tur a ni. Thil ti tura i tih chu a ti ngei tur a ni a, a ti ngei em tih pawh endik fo a tul bawh ang. "Ni lo" i tih chu a nilo mai tur a ni a Chutiang bawkin "Ni" i tih chu a ni mai tur a ni bawh a ni I fa hnen a i thusawia i dingnghetlo thin a nih hlauh chuan nangmah ngei pawh a namnul chho tulh tulh ang che a, luhlul leh thuawih loh a zir chho zel bawh ang. Naupang thenkhat chuan an Nute'n an remtih loh hnu pawhin an dil ngut ngut a, chutah Nu thenkhat te'n an fate khawngaihin anlo tihsak leh mai thin a, chutiang Nu leh Pate reng reng chuan an fate an thunun tak tak thei ngai lo a ni. An fate thunun a hnehin an fate'n an Nu leh Pate an thunun let zawh thin a ni. I thusawiah i dinngah a tul avangin i thiltih leh i thusawi tur chu ngun taka i ngaihtuah hmasak a ngai a ni.

**Entirnan:-**

I leng chhuak tur emaw, i Office kal tur emaw i fain alo ngen che a, tichuan i fa thlem nan sweet hawn sak turin ilo intiam ta a I fa chuan i kalbo hlan chuan thil hawnsak tura i intiam kha a rilruah a vawng reng a, i lo haw hun a lo nghakhlel em em a, mahse, i hawnsak ta si lova, a hrilhai em em a, a beidawng bawk a Nidangah chutiang bawk chuan alo ngen leh che a, nang pawh chuan sweet hawn sak turin i han insawi leh ta a Mahse, a hmaa i hawnsak loh tawh kha hre rengin i thusawi chu a ring zo talo che a, i thlem bang zo ta lova Hetah chiah hian i thusawia i dinngheh a tulzia a lang Chiang ta em em a ni I tiththeih loh tur tihsak tura i fa hnena i intiam fo chuan nangmah a ringzo ngai dawnlo dawn che a ni Chuvangin ti tura i intiam tawh reng reng chu i tihsak ngei ngei a tul flat a, hetiang a i tih fo chuan i fa chuan a ring em em ang che Tihsak tura i intiam tawh i tihsak loh fo chuan i fa chu i hriat loh vah dawtsawi i zirtir alo ni mai dawn a ni Chuvangin kan thutiamah kan dingnghet ngei tur a ni I thutiama i dinngheh flat chuan i fa pawhin a zah phah em em ang che.

Naupangte hi mi nun zir mi an ni a, i fa chuan i thil chin thinte leh i khawsak ziate chu a rawn zir ve ngei dawn a ni tih hre reng ang che I faah chuan i awmdan chu a lang chhuak dawn a, I fa nungchangah chuan i mizia a lang Chiang zawk dawn a ni I awm that chuan i fa chuan a rawn chhun ngei ang che tih a rinawm Naupangte

hian an Nu leh Pate hi an ngaisang em em a, an thiltih leh mizia zawng zawng an rawn zir chho ve thin a ni. An sawi fo thin angin sawi aiin chet danin thu a sawi ring zawk a ni. Amaherawhchu naupang danglam tak Nu leh Pa chhun hauhlote pawh anlo awm thei bawk thin. Hetiang hi thil thleng thei anih avangin Nu leh Pa thenkhat fel leh tha tak takte pawhin fa fel vaklo anlo neite pawh hi dem tur an ni hauh lo a ni. Naupang siamthat theih hauh loh anga langte pawh hi an awm ve thei tlat a ni.

Naupangin thil hriat chak zawng a zawh chein i chhan hmain ngun takin ngaihtuah phawt la. A zawhna i chhanna chu a rilruah a cham reng dawn a, chuvangin, uluk taka i chhan bakah awm dan tha nia i hriatte hrih fo thin bawk ang che.

Tin, naupangin thian lengte i kawm laia an tihbuai che chuan vin mai lovin a thil duh emaw, a zawhna emaw chu tha takin chhang la, a kiang mai ang. Tin, naupang chu thutthlenga alo thut laia inleng an lo kal chuan thutna kentir thin hi thil mawi tak a ni.

Tin, bazara kalin naupang te zualte chu hruai loh hram a tha. A chhan chu an duhzawng anlo ngen buai ve thin a, hei hi thil mawilo tak a ni. Naupangte chu loh theih loh thil avanga ilo hruai ve anih pawhin a duh thlantir lovin, an mamawh zawng nia i hriatte chu lei sak zawk thin ang che. Naupang lian deuh tawhte erawh chuan an duhzawng kherlo chu thawmhnaw pawh an inbel

duhlo thin a, chuvangin hriatthiam chin neihve te pawh a ngai bawh a ni. Kan fate kan enkawl naah hian kan fate'n anmahni kan hmangaih a ni tih an hre phawt tur a ni a, kan hmangaih tak tak a ni tih an hriat chuan kan thu pawh an awih deuh ngei ang

Naupang chu kan sawi tawh ang khan thil zirmi an ni a, chuvangin accident tawh palh pawha buai mai lova, thil tih tur an hriat theih nan kan zirtir ngun fo an ngai a ni Entirnan - Na taka an intihpalh chuan putling koh vat tur a ni tih zirtir tur a ni Hengte hi naupang an nih chhunga vawikhat mai hrih a tawh lo va, vawit tam tak hrih nawn fo tur a ni

Naupangte chu fak lawm tak an nih avangin an thiltih that te tham deuh te pawh hriat saka fak mawh mawh an ngai thin a ni

A tlangpuin mipa naupangte chuan inchei ngai vakin an hre thin lova, chutianga i fa alo awm chuan a incheia a naih tur ziate hrih mawh mawh la, inchei chakna alo nei chhawm mai ang.

Naupangte hi an upat zia ang zelin an hnathawh tur ang tawhte hriatsak a ngai a ni.

### **Entirnan :-**

- 1) Kum 2 mi chu a inawmlemna thil te dah tha tur leh thutthleng tifa turin hrih ni se.
- 2) Kun 4 mi chu thleng silfa pui tur che in.

(*Hmeichhia anih chuan*)

- 3) Kum 6 mi chu a naute awm (Enkawl) turin
- 4) Kum 8 mi chu thil chhum dan zirtir theih a ni.
- 5) Kum 10 mi chuan la phiarte a zir thei ang
- 6) Kum 12 mi chuan chaw ei siamin thlengte a silfai thei ang. (*No. 2 atang khian hmeichhe tan bik*).

Mipa naupang pawhin a upat zia ang zelin a Nu leh Pate tanpui a zir a ngai a ni

I fapa chu hmeichhe thil leitir emaw, hmeichhe thawh ang thawk turin beisei lo la, mipa tihawm tak tihtir thin rawh. Chutiang bawkin i fanu chu mipa thil leitir emaw mipa thawh ang thawk turin phut suh ang che.

Nu chuan a fanu tereuh te chu nakin lawka a inchhung enkawlpuitu tur a ni tih a hre reng tur a ni Tichuan, inchhungkhur enkawl dan a phak tawh ang zelin i fanu chu zitir la, nakin lawkah ala tihahdam em em ang che. Entirnan- chaw chhum dan te, chhungkaw tana bazaar-te zirtir thin la, chu chuan nasa takin a chhawk ang che. Naupang te ni mah se, chhungkaw Nu ber nih dan te leh a mawhphurhnate zirtir fo thin ang che. Tin, heng bakah hian nauawm dan te, nau chaw pek dante zirtir fo thin ang che. Hetiang bawh hian mipa naupang pawh mipa hna zirtir an' tul bawh a ni



Tin, naupangte chu khawlai nun dan zirtir an tul em em bawk a ni Khawlai nundan zirtirna tha ber chu inchnungah a ni Inchnungah chuan hengte hi zirtir fo an ngai a ni

- 1) A hmasain i fa chu "*Table manner*" zirtir ang che Chumi hnuah "*Khawngaih takin*" tihte, "*Ka lawm e*" tihte a hman hun dik tak hrih ang che Mi dangte zah dan leh mi thil duat leh zah dan te zirtir bawk tur a ni
- 2) Tin, i fa chu midangte ngaihsak a tulzia leh a huna inngaihtlawm a tulziate zirtir fo ang che
- 3) Naupangte chu mikhualte duat dan te zirtir thin hi thil tha tak a ni bawk Hei hi thil pawimawh tak a ni Thenrual kawm zir nan pawh a tangkai hle a ni

Tin, i fate tihlim turin a khat tawkin nuhza fiamthu thianghlim thawh fo a tha Hei hian naupang a tihlim a, inchnung boruak a ti zangkhai thei a ni A tlangpuin naupangte'n ran an lawm em em a, chuvang chuan i fate pawh ran vulh chungchangah mawhphurhna pe ve ang che Mawhphurhna a chung a ilo nghah chuan i fa chu alo phur zual em em ang Ran hmangaih tak mi chuan a tlangpuin mihring chungah pawh hmangaihna an ngah bik thin

Naupang chu a Nu leh Pate chungah chuan a tlangpuin hetiang hian rilru a pu thin -

- 1) "*Ka nu leh pa te u, min duat lutuk suh u Ka*

*dil che u apiang hi ka nei theillo tih ka hre  
reng a, mahse, ka han fiah vel mai mai che  
u alawm" tiin rilru an pu thin.*

- 2) Ka laka in thu tihtlukah hian ding nghet tlat ula, chu chu ka thlamuanpui em em a ni
- 3) Thil chin thalo ka chinin sim turin min hrilh thin ula ka sim mai ang.
- 4) Midangte hmaa min sawisel fo ai chuan keimah a ka awm a, tha taka min hrilh hian in thu ka ngai pawimawh zawk.
- 5) Ka thiltih reng reng hi sawisel zello ula, chutilochuan keimah inhumhim nan in thusawi hrelo turin ka beng ka chhungawng tlat mai ang.
- 6) Ka thil hriat loh ka zawh chein tha takin min chhang thin ang che. Chutilochuan, midang hnen atangin chhanna ka zawng mai dawn a nia.
- 7) I felna leh thatna i sawi fo chuan i thiltih dik loh ka hmuh hunin min barakhaih lutuk ang e.
- 8) *"Ka hnena ngaihdam dil hi a tul hunah chuan hreh hauh lo ula. I dik lohnaa ngaihdam i dil ngat chuan kei pawhin ka ngaina sawt ang che".* Hetiang hi naupang rilru put dan tlangpui a ni.

Silhfen leh ei leh inah naupang te zualte chu

Nu leh Pa thuhnuaia kun tur an ni. Nu leh Pa thu ang angin an awm mai tur a ni a Naupangte thuhnuaiah kan kun tur a ni lo. Amaherawhchu naupang an inan loh avangin naupang thenkhatte chuan te tak te an nih atangin thawmhnaw hak duh bik te an nei ve thei a, hetiang alo nih chuan khauh taka nawr luih a tul lemlo Naupang chu kawrlum haktir i lo duh a, a hak loh chuan a damlo mai ang tih i hlau va, mahse, a ha duh chuang si lova, chutih hunah chuan engtinngae i tih thin le? Tap chung a haktir mai lovin, khawdur tak te emaw, ruahsur te emaw naupang chu entir la, naupang pangngai anih chuan amahin hak a tul a ni tih a hria anga, a hnial tawh lovang che

Tin, naupangte thusawi reng reng chu hmangaihna leh dawhtheihna nen ngaihthlaksak fo chuan, naupangte chuan mi an ngaina sawt thin Fate zinga duat bik neih hi thil thalo tak a ni Fate zinga duat bik kan neih chuan kan fate zingah ngei chuan inngeih lohna, in itsikna leh thil thalo tam tak a thleng thei a ni

Naupang chuan sawi tam ngai lovin an tibuai che a, nausen an la nihlai pheh chuan inchhungkhur hna pawimawh berte zing ami ni turin anlo piang chhuak a ni a Anmahni hian an Nu leh Pateah beiseina sang tak an nei a ni I fa avang chuan zan tam i mulo thin ngei ang. A damsam loh lai pheh chuan i lungngai hle thin ang a, a chang pheh chuan i fa chu lo pianglo law law sela, i hahdam deuh ang tih pawhin i inngaihtuah pawh a ni mai thei Mahse, chutianga i lo ngaihtuah a nih chuan i hriatloh hlanin tual

i lo that der tihna a ni ang. I fa chuan lungawi lohna alo neih a, alo tih beidawn viau lai che pawhin i fa kha i ta ni lovin, Pathian fa i lo enkawl sak ve mai a ni tih hriain dawhthei takin a siamtu hre rengin enkawl thin ang che I fa chu hmangaihna thuk tak nen i enkawl chuan buai leh hahthlak tak karah pawh hlim takin i enkawl thei ang.

I inchnunga i buai viau anih pawhin i hna hmasa berah i fa chu dah la, hna tul dangte chu nau mut hun atan dah that rih mai a tul fo ang Naupang chu fing tak leh zaidam tak, muangchangin a kalkawng chu zirtir la, dawhthei takin zirtir tum ang che Thingkung hi a tliah tawh chuan tih ngil that leh chu thil harsa tak a ni ang hian naupang nun a sual tawh chuan tihthat leh chu thil harsa tak a ni. Tin, fate enkawl tur chuan nupa tanrual hi a pawimawh em em bawh a ni I pasalin emaw i fa dik lohna alo zilhhau lai chuan i fa chu lo tan hauh suh ang che I hnena alo tlanchhia a nih pawhin a diklohma chu nangpawhin i duh bik lova, nangmah ngei pawhin i zilhhau a ngai a ni tih i fa chu hriattir bawh la. Tichuan a dik lohna chu hrechhuakin alo sim phah ve hlauh thei a ni. I fa chu a dikloh naah pawh i tan tlat chuan a sualna chu alo punlun tawlh tawlh mai dawn a ni. Chuvangin, naupang enkawl leh zilhhau thua hian englai pawhin Nu leh Pa chu tanrual tlat a tul a ni.

Tin, a theih ang angin kan fate chu thiana siam a, an kianga hun hman tam hi thil tha tak a ni Ti ti pui ve thin te pawh hian Nu leh Pate

min nel phah thei bawk a ni I bulah i fate chuan  
 fiamthu thawhin lo nui bawrh bawrh ngam sela,  
 an tan pawh a hlumawm ve em em dawn a ni  
 Naupang tawng tlem deuh bikte chuan an Nu  
 leh Pa bulah an mamawh an sawi mai mai ngai  
 lova, chutiang naupangle'n an sawichhuah  
 chhunte chu Nu leh Pa te'n ngaih pawimawh bik  
 an ngai a ni

Tin, Nu leh Pa tam takin kan tihsual fo thin  
 nia lang chu Christmas laia kan fate kan bum  
 thin hi a ni Hetah hian Nu leh Paten engtingge  
 kan fate kan bum tiin kan ingaihtuah mai thei  
 Thiltha ti vea kan inhriat laia kan tihsual fo chu  
 hei hi a ni Kristian zawng zawngin kumtir atanga  
 kan nghahhlelh em em thin Christmas alo thlen  
 hian kan fate tihlawm nan Christmas Putar-in (*Santa Claus*)  
 thil a pek theih nan zana an mutthilh  
 hlanah thlengah thil eng eng emaw kan lo dahsak  
 a, chu chu kan pek a ni tih sawi si lovin,  
 Christmas Putar pek angin kan fate kan hriih a,  
 kan faten dawt a ni tih hre hauh lovin lawm  
 takin anlo dawng a, Christmas Putar chu a awm  
 tak taka an ina lokala thilrawn pe ngei niin an  
 ring ta thin a, hei hi thil thalo tak a ni Kan Lal  
 Isua Krista'n tlawm taka kan tana Bethlehem  
 Bawng Ina alo pian champha ropui tak mai chu  
 kan fate hnena a hlutzia hriih nan hun tha anih  
 tehlul nen, kan fate bum nan kan hmang ta hlauh  
 mai hi thil tha a ni lova, lo ching tawh thinte tan  
 tih tawhloh ni sela a tha hle ang Kan fate chu  
 thil tha tihsak kan duh a nih chuan "*Christmas*  
*lawmnan hei hi kan pe che anih hi*" han ti zawk  
 ila, chumi hnuah Christmas hlutna leh a awmzia

chu ngun takin kan fate chu hrilh thin ta zawk  
ila, an tan pawh thil tangkai tak a nih ngei a  
rinawm.

Tin, khawi ilo an chhuah dawn reng renga an  
kalna tur sawi lova, an kal chuah hi thil thalo tak  
a ni bawk. In bul hnaitea an kal dawn pawha an  
sawi zel hian, Nu leh Pate tan pawh a ngaih  
ngamawm duh ve thin a ni. Kan fate kalna chin  
kan hriat zel hi eng emaw thulhah pawh a  
pawimawh hle a ni. Hetianga titur chuan Nu leh  
Pate chu naupangte entawn atana tan hmasatu  
kan nih a ngai bawk a ni Thil dang engemaw  
avanga kan lo tlai deuh dawn anih pawhin  
Telephone talin kan chhungte hnenah kan hrilh  
hi thil tha tak a ni..

## NAUPANGTE THIL VAWNTHAT SAK

Nausen chu vawikhat atan chauhvah, nausen  
an nih avangin anlo thanlen deuh hnua an hriat  
atan anmahni chanchin leh thlalak te vawnthat  
sak hi thil tha tak a ni. Hemi atan hian Baby  
Book siam la, chutah chuan an awmdan leh an  
thiltih te i chhinchhiahsak dawn nia. A pian ni  
leh thla bakah a pianna hmun te chhinchhiahsak  
la, a hming phuahtu hmingte ziaksak bawk  
ang che. Tin, naute alo nuih theih hmasak ber ni  
leh thla te, a thut theih hmasak ber ni leh thla te,  
a dina a kal hun te leh alo tawngchhuah hmasak  
ber te lo chhinchhiahsak la, heng bakah hian a  
awmdan danglam deuh leh a thiltih theihchhunte  
leh a tul dang nia i hriatte reng rengte chu Baby

book -ah chuan chhinchhiahsak zel la, nakina  
alo thanlen deuh hnu atan tha takin vawng thin  
ang che. Tin, chu lehkhabuah chuan naupang  
thlalak, a upatzia ang zelin tar tel bawk la Hei  
hian i fa leh nangmah ngei pawh nakin hnuah  
thil tam tak ala hriatchhuahtir ang che a, ala  
tangkai em em ang.

## BUNG - 8

### NU LEH PA - TLE IRAWL TEAH

2 Timothea 4:12 ah pawh, "I naupanna tumahin ngainep suh se; thusawi kawngah te, chetze kawngah te, hmangaihna kawngahte, rinna kawngah te, thianghlimna kawngah te ringtute tihhmughtu ni zawk ang che," tih kan hmu bawh a ni.

Tunlai khawvelah hian Kohhrante hian Nula leh Tlangval pawimawhna an hmuchhuak zel a Amaherawhchu, sualna a sosang tulh tulh bawh si. Tun hun ngeiah hian Nu leh Pate'n kan fate chu Kristian chhungkaw din dan tur kan thlirpuun kan zirtir ngun a pawh mawh em em a ni.

Tleirawl han tih hian a huam chin chu naupang kum 13-19-hi a ni deuh ber a. Tleirawl tam tak te chuan naupang chhe rilru an paih chiah tih atangin Biak Ina inkhawmte pawh tun hmaa an peih em em thinte pawh chu anlo duhlo tan a, hetihlai hunah hian thinur mai lovin, fang tak leh zaidam takin an tan a tha turte uluk taka hrilh fo an mamawh a ni. Thil pangngai anlo hlimpu thinah te chuan an lungawi tawh tawh lova, an



thil duhzawngte leh an Music ngaihtlak duhzawng te pawh chu alo dang chawh thin a ni. Thil thar leh an thil tih duh zawngin an rilru alo la peng thin a. Hetih hunlai hi Nu leh Pate tan a tul zual hunlai tak a ni. An duhzawng leh an ngaihtuah apiang te chu tha ber vekin an hria a, chu chu thil dik a nilo tih thiam takin hrilh fo an tul a ni

Tleirawllai hun hian an taksate a thanglian nasa a, chak ve tawh leh thiltithe ve tawh, fing ve tawh leh thil hre ve tawh niin an inhria a. An ngaihtuahnaa thil lolut apiang dik ber nia an hriat hunlai anih avangin, enkawl an har hun lai tak ani. Midangte mithmuha lan mawi loh an hlauh hun lai ber, mite nuhzat hlauh an hlauh lai ber a ni a. Khawlaia an kal lai te pawh hian midangte hian anmahni chauh en bik riau te hian an hre thin a, hei vang hian mi zingah an chet a khawh duh viau a ni. Tin, an pianzia te pawh a then chuan cher lutukin an inhria a, a then ve thung erawh chuan thau lutuk in an inhre ve thung bawh a, a thenin tawi lutuka an inhriat laiin a thenin sang lutukin an inhre ve thung bawh thin a, an pianzia chu an buaipui em em thin a ni. Hetiang hunah hian incheina te pawh an rualpuite neih ang neilo nih bik te an hlauva, hmeichhia an nih chuan rangkachak thi te emaw rangkachak bengbeh te leh tlereuh eng eng emaw neih ve te an chak duh viau thin a, hetiang hunlaia rualawt lutuka kan fate kan siam chuan an damchhunga mite tluklo nia inhriatna emaw, rukruk duh phahna hial emaw anlo put phah thei a ni. Chuvangin zahpuiawm lutuk lo,

hautak lutuk si lova an duhzawng chu ngaihtuahpui a tha hle a ni. Tin, hmeichhiate chu an hnute alo um tan dawn hian an bua duh hle. Chuvangin Nute'n fanu kan nei anil chuan an taksa lo danglam dan tur te pawh leh hrilh lawk vek a tha. Tin, chutiang bawkin rawltharte pawh an rilru leh taksaah puitlinn alo awm ve tan a, an aw te alo pawr tan ve a, *tilpawr aw*," kan tih ang te anlo nei ve tan a. An aw chu a changin alo sin a, a changin alo thum leh thut bawk thin a, hetih hunlai hian anmahni pawh an zak ve em em thin ani tih hriain fiamthu thawh nan te, an tawng dan zirsak te chin haut loh tur a ni. Hetiang hun hi mipa zawng zawngin anlo nei ve tawh a ni tih te leh thil zahthlak a nilo tihte hrilh nawn fo an mamawh zawk a ni. Midangte tluk zo lova in ngaihna hi zirna lamah te leh hawiher hrim hrimah te pawh an nei duh hle bawk a ni. Tleirawl zaa sawmriat (80%) ve hian hetiang rilru hi an pu thin niin a lang. Min an nuihzat ang tih hi an hlauh ber a ni duh fo thin a ni. Chutih nak a laiin an hmaiah arngeng alo awm lehngal bawk nen, an buai duh viau mai. Zakzum zualte phei chuan khawlaia kal vel pawh an hreh phah thei hle a ni. Hetiang hunlai tak hian kan fate chu Pathianin a siam danah lungawi tura fuih ngun tur a ni. Lalpa'n a duh ang taka a siamte kan nihzia hi hrilh ngun a, ringtute chuan lawmthu sawi mai hi kan tihtur a nihzia hi hrilh ngun hram hram tur a ni. Midangte pawhin anlo buaipui ve fo tawh thin a ni tih te pawh hrilh fo an ngai a ni. Chuvangin, an nihna ang ang a Pathian hnena lawmthu sawi mai tur an nihzia hrilh ngun mawlh mawlh an ngai thin

a ni. A hmei a pain arngeng anlo ngahlai anih chuan, Doctor hnena hruai pawh thil tha tak a ni a. An lo that phah theih mai bakah Nu leh Pate'n kan ngaihsak a ni tih anlo hriat phahin anlo thlamuan phah thei dawn a ni.

Tin, tleirawlte chu Nu leh Pate'n Kohhran leh Khawtlanga an in hman ve hun tur te pawh ngaihtuah sak ve thin tur a ni. Kohhran leh Khawtlanga anlo in hman ve te pawh hi an tan thil zirna tha tak a ni. Amaherawh chu an inhman hun tur te fel taka ruahmanpui an ngai thung a ni. Hetianga an in hman hi thil tha tak anih laiin a hun lova an inhman chuan an tan thatlohna te pawh a awm ve thei bawh a ni. Kohhran leh Khawtlanga an inhman hma lutuk chuan intih nulat hma nan te emaw, intih tlangval hma nan te emaw an hmang thei bawh a ni Chuvangin Nu leh Pate'n hetiang a in hman hun tur te hi chhutpui an ngai a ni.

Kan nihna kan zahpui chuan min siamtu Pathian kan zahpui alo ni zawk thin a ni. Lalpa Pathian chu dem leh zahpui rual a ni si lo Chuvangin Pathian, mihringte siamtu hi dem mai lovin a mi siamdan leh rorel danah hian mihringte hi kan lawm mai zawk tur a ni tih hi kan hriattir nawn fo an mamawh a ni. Hemi kan hriatchian phawt chuan mahni induh tawh lohna te chu alo bo duak mai ang. Hetah hian Nu leh Pate mawhphurhna a sang hle a ni. Nu leh Pate'n kan fate "*i chhaw, i mawh, i chuti i kha ti, i khup a tuah, i lu a lian, etc.*" kan tih fo hian kan fate rilru kan hliam theih avangin hetiang tawngkam hi

Nu leh Pa te'n hman loh hram tum a tha.

Tin, Nu leh Pate hi kan fate tana ngaithlatu tha tak nih hi thil tha tak a ni a. Thlarau lam leh taksa lama an harsatnate kan kianga an sawi ngam theih nan inhawng tak, zahawm tak siin kan awm thiam a pawimawh em em a ni.

Naupang thenkhatte chuan anmahni mawhphurhna hriain an tih turte tha taka an tih thin laiin, naupang thenkhat erawh chuan an mawhphurhna an hrelo hle thei bawk a ni. Inchhung chet velah te pawh tirh ngai lo naupang tam tak an awm laiin naupang thenkhat erawh chu an mawhphurhna hrethiam hauhlo tam tak an awm thei bawk a ni. Hetiang naupangte hi chu hriih ngun an ngai bik thin. Lehkha zir chungchangah pawh naupang thenkhat chu hriih ngai hauh lova an zirlaite ngaihven em em an awm a, a thente erawh chu hriih nawn fo ngaite pawh an awm thei bawk a ni. Tin, Lekhazir thei hlawllo naupangte pawh an awm thei bawk. Lekhazir thei hauhlo chi te anlo nih hlauh chuan lekhazir ngawr ngawr nilo, an tui zawng, nakin hinua an eizawn ve theihna tur-kawng zawnpui pawh an tul mai thei. Zir thei hlawllo zir luihtir tum flat hian naupangte tan beidawna nasa tak leh thil thalo tak tak tih dufina pawh anlo neih phah thei a ni. Chuvangin kan fate mizia chu ngun taka zir chungin an hma lam hun atan kan theih ang tawka kan buatsaih ve chu Nu leh Pa mawhphurhna a ni.

Kan fate chuan harsatna an tawh hunin Lalpa

hnenah an harsatnate thlen thin tur leh Lalpa'n alo sut kiansak dawnzia te hrilh fo a tul a ni. Ka nuin min hrilh fo thin hi ka rilruah a cham reng thin. Heti hian min hrilh thin a. **"Keini in Nu leh Pate hian kan hmangaih em em che u a, thil tha ber hlir kan duhsak che u a, mahse, keini chu hmangaihtu, thiltithello kan ni a, chuvangin Lalpa, nangmahni hmangaihtu, thiltitheh hnenah chuan in harsatna zawng zawngte thlen zel ula, An'n alo sutkiansak zel ang che u "** tiin min hrilh mawlh mawlh thin. He thu pawimawhzia hi ka naupan lai atangin tuna pasal ka neih hnua fate ka neih hnu thleng hian ka hrechiang tulh tulhin ka inhria. Hmangaihtu, thiltitheh hnenah chuan kan harsatna te ka thlen thin a, Ani chuan kan harsatna chu min lo sutkiansak thin a ni. Kan fate hnenah chuan Lalpa, anmahni hmangaihtu hnena an harsatnate thlen zel turin i fuih mawlh mawlh thin ang u.

Tleirawl an hriat tan dawnin an taksaah naupang taksa ang mai nilo, puitling taksa anna anlo nei tan thin a, henge pawh hi kan fate chu kan hrilh lawk a ngai a ni. Chutianga kan lo hrilh lawk chuan a hun alo thlenin an hrethiam mai ang. Mipa leh hmeichhiaah danglamna alo awmin henge hi anlo hriat lawkloh chuan zahna leh hlauhna an neih theih avangin an la naupan deuh laiin heng danglamna lo thleng tur hi an hriat lawk a tul hle a ni. Nu leh Pa tam tak te'n hetiang hi an sawi zak thin a, chuvangin an fate chungang danglamna alo thlenin an fate'n an buai phah thin a ni.

**Entirnan :-**

Hmeichhia chu a tlangpuiin kum 14 vel (a chiah sawi a har) atangin thanthi anlo nei tan a, hei hi an hriat lawkloh chuan an hlau thei a, rilru lam buaina pawh an neih phah thei a ni. Chuvangin Nu-in hetiang thil thleng tur te hi an fanute hriih lawk vek ni se, a tha hle ang. Mipa fa pawh chutiang zelin.

Tleirawlte chu an tleirawl laia an siamtu Pathian hre reng tura fuih fo tur a ni. Thuhrlitu 12:1 ah chuan :-

*"Tin, i vanglai hian i siamtu hre reng rawh,*

*Ni tha lo te alo thlen hma leh*

*'Lawmna reng reng ka nei lo ve,'*

*I tihna tur kumte alo hnaih hma hian "* tih kan hmu a ni.

Kan fate chu an tleirawl chakna leh an tleirawl thinlungte chu Lalpa lamah a nih fo loh chuan setana tan kawng an hawnzau sak thlawn mai dawn a ni tihte i hriih fo ang u.

Kan fate hi thil engkima kan thuhnuaia kan dah fo chu thil tha, ber a nih lain a tul lem loh hun a awm thei bawh a ni. An ngaihndan leh an duhthlanna hman hun kan siamsak fo pawh a tul bawh a ni. Englai pawha kan thu ang hlira dah kan tum fo chuan, anlo len deuh huna anmahnia ngaihndan siam a tul hunin an buai

duh hle a ni. Kan khuahkhirh tur chu a ni ngei taka, amaherawhchu zalen hun leh an duhthlanna hun siamsak ve fo tur a ni Hei hian anlo puitlin tak tak thlengin mahni inrin tawkna leh ngaihdan fel tak neihna a siamsak thei a ni. Tita 2-6-8 ah pawh hetiang hian kan hmu a .- "*Chutiang bawkin tlangvalte chu rilru fel tak pu turin fuih rawh. Lehlama tangte zinga miin kan chungah thu thalo reng sawi tur an neih loh avanga an zah theih nan, engkimah thiltha tih kawngah tihmuhtuah intilang la, i zirtirnaah chuan i takzia te, i zahawmzia te, i thusawi dikzia sawisel rual lohte chu tilang rawh*"

Tleirawl lai, mawı leh nalh duh hunlai takah hian an taksa, mite hmuha mawılo lai nia an hriat biklai deuhthe chu engemawa khuhbo an duh thin a Hmeichhe tleirawlte pawhin an chawn leh malte nalh tawk lova an hriat chuan pawnfen fual deuh emawa khuhbo an duh fo thin Tin, an taksa peng langsar laiah pan ser lianpuı leh kutchukte, thil dang an duhthusam loh pawh alo awm thei a, chutiang an neih chuan a tlangpuın khuh bonan engemaw an ngaihtuah ve thin a, chutianga khuh awmlohtakte anlo khuh emaw, a khuhbo thei thil dang emaw an tih chuan Nu leh Pate'n khap hauh loh tur a ni. Hetianga khap luih hian thil pawı tak a thlen thei a, fate rilru tibeidawngtu leh tihrehawmtuah a tan theih a ni Engemaw hunah ngaia neihin an zahzual alo reh anga, a pangngaiın an awm ve leh mai ang tih beisei tlat tur a ni.

**Entirnan :-**

A banah ser lian tak emaw kutchuk emaw lo awm se, nipuilai pawha kawrbantuan hak tlat, etc.

Tunlai khawvel hun hmawr tawngah hian pianthar a tulzia te, chanchintha hril a tulzia leh a hun tawhzia te hi kan fate kan hrilh ngai em aw? Kan fate rilruah hian chanchintha hi lian ber sela, chu chu thil lawmawm tak a ni ang. Kan fate'n tawngtai dan takngial pawh an hriat loh chuan a zahthlak mai ni lovin a pawh hle dawn a, i fate rilru ah chuan missionary rilru te pawh tuh tum a tha. Marka 16:15 ah chuan :- "*Khawvel zawng zawngah kal ula, thilsiam zawng zawng hnenah chuan chanchintha hi hril rawh u*" tih kan hmu a. 'Hril rawh' tia autu mai ni lovin, a hriltu nih a hun tawh ziate kan fate i hrilh nawn fo ang u. Tleirawl chakna kalsan a, Krista chanchintha hril hi a hun tawh tak meuh meuh a ni. Lalpa'n thalaite chakna a hman duhziate, setana tan hman a hlauhawmzia te hi kan fate i hrilh ngun ang u. Heng bakah hian kan fate tan a tam thei ang berin i tawngtaisak thin bawh ang u.

Tleirawlte thusawi leh an awmdante chu ngun takin kan ngaihven ang a, an thusawi reng reng te chu ngun takin kan ngaihthlak sak thin a tul a ni. An thu kan ngaihthlaksak loh chuan anmahniah pawh pawnlang riauva inhriatna an nei ang a, chu chuan thil soal tih chakna alo thlen thei a, reilote hnuah buaipui an ngai leh



hrep mai thin a, mahse engmah a sawt thei tak tak silo. An thusawite ngun taka ngaihthlaka, an zawhna te pawh fimkhur taka chhan thin an ngai thin a ni. Lian ve tawka an inngaihna avang hian inchhungkhura mawhphurtu an nihna te chiang taka hriih fova, a chang pheih chuan thu chhia thaah pawhrawn der ve hi thil tha tak a ni. Hei hian zawi zawiin inchhungkhura an mawhphurhna te a hriatchian tir ve thei a ni

Tleirawlte leh keini Nu leh Pate hi kan kum a inthlau ang bawkin kan thil duh dan pawh inanglo tam tak a awm ang tih hi thil chiangsa a ni a. Kan ngaihdan pela thiltih an duh changte pawhin thin tiur thut mai lova, zawldawh taka kan hriihfiah hian anmahniah hna nasa takin a thawk thei ani tih kan hriat reng a pawimawh hle a ni. An duh apiang kan khap ringawt mai anih chuan, an rilruah lungawi lohna an nei tam tulh tulh ang a, a tawpah lo puak kehin kan duh loh loh thil alo thlen phah thei a ni Chuvangin an rilru kalphung thir reng chung leh venhim tum tlat chung a tan kan lak a ngaih hun lai tak a ni

Tleirawl theuh theuh leh unau theuh theuh pawh hi an nungchang leh mizia a inanglo thei hle bawka a ni. A then zakzum tak an nih lain a thente erawh chu zahna pakhat mah neilote anlo ni thei a, a then Nu leh Pa thu awih tak an awm laiin, a thente erawh chu Nu leh Pa thu ngaichang miahlote pawh a awm theih bawka a. A then incheina an buaipui em em laiin a then erawh chuan an ngaihtuah hauhlo thung bawka a ni. Nu leh Pa thuhmun enkawlina hnuaiah pawh hetiang

hi a awm theih thin avangin an mizia a zira enkawl tum hram hram a tha. A chang chuan kan duh ngai hauh loh leh kan ngainat ngai hauh loh thil te pawh pawh lutuk anih loh chuan ngaihzam chin neih ve te pawh a tul fo thin a ni. Amaherawhchu, kan fate tana pawh tak tur leh Pathian mithmuh pawha, sual anga lang chinah erawh chuan Nu leh Pate'n khauh taka rorel a tul hun a awm fo bawh a ni.

Kan fate hnenah kan tunhma huna (*anmahni ang rual kan nihlai hun*) kan thil tawn, hlimna leh lungngaihna, harsatna tamtak kan lo tawh thinte chu hriih fo a tha. Chung kan thil lo tawn tawh atang chuan thil tam tak an zir thei a ni. Harsatna kan lo tawh thin ang te tawh ve lova, anlo pumpelh theih nan heng kan sawi takte hi hriih fo a tha hle a ni.

Tin, kan fate chu anmahni kan ring tawh ani tih hriattir hram a tha. Misual leh mi rinawmlo tak pawh ni mah se, mi tha leh rinawm tak anga kan ngaih a, an sualnate kan haider tlat chuan mi pangngai an nih chuan anlo rinawm chho ngei ang a, mitha takah anlo chang mai dawn a ni. Mitha leh mifel pangngai pawh misual anga kan ngaih tlat chuan misualah anlo chang thei bawh a ni. An tleirawl laia Nu leh Pate'n kan tih tur kan tihloh chuan kan fate chu misual takah kan chan zo vek thei a, nakinah inchhir a sawt tawh si lovang.

Naupangte chu an tetlai chuan an Nu leh Pa kutah an awm a, an mamawh engkim an Nu leh

## CHHUNGKAW ENTU

Pate'n kan ngaihtuahsak thin a. Amaherawhchu  
lo puitlina anlo upat hnu chuan chutiang reng  
a ni thei dawnlo a ni tih hriattir an tul baw  
ni. Anmahni mamawh te an ngaihtuah ve hun  
an duhthlanna an hman hun te, anmahnia an  
hawsak hunte an nei ngei dawn a, chumi hun  
ana inbuatsaih chu an tan tihmakmawh a ni tihte  
awh hriattir fo an tul baw a ni. Harsatna an tawh  
una an hmachhawn dan turte leh a tul huna  
uaisen a tul ziate hrilh nawn fo an ngai a ni

### **antirnan:--**

Mi pakhatin car a khalh a, a kal zel a, a hmaah  
chuan kawngchhia leh hlauhawm tak mai a awm  
a. Chulai hmun chu a thlen hma chuan midang  
a tawk a Chumi chuan a hmaah kawngchhia  
leh hlauhawm tak kaltlang tur a awm thu hrilh  
fimkhur turin a fuih a Chumi azarah chuan  
fimkhur takin accident theih maina hmunah  
chuan che soal lovin him takin a kal tlang ta a  
Hetiang deuh hlek hian harsatna leh  
hlawhchhamna kan lo tawn tawhte chu kan fate'n  
an tawh ve loh nan chutiang laka fimkhur dan  
tur chu Nu leh Pate'n kan hrilh fo a ngai a ni

Tin, heng bakah hian thil zir tur tam tak an  
nei a, Nu leh Pa-in tan kan lakpu an ngai hle a  
ni. Nu leh Pate hian inthlahdah hauh lovin kan  
fate chu kan ngaihven a tul thin Hei hi thil harsa  
tak chu ni mah se kan tum ve tlat a ngai dawn  
a ni. Nu leh Pate kan inthlahdah chuan rang  
takin kan hmelma setana hian kan fate chu min  
chhuhsak dawn a ni.

Twín emaw i fa kha a ngaihven hle tih hria la,  
a thuhnuaiha daha. a duh duha cheibawla  
sawisak a chakin a tum reng a ni tih hria ang  
che. Bible a chhiar dawn leh a tawngtai dawn te  
 pawhin a rilru chhungrilah tih duh lohna leh tih  
 hreh em emna setana'n alo pe duh khawp mai.  
 Setana target ber chu kan fate anni tlat mai hi a  
 huat thlala awm thin teh e. Tichuan, setana thil  
 tum ber chu kan fate tihchhiat, chhungkua  
 tihchhiat, Kohhran tihchhiat leh khawtlang  
 tihchhiat a ni a. Chumi hnua kan fate chu Nu  
 leh Pate leh Pathian hnen atanga lakbo chu a  
 tum ber a ni. Chutichuan Pathian hnen atanga  
 lakbo hlen theih hi kan hmelma setana hian a  
 duh ber a ni. T.V.-a film thalo tak tak hmang te  
 leh music (*satanic music*) te, lehkhahu thalo te  
 hmanga kan fate hruaibo chu setana thil tum  
 lian tak a ni.

Naupangte rilruah hian Pathian leh setana hi  
 an insual ve reng thin a. Setana hian langsar  
 deuhva rawngbawltu te hi a bei nasa leh zual  
 thin a ni. Mahse, Lal Isua Krista thihna leh  
 thawhlehnuaah hian setana chu hneha alo awm  
 tawh avangin keimahni, kan chhungkua leh kan  
 fate bei thintu hi kan hneh thei a ni (*Lal Isua*  
*chaknain*). Hneh tawh a ni bawh.

Kan fate chuan Lal Isua Krista an neih lohva,  
 a duhzawng an hriatthiam loh chuan setana'n  
 anmahni a hneh mai ang a, ama lama lak chu  
 a tum ngei ngei dawn a ni. Naupang chuan  
 engmah ni lova a inggaih chuan engmah lovah  
 a insiam ang a, tichuan amah leh amah chu a in

tichhia ang a; chu chuan chhungkua alo nghawng ang a, chumi hnuah Kohhran leh Khawtlang alo nghawng mai dawn a ni.

Tleirawlho buaina ber chu an rilru chhungril ngaihtuahnaah a ni thin a, chu chu chet danin an rawn tilang ta thin a ni. Naupang thenkhat erawh chuan an chet dana tilang si lovin, an rilruah thil insual nasa tak an nei thei bawh thin a ni. Khua a lo vawh em em lai hian kan fate chu Blanket sin tur pe ta hauh lo ila, khawvawtin a hmet a hmet ang a, a tawpah chuan khawvawt chuan a lo hmethlum thei mai dawn ang hian kan fate chu khawvel sual leh bawlhhlawh laka an inhumhim nan Chanchintha kan fah hneh a ngai a, chutilochuan setana'n a thlem a thlem anga, a tawpah lo hnehin thihnaah a hruai lut mai dawn a ni

Tunlai hian setana hi a hring hranin a rawn inlar ta ni berin a lang a, a bum theih theihte chu bumin kan ram, khawtlang leh Kohhrante hial a tichhe nasa ta hle mai niin a hriat a, hei hi thil pawh tak mai anih avang hian Nu leh Pate kan tan a va tul tak em! Hetianga kan hmelmapa hian tan a lak avang hian kan fate chu a bumthluk loh nan Nu leh Pate'n i ngaihven tha ang u. He kan hmelmapa hneh thei tur chuan a chetdan leh mi a bum thluk dante lo hmelhriat sa hi thil tul tak anih a rinawm a ni. Chutiang atana tan kan lo lak ve theih nan kan beng i chhi ngun ang u

Mi tamtak te'n ramhuai leh an hnathawhte kan hlau duh viau mai a, Pathian nung hlauhawmzia

hi kan hlamchhiah leh si thin hi thil pawl tak a ni. Kan hlauh tur zawk kan hlau lova, kan hlauh loh tur kan hlau ta tlat mai thin a, kan nun chu a letling ta tlat mai tihna a lo nih chu. "*Pathianin hlauhna thlarau min pe lo va, thiltihtheihna leh hmangaihna leh rilru fel tak neihna thlarau min pe zawk si a. (2 Tim 1:7)*". Hei hi Bible-in min hrilh anga kan awmlohna a ni. Thufingte 1:7-ah Pathian chu hlau tur kan nihzia kan hmu a, setana hlau tur erawh chuan hrilh kan ni hauh lo thung a ni. Pathian tih leh hlau tura hrilh kan nih laia setana leh a thiltihte kan lo hlau ta zawk mai hi chu kan tisual viauin a lang. "*Lalpa tih chu sual huat hi a ni*" (Thu ingte 8:13)

Tleirawlte chuan thil mamawh leh duhzawng anlo neihin a pe theitu chu kan Pathian, kan biak lai, Pathian nung dik tak hi a ni tih kan zirtir fo an ngai a ni. He kan Pathian ngei hian kan thil dilte min hlawhtlintir thin a, kan mamawhte min pe thin a ni tih anlo hriatchian chuan naupangte tan pawh a thlamuanthlak thei hle dawn a ni. Mahse, kan Pathian hian kan duh hun hunah hian min chhang lem lo ani tih erawh chu kan zirtir tel fo an ngai bawh a ni. Pathian chuan tha leh tul a tih hunah min chhang thin tih an hriat tel loh chuan kan fate chu an beidawng fo thei a, chuvangin dawhtheih a tulzia te pawh kan zirtir tel a ngai bawh a ni. Hetiang thu kan zirtir thatloh chuan tihlawhtling thei tura an ngaih thil dang an zawn phah thei a, chu chuan thil thalo lehzualah a hruailut thei a ni.

**Entirnan :-**

Ruk ruk phah nan, thian sual kawp nan,  
pathian diklo biak nan etc

***Hlauhawm a hnai e, fimkhur rawh :***

Setana'n i fa chu a manbeh tlat theih loh nan  
i ven ngun a ngai a ni An school home-work leh  
thil dang tihur anlo tukte chu Chanchintha nen  
a inmil em tihte, eng thil te nge alo zir thin tihte  
kan ngaihvenpui a tul hle a ni

Lal Isua Krista nena inzawmna tha tak nei  
reng tura fuih fo an ngai bawk a ni Lal Isua  
nena inzawmna nghet nei tur chuan Bible chhiar  
leh tawngtaite an uar a tulzia te hrilh fo an ngai  
bawk a ni Tawngtai leh Bible chhiar taihmak hi  
setana laka kan ralthuam tha ber leh tangkai ber  
ani tih hi naupangte mai ni lovin puttingte pawhin  
kan hriatchian fo a tul em em a ni "Tin, a  
thlaphang em em a, thahnemngai lehzualin a  
tawngtaia, a thlan chu thi far lian tak angin leiah  
a far a Tin, a tawngtai zawha a thawhin, zirtirte  
hnenah chuan alo kal a, an lungngaih avangin  
anlo muhil a hmu a, tin, an hnenah, engati nge  
in mutthilh? Thlemnaa inluh loh nan tho ula,  
tawngtai rawh u" a ti a (Lk 22: 44-47) "Thlemnaa  
inluh loh nan inring reingin tawngtai rawh u"(Matt  
26:41a). Kan Lal Isua ngei pawh hian tawngtai  
a tulzia hi a hre chiang em em a, chuvangin  
keini pawh tawngtai ve thin turin min zirtir a ni  
Hetah hian kan tawngtai loh chuan thlemnaa  
luh theih anih zia leh kan tawngtai chuan thlemna  
lakah kan him dawn ani tih min zirtir chiang em

em a ni. Hei hi Nu leh Pate pawhin kan hriata, kan fate kan zirtir fo hi a tul hle a ni.

Kan hmelmapa setana hi a fin vervek em avangin a chetzia hi hriatthiam har tak tak a awm thin. Bumtu-a anih avang hian mihring te hi a bum thiam em em a. Nu leh Pa min bum fo thin a, chu mai chu duhtawk lovin kan fate, rilru thianghlim tak takte chu an rilru thianghlimna hre reingin fing takin bum a tum a, a bum hnu pawhin a thuk leh zuala hruai luh a tum thin a ni. He kan hmelmapa setana hian mi a bum thluk tawh reng rengte chu fing takin a thuppu thin a, hriatchhuah pawh thil awlai a ni thin lo. Hriatchhuah alo nih meuh hi chuan alo bum thuk hle tawh thin a ni. Amah setana chu '*Bumtu*' anih miao avangin a, theih ang ang chu bum tumin a chang reng thin a ni. I fa chu setana'n alo bumthlu tawh anih chuan rang takin thutlukna siam nghal mai lo la, he thil hlauhawm tak atanga i fa lachhuak leh tur erawh chuan muangchang hauh suh ang che. Tawngtai tam la, ngaihven tha la, chumi hnuah i tihtur chu ti chauh ang che. " *Sual kalsan la, thil tha ti rawh; Tichuan kumkhuain cheng reng ang che*" (Sam 37:27)

### ***Setana bum tawhte hriat theih dan:***

A tiangpuiin setana'n a bum thluk tawhte chuan hlim hmel an pu tak tak thei lo va, anmahnia thil ngaihtuah vung vung an ching thin. An chhungte leh lainat tute kiangah ngat phei chuan an hlim lo lehzuai thin a ni. An thiante, ~~this~~ *sual* an tihpui thinte kiangah erawh chuan an hlim thei fu thin



a. Hetianga i fate anlo awm palh hlauh chuan ngaihven nghal vat an tul a, chutilochuan chhungte laka helna alo chhuak thuai thei a ni. Hetiang hi ilo tawng hlauh anih chuan ngun tak leh taima takin ngaihven la, an mamawh leh an tana tul ang zelin enkawl tum ang che.

***Hetiang hian i fa chu alo awm em?***

1. Nitina a thiltih thin pangngaite thlahdaha, a kalna leh a awmna chin hriatpui theih vak lohvin .
2. A music ngaihthlak duh zawngah te thil tihchhiat pawisak vak lohna chi te a awm em?
3. A lehkhabu khalh ngun ber chu engnge ni? A bu kawmahte thil a ziaak kur nguai mai thei a, alo ziaak anih chuan eng lam hawin nge a ziah?
4. Naupang chu ngun takin ngaihven zui zel la, sawifiah thiam theih loh khawpa thinur phut a nei thin em? Hlim leh nuam ti hmel a pu thei lovin, amah chauhva awm a thlang thin em?
5. School-ah a kal hreh thin em? Ni dang anglo takin school-a kal chu a chak lo emaw, Biak Ina inkhawm emaw a hreh em?
6. Thil dum lam - make-up dum deuh chi te, uchuak lutuka thil dum inhnawih te a ching em? Thawmhnaw dum lam a ngainat avang

mai chuan a kalsual tawhah dah mai lo la, ringhlel mai bawk suh ang che. Hei hi a chhan chu intihhmuh leh uar lai a awm ve theih avangin rinhlelh nghal mai tur a nilo. Amah erawhchu ngun takin ngaihven zawk ang che.

7. A thiante chu eng ang mizia nge annih hriatchian tum fo la, eng ang mi nge annih a, eng timi nge annih ? I fa ngei pawh chuan in inchhung chu nuamlo tihna alo nei em? A thian hluite a ngaihthah em? Nu leh pa zahlohna a nei thar em?
8. Lehkhabu thalo setana duhzawng ang chi te alo chhiar thin em?
- 9 A kachhung tih rimtui nan thil rim chak deuh chi hrang hrangte a hmang reng thin em?
10. Chanchin thar thalo lam a ngaihven viau em?
11. Chemte chi hrang hrangte alo la khawm thin em?
12. Mawmbati a duh viau em? Kawrah te carpet-ah te leh thil dang dangah mawmbati far chhah pui puite i hmu thin em?(*I fate room-ah*) Mawmbati far ilo hmuh chuan eng rawng nge? A sen, a dum, avar emaw te an ni em?
13. A milem duhzawng chu no lianpui pui, zu leh thil dang in nana tha awm fahrante a ni em? Thir emaw dar lam chi emaw han

khawn hleka ri beng beng thei chite a ngaina em?

14. A taksa lang lai emaw langlo laiah emaw ser lian tak takte tattoo, kan hmelma setana chhinchhiaahna ang chite a awm em?
15. A kut leh ke zungtangte a kim tha em?
16. Telephone-a a biak thinte chu eng ang mi nge an nih?
17. Thil ziaкса a kawl reng rengte chu rawng sen,(thisen ni awm tak) te an ni em?
18. A thiante zinga hlim thei fu sun in inchungah a tum bur thin em?
19. A awm mai mai lain a hmai a hiat a hiat thin em?
20. Tun hma aui a polite zual sauh em?

Heng kan han tarlan tak angte khian kan fate emaw kan chhungkaw zing ami tu emaw anlo awm hlauh anih chuan a rang thei ang berin tan lak nghal a ngai a ni. Hetiang tihching mite an kawmngiehin anlo ngaina viau em? Heng kan han ziah tak ang a ala awm lo anih pawhin hetiang mi te hi a ngaina viau anih chuan in thlahdah hauh lovin ngaihven nghal vat vat a tul a, tanpui a mamawh hunlai ber a ni tih hria ang che.

Tin, kan fate'n rilru thianghlim tak pu chungin an hriatthiam loh avangin kan hmelmapa setana

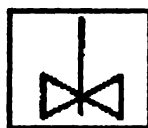
chhinchhiahnate anlo kawlin anlo inbel palh mai thei a, chuvangin kan ngaihven ngun an tul hle a ni. Heng te hi i ngaihven tlang ang u Chhinchhiahna chi hrang hrangte setana'n a hman tangkai em em te an awm thin a, heng chhinchhiahna te hi:- thi, locket, zungbun, second hand thawmhnaw leh kawnghrenah te, tle reuh chi hrang hrangah te an awm duh hle. Setana sulhnu emaw a hmanrua eng emaw kan lo kawl chuan zawi zawin min lo tichhia ang a, a tawpah a kutah kan lo tlulut thei mai dawn a ni. Heng chhinchhiah nate hi an hman dan chu ziah chhuah loh thain ka hria, a chhan chu kawng leh lamah setan'n a hmanruaa a hman palh a hlauhawm vang a ni. Mahse, thilsual tihnana an hman lar tak takte annih avangin Nu leh Pate kan fimkhur theihnan heng setana symbols-te hi ka han ziaakchhuak a ni.



Anarchy



Ankh



Anti-justice

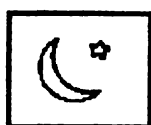
Black mass  
indicators

Blood ritual

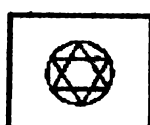
Cross of  
confusion



*Cross of  
Nero*



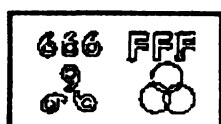
*Diana and  
Lucifer*



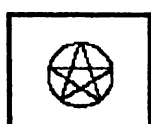
*Hexagram*



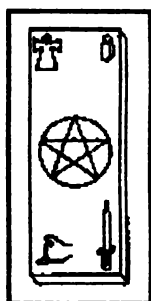
*Horned  
Hand*



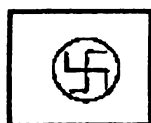
*Mark of the  
beast*



*Pentagram*



*Sample altar*



*Swastika  
(broken  
cross)*



*Talisman or  
amulet*



*Triangle*



*Upside-down  
pentagram*

Heng chhinchhiahna leh lem te hi in inchung  
mi tun emaw alo kaw! hlauh anih chuan setana  
hmanrua a ni tih hriain tihbo nghal vat tum ang  
che.

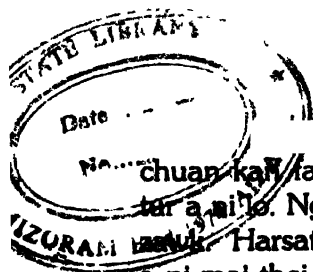
***Tin, zu leh damdawi lama inhmang te chu  
hetlang hi an awmdan tlangpui a ni.***

1. An nungchang an thlak danglam thin. Zing thawh an harsat duh hle. Khaw en uarah te pawh tui takin an la mu thlawrh thlawrh thin a, an hnathawh tur tam tak an tih loh phah thin a ni.
2. Faina an tlachham a, thil engmah an uluk tak tak ngailo a ni. An lang balin an tawp hnuang a, thawmhnaw tha pawh an inbel tha peih mang lo. An hmel han em mai pawhin mi rethei tak hmel an pu thin.
3. Lungngai hmel an put hnulawkah hlim hmel an pu leh a, rei- loteah bawk lungngai hmel an pu leh thuai thin.
4. An chhungte zingah an awm tha peih lova, an thian hluite thlahin anmahni chauhva awm an duh thin.
5. Sakhaw ngaihsakna nei thin mi anlo nih pawhin, zawiin zawiin Pathian thu leh Biak ina inkhawmte anlo thlahdah thin a ni.
6. An T-shirt hak duhzawngte leh an thawmhnaw hak duhzawngte ngun tak leh chik taka han en chuan setana fakna lam anlo inbel duh viau bawk thin
7. Midangte chu an hmelma angin an ena an room-te chu kalh an ching a, thil eng eniaw thuhruk an ching bawk thin.

8. Inchhungkhura thil hlu tak tak, rangkachak,  
silver leh thawmhaw man tam tak takte leh  
thildangte chu anlo bo zeuh zeuh thin
9. An mize pangngai anglo takin uchuak  
khawpin an hawihhawm thin

Hetiang thil hi in chhungkuaah alo thleng anih chuan Pathian hnena nasa taka tawngtai chung a hetiang lak atanga inthiarfihlim theihna tur kawng chu ngaiwen vat vat a hun hle tihna a ni Sual khur thuk tak daia sualin a chimpil hma ngei hian Lalpa chakna ringa, tan lak chu Nu leh Pa mawhphurhna liau liau a ni Kan hriattur pawimawh em em dang leh chu, Thlarau indona hmuna awm kan nih avangin setana target lian ber leh a hna pawimawh bera a ngaih chu kan fate tihchhiat leh kan chhungkaw tihchhiat hi ani Setana hian engvangin nge Kristian chhungkuaah hian kua a rawn hreuh thin tih hi kan ngaihtuah fo mai thei Hei hi a chhan nia lang chu kan thil hriat tlem lutuk avang leh thil thar leh thil danglam kan ngaihsan lutuk vang te, Pathian thu lama kan inthlahdah lutuk vang te niin a lang Chuvangin chhungkuaa setana a rawn tlangnel a, alo luh thuk loh nan tan kan lak nasat a tul hle a ni. Kristian chhungkuaah chuan Lal Isua Krista aia lal zawk leh hmun luah zau zawk reng reng an awm tur a nilo.

Heng thil, Setana bum tawhte hriat theih dan (Symptoms) kan hmuhte zinga pakhat emaw te hi kan in chhungah lo hmu ta ila, chumi avang



chuan kan fate chu setana biaah kan ngai mai tur a ni lo. Ngun leh zuala ngaihven an ngai a ni Harsatnain bul a rawn tan dawn te pawh a ni mai thei a, chuvangin bengkhawn hle tur a ni. He Thlarau lam indona hi hneh thei tur chuan kan hun, kan tha leh zung, kan neih sum leh thil dangte hial pawh kan sen alo tul dawn a ni. I fa chuan thil mamawh leh tlakchham a lo neih chuan, chu chu denchhenin setana'n tan a la a, a mamawh chu kawng diklo lam atangin alo zawn phah thei a ni. Hei vang hian kan fate pawh rualawt lutuk lova siam tum hram hram a thain a rinawm a, amaherawhchu an duh nazawng tihsak erawh a tul lemlo thei. Hetiang atanga kan fate chhanchhuah nan chuan Kristaa kan chanvo leh kan nihna kan hriatchian a, chungte chu kan fate kan zirtir a ngai a ni. Naupangte chuan hetiang thu hrilh fo hi an mamawh thin Hetiangin:-

***Lal Isua Kristaah chuan-***

1. *Lei chi ka ni (Mtt 5:13).*
2. *Khawvel eng ka ni (Mtt 5:14).*
3. *Pathian fa ka ni. (Jn 1:12; Rom 8:14-16; 1Jn 3:3).*
4. *Grep hrui tak tak ka ni. (Jn 15:1-5).*
5. *Rahchhuah tura beisei ka ni. (Jn 15:16).*
6. *Pathian in ka ni. (1 Kor 3:16).*
7. *Lal Isua Krista thuhretu ka ni. (Tirh 1:8).*



8. *Isua Krista ta kan ni. (1 Kor 12: 27).*
9. *Thil siam thar ka ni a, Krista nen inrem kan ni. (2 Kor 2:5, 18).*
10. *Krista hnathawhpui ka ni. (1 Kor 3· 9; 2 Kor 6.1).*
- 11 *Mi thianghlim leh van khua leh tua chhiar ka ni (Eph:1·1, Eph 2.6; Phil 3 20)*

Kan Lal Isua Krista zara kan nihna ropui tak mai hi kan tan a va hlu em! He kan nihna hi Chiang taka kan hriat chuan kan nun pawh nasa takin min kaihrui thei ang a, chum azarah chuan midangte pawhin thlarau lam malsawmna anlo chang thei dawn a Kan fate ngei pawhin anlo chhawr thei dawn a ni

***Kristaah chuan hetiang pawm hi ka lo ni.***

- 1 *Krista thian. (Jn 15 15)*
2. *Thiamchang tawh ka ni (Rom 5 1)*
3. *Lal Isua nen kan inzawma, Thlarau hmunkhat kan ni. (1 Kor 6 17)*
4. *Mana lei ka ni, Pathian ta ka ni (1 Kor 6. 20).*
5. *Mi fela pawm ka lo ni. (2 Kor. 5. 21)*
6. *Pathian faa vuah ka ni. (Eph 1: 5)*
7. *Thlarau hmunkhata Pa hnena luh theihna*

*pek ka ni. (Eph 2: 18).*

8. *Pathian chhungte zinga mi ka ni.*

*(Eph 2: 19).*

9. *Pathian nel ngam tura siam ka ni.*

*(Eph 3: 12).*

10. *Sual ngaihdamna changtu leh  
chhandamna changtu ka ni. (Col 1: 14)*

11. *Kristaah chuan tih famkim ka ni.*

*(Kol 2: 10).*

*Kristaah chuan ka him a ni.*

1. *Ka thatna turin min thawhsak thin.*

*(Rom 8: 28)*

2. *Pathian hmangaihna ata engmahin min  
then louang. (Rom 8: 35).*

3. *Thiam loh channa reng ka nei tawh lo  
(Rom 8: 1).*

4. *Pathianin thiam min chantir. (Rom 8: 33)*

5. *Pathian hriakthih, Krista chhinchhiahna pu  
ka ni. (2 Kor 21: 22).*

6. *Chhinchhiahin ka awm. (Eph 1: 13,14).*

7. *Thim thuneihna lak ata chhanchhuaha,  
Krista hnena awm ta ka ni. (Kol 1: 13).*

8. *Kristaah chuan Pathianin min thukru.  
(Kol 3: 3).*

- 9 *Min tichak tuah chuan engkim ka tithei*  
(Phil 4: 13)
10. *Hlahna thlarau min pe lova, thiltihtheihna*  
*leh hmangaihna min pe. (2 Tom 1. 7)*
11. *Khawngaihna leh zahngaihna a hun takah*  
*ka dawng thin. (Heb 4: 16).*
12. *Pathian hrin ka ni a, ramhuaiin min tina*  
*thei lo. (1 Jn 5 18).*

Naupangte kawng dik zirtir hi kan tum ber ni fo sela, an entawn turin Nu leh Pate'n kan nun fimkhur bawk ila, chu chu Lalpa'n Amah ringtute min beisei dan chu a ni Khawvelah hian sawiselbo mihring kan awm hauh lova, mahse, Krista rinna kawngah hian Amah Lal Isua ang turin zir tur tam tak kan nei thung a ni

Naupangte chuan hlawhtlinna anlo neiha an awmdan tur aiin an lo hlawhchhama an awmdan tur zir chu an mawmawh zawk daih a ni Thil kan lo tihsual pawhin rilru hnual mai lovin, inti pachanga hlawhtlin dan tur kawng taima taka dap tur kan nih ziate leh a tul huna ngaihdam dil hreh hauh loh tur anih ziate kan zir fo a tul a ni A tul anih chuan kan pasal leh kan fate chungah pawh Nute pawhin ngaihdam dil kan hreh tur a ni lova, Pa-te pawhin ngaihdam dil an hreh tur a ni bawk hek lo. Ngaihdam indil tawinna hi setana hnehna kawng khat a ni a, chuvangin a pawimawh hle a ni. Kan chhungte hnena ngaihdam dil bakah Pathian hnenah ngaihdam kan dil fo a ngai bawk a ni Thinrim thut pawh

a awm thei a, mahse, Pathian leh mihringte hnena ngaihdam kan dil fo chuan setana'n min zuam mai mai thei lo vang.

Naupang chu he khawvela alo pianchhuah tirh atangin a Nu leh Pa kutah a innghat pumhlum tawp a ni kan tih tawh kha. An naupan lai leh an tleirawl lai hun hian anlo puitlin hun tur a hril thin avangin naupang leh tleirawl neite tan chuan tan lak a ngai zual em em a ni. Neil T. Anderson-a leh Steve Russo-a te chuan heti hian an sawi a:- *"Naupang kum 12 hnuai lam hi chuan thil engkim zir leh hriat duhin an ngaihven thin a, Kum 12 chunglam tawh hi chuan puitling ang maiin thil an ngaihtuah thiam tawh a, harsatna sutkian dan turte leh thil hlauhawm lo thleng thei te pawh an hrethiam vek tawh thin a ni"* tiin.

Mithiamte chuan naupangte hi high school an kal tawh hnu hi chuan thlarau lam bultan pui atan chuan a tlai lam hret a ni tawh a, chuvangin a rang thei ang bera tan lak nghal tur niin an sawi thin. Pathianin anmahni a pawmdan leh Pathian hnen atanga an chanvo hlu tak hriattir chu Nu leh Pa mawhphurhna liau liau a ni. Hemi chungchang thu kan fate hrilh thei tur chuan keini Nu leh Pa hian Lalpa laka kan rochan, kan chanvo leh kan nihnaa kan chian hmasak a ngai a ni. Chumi hnuah chauh kan fate chu kan zirtir thei ang. Chutilo chuan Chakai nufa kaldan inzirtir ang mai kan lo ni mai dawn a ni. Naupangte'n Pathianin anmahni a hmuhdan leh alo pawm dan hi anlo hriatchian loh chuan anmahni anlo khawngaihthlak thlawn mai dawn

a ni. Krista Isua zara kan thlarau dinhmun leh nihna hriatchian hi thil harsa tak angin lang mah se, kan rinna inphum nghehna leh ringtute tih tur ber a ni. I fa chuan hemi kan nihna leh kan chanvo ropui tak Lal Isua Krista zara kan chan hi alo hriatchian loh chuan amah chu khawvel thilin alo hipin khawvel mi-ah alo tang mai dawn a ni.

***Heng tehi hrechlangin kan fate i hrilh thin ang u :-***

*Thlarau ngei chuan keimahnı thlarau nen Pathian fate kan ni tih min hriattir thin Rom 8:16.*

*Krista Isua rin avangin Pathian fate kan ni vek si a; in zinga Kristaa Baptisma chang apiangte kha Krista chuan in inthuan tawh si a Chutah chuan Juda-mi a awm theih loh va, Grik mi pawh a awm theih hek loh, chutah chuan bawih a awm theih loh va, bawihlo pawh a awm theih hek loh, chutah chuan mipa leh hmeichhia pawh a awm theih hek loh; Krista Isuaah chuan in zain pumkhat in ni si a. Gal 3:26-29.*

*Tin, fa innih avangin Pathianin a fapa Thlarau chu "Abba! (ka Pa!) tia auvin kan thinlungah a rawn tir a. Chutichuan bawih i ni tawh lo va, fa i ni zawk e; tin, fa i nih chuan Pathian zara ro luahtu tur i ni. Gal 4:6,7.*

*Nimahsela, thim ata chhuaka, a eng mak taka lut tura kotu che u thatna chu in entir theih nan nangni zawng chi thlan, lal puithiamho, hnam*

*thianghlim, Pathian mite ngei in ni si a; hmanlai khan mi reng in ni lova, tunah erawh chuan Pathian mi in ni ta a; hmanlai khan zahngaihna in hmu lo va, tunah erawh chuan zahngaihna in hmu ta. 1 Pet 2:9,10.*

*Ngai teh u, Pain min hmangaihna chu a va nasa em! " Pathian faachte" min vuah tak hi; chutiang chu kan ni reng e. Hemi avang hian khawveln min hre lo a ni, Amah chu an hriat loh avangin. Duh tak te u, tunah hian Pathian fate kan ni a, engtinng e kan la awm dawn tih erawh chu a la lang rih love; Amah alo inlar chuan Amah angin kan awm dawn tih zawng kan hria, Amah chu a awm pangngai ang takin kan hmu dawn si a. Tupawh Ama chung a chumi beiseina chu nei apiangin Amah a thianghlim angin an intithianghlim thin. 1Jn 3:1-3*

*Lal Isuaa kan nihna min puansak te hi a va hlu em! Kan chan phak loh tur rinna leh khawngaihna azara kan lo chan tak hi a lawmawm tak zet a ni. Nu leh Pate hian Kristaa kan nihna leh kan chanvo ropui tak hi hrechiana kan fate zirtir ve chu kan bat a lo ni.*

## **NAUPANGTE SUPPORT LEH CONTROL CHUNGCHANG :**

*Research beitu tam tak te'n an hmuhchhuah leh thil pawimawh em em chu naupang rilru hneh theihna tur chuan naupangte chu support that a, control bawh tur tih hi a ni, Naupang control*

that pangngai chuan an nungchang a siam tha thin a Naupang chu a tul huna inphahhnuai thiam tur te, ngaihdam dil huna dil mai tur te, a tul huna mahni inrin tawkna (*self-confidence*) nei tur te, tih tur leh tih loh tur te fimkhur taka thliar thiam tur te, a tul huna huaisen tur tea fuih thin an ngai a ni Hei bakah hian a tul huna an duhthlanna hmang thiam tura zirtir an ngai bawk a ni

Naupang control dan tur hi an kum leh an mizia ang zela tih a tul fo thin Naupangte chu an thiltih that leh an awmdan thate chu hriatpuia fak ve fo an ngai thin a ni Naupangte chu kan support that viau chuan Nu leh Pate hmangaihna anlo hrechiang chawk thin a ni An thiltih thatte pawh hriatpui lem lo va, anmahni tal tala kan taltir mai chuan an Nu leh Pate hmangaihna an hrechiang tak tak thei thin lo a ni Hei bakah hian anmahni chu kan hmangaih a ni tih kan hriih nawn fo pawh a ngai a ni I fa chuan i hmangaihzia a hriat theihna tura kawng hrang hranga i lantir thin chuan i rilru tak takin i hmangaih ani tih a lo hria ang a, nangmah ngei pawh a hmangaih let thei ang che Naupangin a Nu leh Pa hmangaihna a hriat thiam loh chuan amahah nun inthlahdahna alo awm thua thin a, chu chuan sual khur chhungah alo hruai lut thin a ni

***Hei hi kawng thumin lo then dawn ta ila:-***

1. Naupangte hi kawng tam takah support peka, control-na kawnga inthlahdah leh tlat si te a

awm theih a, hetiang fate hi chuan an Nu leh an Pate hmangaihna chu hrechiang hle mah se, an nungchang a mawi tak tak thei thin lo a ni.

2. Nu leh Pa in thlahdah ve hrim hrim te pawh a awmtheih bawk a ni. Hetiang Nu leh Pate hi chuan an fate an support tha lova, an control tha bawk hek lo Hetiang hnuaia naupang lo thangliante chuan an thinlung chhungril takah khawharna an neiin hmangaihtu nei lovin an inhria a, an nungchangah pawh inthlahdahna, midangte ngaihsak loh tumna leh nun buluk tak neiin helna an nei duh fo thin
3. Nu leh Pa chu intithunei taka an fate laka an awma, an support that leh si loh chuan naupang chuan tlakchham nei riauvn an inhre duh hle bawk. A chang pheih chuan an Nu leh an Pate'n an thuhnuaia dah hliah hliah ni ang te hian an inhre thin a, an thaw a pik ru em em thin a ni. Hetiang hnuaia naupang alo thanlen chuan naupang chuan a Nu leh Pa lakah chuan hmangaihna tlemte chauh dawngin alo inhre thina, a nungchangah pawh pawisak neih vak lohna a lo neih phah thei thin a ni.
4. Nu leh Pa thenkhat erawh chuan an fate chu an support thain an control tha hle thei a ni Hetiang hnuaia naupang thanglian te reng reng chuan an Nu leh Pa hmangaihna an hrechiang a, an nungchang pawh alo mawi thin ani.



## NAUPANG KHIRH LUTUK ZUALTE

Naupangte hi an in anglo thei hle a, naupang thenkhat chu a bu ang thlap an awm thei a, hetiang naupang hi chu thil zirtir an ngai lo va, anmahni zawkin an Nu leh Pate zirtir ta zawk te pawh an awm thei a ni Amaherawh chu hetiang naupang hi an vang duh khawp mai Naupang za zela pakhat (1%) an awm thei hram mahna Chu pawh chu thil har tak a nih a rinawm Hetianga naupang thate pawh anlo awm ve theih tho lai hian naupang thenkhat erawh chu chutiang an ni hauhlo thung

### ***Hetianga hian han then dawn ta ila :-***

- 1 Naupang fel chung chuang
- 2 Naupang pangngai
- 3 Naupang fel lemlo, mahse zirtir theih
- 4 Naupang zirtir theih hauh loh anga lang (khirh zual bikte)

### ***1) Naupang fel chungchuangte;-***

Naupang fel chungchuang te awmdan chu kan sawi tawh angin zilh leh hau an ngai hauh lova, anmahniin thil an chhutthiam ve vek thin a, midangte kiana awmdan turte leh thil tih awm leh awm lohte pawh anmahniin an thliar hrang thiam vek thin a ni.

### ***2) Naupang pangngai:-***

Naupang pangngaite hi chu an zirtirtute azira awm tha leh tha lo mai an ni thin. Zirtirtu tha an neih chuan naupang fel tak anni thei a, zirtirtu thalo leh inthlahdah tak an neih chuan mi thlaktlailo takah an chhuak thei bawk a, hetiang naupangte mizia hi chu anmahni enkawltu teah a inngat tlangpui a ni.

### **3) *Naupang fel lemlo, mahse zitir theih:***

Tin, naupang fello ve tak, mahse, enkawltu leh kaihruaitu tha an neih avanga naupang fel tak lo ni thei ta te pawh an awm bawk thin

### **4) *Naupang zirtir theih hauh loh anga lang (naupang khirh zual bikte).***

Naupang thenkhat, zirtirna ngai thei hauhlo leh sual lam kawng zawh duh ve hrim hrim te an awm bawk a. Hetiang naupangte hi chu an enkawl a harsa em em a, tawngtaina hman nasat pawh a ngai zual bik thin Amaherawhchu, Nu leh Pate'n beiseina thuk tak neiin beidawng hauh lovin zirtir hram hram an ngai thin. Habakuka 2:3- "*Rei deuh mahse, nghak rawh; Alo thlen ngei dawn avangin a tlai chuang lovang*" tih kan hmuh hi hre rengin beidawng hauh lova, nghah peih an ngai thin a ni.

Aw le, naupang khirh zual bik leh harsa zual bikte chu engtin nge kan enkawl tak ang le? Naupang thenkhat chuan an Nu leh Pate tihah em emin, ei tur an pekte ei duh lova, thil awmlo ei duh tlatte an ching thei a. Khawi ilo vahchhuahpui tum pawhin a hunlo lutuka hawnte

ngenin mi ti ti laklawh leh thiltih laklawh pawh  
 pawisa hauh lova mahnı in lama hawn duh tut  
 tutnate leh thildang harsatna hrang hrangte samin  
 Nu leh Pa tan hahthlak takin an khawsa thei  
 Tin, Nu leh Pa an tizak fo thin bawk a, Nu leh  
 Pa tana ngeiawm leh thin tiur thei khawpa  
 khawsak ching naupang an awm thei a ni I fa  
 chu hetiang mi a lo nih chuan nangmah ngei  
 pawhin zir tur ı ngah phah hle ang I fa chuan  
 alo len deuh hnuah pawh hetiang bakah kawng  
 danga harsatna hran hran alo thlen a, in inchhung  
 boruak tichhe thei khawpa buaina alo sım a nih  
 chuan, ngun tak leh hmangaih takin ı fa chu  
 kawm ngeih tum la, a rilru chhungrila a harsatna  
 chu hriatchhuah ngei tum ang che Naupang  
 chuan ı hmangaihna dawng tha tawklo ni te  
 pawhin alo inhre thei a, chu bakah a sawichhuah  
 ngam sı lohvin hlauh riau alo nei thei bawk a,  
 tin, in chhungkaw zingah amah haw tlattu awm  
 te pawhin alo inhre thei bawk a ni Chuvangin  
 fimkhur takin a rilru putdan dik tak chu  
 hriatchhuah tum la, chu a harsatna tireh tur chuan  
 rang takin hma la tan nghal ang che. Chutianga  
 ı hmangaihna avanga, a harsatna ilo sutkiansak  
 chuan ı hmangaihnate lo hrethiamin a harsatna  
 ı sutkian sakna a zarah chuan nun pangngaiin  
 alo nung leh thei dawn a ni Harsa taka ı enkawl  
 ı fa ngei vang chuan Pathian ı mamawhzia ı hriat  
 chhuah phahin thlarau lamah pawh malsawmna  
 nasa takin ı dawn phah ang a, tawngtaina pawh  
 ı hman tam phah ngei bawkin a rinawm a I fa  
 fellohna atang chuan ı thiltih theihlohzia in  
 hrechıang tulh tulhin ı mangan avang chuan  
 Pathian ı mamawh ngawih ngawih a ni th ı inhriat

chhuah phah mai thei bawk a ni. Nangmah sawizawina turin Pathianin i fa chu chutiang chuan alo awmtir a ni mai thei bawk a, i fa avanga Thlarau lama malsawmna ilo dawn theih nan chuan nangmah ngei pawh nasa taka i insawr tet a tul fo dawn a, chumi atang tak chuan Pathian ropuina ilo hmu thei dawn a ni. Hetiang hi Lalpa ringtute tan chuan Thlarau lam malsawmna alo nih phah thei a, chu chu Lalpa thil tum pawh a ni chawb bawb thin a Mahse, tan kan lak dan kawng a dik loh chuan setana tan kawngka zau taka hawnsakin, Nu leh Pa ngei pawh sualah min hruai luh phah thei bawb a Chuvangin i fa fello bika i ngaih chu i tan chuan a dik zawnga ilo hman chuan i fa dang fel tak takte ai pawhin i tan malsawmna alo ni hlauh thei a, fa rangkachak alo ni thei dawn a ni Lalpa thil tumte tih hlawhtlina alo awm a, a hlutna ilo hmuhchhuah hunah chuan i fa fel vak lohna avang chuan Pathian hnenah lawmthu i sawi ngei ang. Lalpa, lei leh vana engkim chung a thuneitu tan chuan i fa tidanglam tur chuan a tawngkam khat chauh a tawb a, mahse, a nghah rihna chhan che erawhchu i dawn tur ang i la dawn kim loh vang te pawh a ni mai thei bawb a ni. I tan chuan Lalpa hnaih a thatzia hrechhuak tharin Lalpaah chuan lawmna tamtak i chharchhuah phah thei a ni. Chuta tang chuan Pathian thiltihtheihna chu a takin i lo hmu dawn a ni. Sam 73:28. "*Kei atan zawng Pathian hnaih hi a tha ani*".)

Hetianga i fa chuan harsana leh buaina nasa tak a thlensak che pawhin beidawng hauh suh ang

che Heti taka naupang khirh leh harsa nihna hi Lalpa indona a ni zawk tih hriat a tha " *In dona chu Lalpa indona a nia, hnehna chu Lalpa ta a ni*" (1 Samuela 17 47b) tih kan hmuh avangin Lalpa'n a hneh ngei dawn a ni tih beiseina nung i neih tlat a ngai dawn a ni Habakuka 2 3b "*Rei deuh mah se nghak rawh, A lo thlen dawn avangin a tlai chuang lovang*" tih bawk kha hrechhuak thin ang che Tin, dawhtheih leh zaidam a tul hle bawk A chang chuan thin te pawh a sa phat mai thei, mahse, insum hram hram ang che Nangmah i insawr teta, Lalpa kuta i nghah zawh poh leh Lalpa hnathawh chu i hmu chiang mai dawn a ni

Naupang khirhkhan lutukna avang hian chhungkua buai phah a, nupa inthenna hial pawh alo awm phah thei a ni "*Chhungkhat pawh mahni indo chu an boral thin*" (Lk 11 17) Chhungkuaa chhung inkhawm neih that lohna avang te pawhin heng harsatna hi alo awm phah theih avangin Nu leh Pate fimkhur a tul hle a ni Chhungkuaa Pathian biak inthlahdahna avang te pawhin sualin alo luhchilh thuk tawh che u pawh a ni mai thei Anih loh pawhin chhung inkhawm nei tho sun, Bible-te ilo chhiar liam satliah te pawh ani mai thei a ni A chhan chu a enga pawh chu lo ni ta sela, hnehna chu Lalpa ta anih miau avangin Lalpa zarah i hneh ngei dawn a, zam chhe mai hauh suh ang che. Chuvangin i fa thinlunga thusawi theitu chu Lalpa anih hre reengin tawngtaina hmang tha la, a tul chuan chawnghei te pawhin tawngtai la, chu bakah i fa tana tlaivara tawngtai pawh hreh hauh suh ang che

Kan fate chu kan in an chhuahsan rual chuan thu eng pawh sawi ila, an hre pha dawn hauh lova, an tana hlauhawm tih an hriat hauh lohte pawh kan hrilh pha dawn bawh heklo a ni. Chet dan mawilo leh thalote pawh kan hrilh pha hauhlo a ni. Kan bulah chuan awm sela, kan hrilh ngei ngei turte pawh anmahni kan hmuh phak miao loh avangin kan hrilh pha heklo Hetiang hunah hian engtin nge kan tih tak ang le? Lalpa, lei leh van siamtu, englai pawha min hmu reng thin leh i fa pawh hmu rengtu hnenah chuan tawngtai mai la, Ani'n a tul ang zelin i fa chu alo ngaihtuah zawk mai dawn a ni. Nu leh Pa te'n kan tih theih tawh chu kan fate thu tha hrilh leh an tana tawngtaisak chauh hi a ni a, kan theih ang tawkin tan kan la ang a, chu chauh chu kan theih tawh a ni a A bak zawng chu Lalpa kutah a awm tawh a Keini chuan kan dung lam tawngkhat pawhin kan tih sei theihloh hi kan hriat reng a tul a ni Eng ang pawhin bein hah hle mah ila, keini mihringte theihna chuan tawp chin a nei thin a, mahse, Lalpaah chuan tihtheih loh reng reng a awm lo a ni. Kan lungkham avang hian engmah sawtna reng reng a awm si lova, kan in tihah thlawn mai mai thin a ni. (Mtt 6:27) Mahse, hei hi mi tam takin kan hre thiamlo thin a. Pathian kuta dah tih hian kan hriat thiam siloh chuan kan buaina a thui tulh tulh mai dawn bawh si. Chuvangin Lalpa kuta kan dah dawn chuan "*Lalpa i thu ang zelin ka chungah thleng rawh se*" tih ngam a ngai a ni. Lalpa thu ang anih chuan ka fa pawh chu harsa deuh mai rawh se tih ngamna leh Lalpa kuta dah pumhlum tawp mai a tul a, i fa chu Lalpa'n

a duh duha a tih turin a kutah hlan mai zawk ang che Lalpa kutah kan dah emaw kan tih lai hian keimahnı kan lo che leh thin a, kan beidawnga, kan nghak peih lova, kan hmanhmawh lutuk thin a, chutiang avang chuan Lalpa chetna kan lo dal thin a ni Lalpa kutah kan dah a, kan tih theih emaw tın kan laksak leh a, kan titheilo tih kan hriatin Lalpa kutah kan dah leh a, kan nghah chhuah peih leh siloh avangin a kut ami chu kan laksak leh a, Lalpa tan pawh hna han thawh ngaihna awm hauhlo khawpin kan chai buai thin a A tawpah kan mangang leh a tihngaihna hre lovin kan lu a hai phah leh thin Hetiang tur a ni lova, "*Lalpa, i thu thu ni rawh se*" (Lk 1 38 b) kan tih mai a ngai a ni Hemi avang hian kan inthlahdah tur a ni tihna ni lovin, kan tihtheih tawk kan tih chu Lalpa pawhin min phut a, a bak chu a kutah ni rawh se I fa chu tha tak lo ni sela i duh a, mahse engmah i tihlawhtling thei tak tak si lo, " *Rilru lo ruahmanna chu mihring lam chan a ni a, Lei chhanna erawh chu Lalpa atangin a ni*" (Thuf 16 1) Hetah hian hlawhtlinna leh chhanna chu Lalpa ta anih zia kan hmu chiang hle a ni

I fa chu Lal Isua Krista hnena hruai ngei tum tlat chu Nu leh Pa mawhphurhna liau liau a ni Setana'n a thlem theihna kawng tinreng leh setana biakna hiala alo inhnammawih ve loh nan i fa chuan Lal Isua neih a ngai hmasa ber a, Lal Isua Krista chu a nuna alo lal ber phawt a ngai dawn a ni Kristian satliah, chawlhnia inkhawm ve thin, Sunday school pawh kal ve thin a nihna mai kha a tawk hauhlo a ni Ama mimal nunah Lal Isua

Krista a nei tawh em? Lal Isua chu Lal leh chhandamtuah a pawm tawh em? Heng te hi ngun taka kan ngaihvenpui a ngai a ni.

I fa chuan Thlarau chhandamna alo hmuh theih nan i tawngtai sak tawh thin em? Tihluihna mai chuan i pianthartir thei dawn hauh lova, amaherawhchu i fa tan chuan i tawngtaisak thei a, a thinlung chu Chanchinthaa tikhat tura Pathianin alo buatsaih theih nan i tawngtai sak thei a ni. I fa tana i tawngtaisakna chu a pawimawh zia hria la, i tawngtai apiangin a hmasa berah i fate hming chu sawiin Pathian hnenah i hlan fo an tul a ni.

Pathian thu tha tak takte chu i fa chu hrilh thin ang che. Khawvel thawnthu mai mai ni lovin, Bible ami entawn tlak tak takte chanchin hrilh emaw, chhiar chhuahsak thin emaw a tha hle a ni.

### **Entirnan:-**

*Isua leh Nikodema inbiakna thute (Jn 3- mi te), Isua leh Samari hmeichhiate (Jn 4-a mi), Phillipa leh Ethiopia mi chanchinte (Tirh 8-a mi), Paula leh Sila Phillipi khuaa lungin an tan thute (Tirh 16-ah) etc.* Heng thu i chhiarchhuahsak zawhin a awmzia te leh keimahni tana a hlutna te leh kan zir tur neih angte hrilhfiah thin la, i fa chuan a hre reng tawh dawn a ni. I fa chu Pathian thu eng pawh lo hrilh ta la, i thusawi chuan a tum ber tur chu heng hi ni sela;- Pathianin a hmangaih che a, thlamuanna te, chatuana nunna te leh nun tam nei turin a duh che tih te hi lo ni



sela, a tha hle ang (Jn 3 16; 10:10, Rom 5:1 )  
 Misual i ni a, Pathian laka mihrang ilo ni tawh a  
 ni (Rom 3 23 ) Lal Isua'n cross-a, a thih khan i  
 sual man chu a peksak tawh che ( Jn 14 6, Rom  
 5:8 ) Pathian hnenah i sualte chu puangin,  
 inchiira simin amah chu Lal leh chhandamtuah  
 pawm tur i ni ( Jn 1:12, 1 Jn 1 9, Thup 3 20 )  
 tiin

Naupangte Pathian thu i hrilh reng rengin an  
 hriatthiam theih tur ang chi tawngkam hman  
 hram hram a tha baw a ni

Tin, in chhungah Lal Isua chu Lal berah in  
 neih a ngai baw a, chu chu naupangte pawhin  
 anlo hrethiam ve mai dawn a ni Lal Isua hi Lal  
 leh chhandamtuah kan pawm tlangpu awm e  
 Mahse chhandamtua pawmin Lal a nihna erawh  
 chu kan hnawl duh viau Hei hi tihdan tur a ni  
 hauhlo a ni Kan Lal Isua Krista chu lei leh van  
 leh khawvel zawng zawng chung a thuneitu ani  
 tih hi kan hriat nawn fo a tul hle Kan fate,  
 naupang, tleirawl, nula leh tlangvalte chu Lalpa  
 hnenah kan hrui theuh chu kan mawhphuhrna  
 dik tak leh Lalpa pawhin min phut em em a ni  
 tih i hre reng ang u " In fate chu thahnemngai  
 takin in zirtir anga, in ina inthut laite, kawnga in  
 kal laite, in mut laite, in thawh hun tein insawi  
 thin tur a ni" (Deut 6 7ff )

## BUNG - 9

### MIDANGTE LAKAH

*"Amah chu thinlung zawng zawnga, chakna zawng zawnga hmangaih a, mahni inhmangaih anga vengte hmangaih hi pumhal thilpek leh inthawina zawng zawng aini a tha zawk tih hi i sawi dik zet mai" a ti a. Marka 12 53*

Chhungkaw tinah hian Nu berin mawhphuhna kan nei tih kan hre tawh a. Nu ber chu inlengte lochhawntu leh an len tinuamtu a ni tur a ni Chutiang a nih loh chuan inlengte an inthlahrung ang a, len leh an chak tawh ngai hauh lovang Hetah hian Nu ber mualphona a nasa hle dawn a ni Chuvangin midangte lakah Nu berin mawhphurhna sang tak a nei a ni

Nu thenkhat chuan an chhungkuaa ei leh in tur thil an buatsaih chu inleng an neihin an thukru a, an inlengte chu thil tuihnailo zawk, anmahni pawhin an ei that duh mang lohte hlui an ching a, hei hi chin loh tawp atan a tha. Kan inlengte chu kan duhlai, kan ei chak zawngte hlui thin ila, chu chu Pathian thu a ni zawk. Keimahni kan inhmangaih ang a, kan vengte kan hmangaih tlat

hi Pathian duh dan a ni. Kan Pathian Lehkhabu ngei pawhin min hrilh hi i hre reng ang u.

Hmeichhiate hi thenawm hlahawm tak te, thian hlahawm tak te kanlo ni hlah ang e Kan beisei loh anga mite'n kan chungah rilru an lo put pawhin, khinglet lovin an that lohna te chu thatnaa hneh tum tlat hi thil tha tak a ni a, Pathian thu a ni bawk Mite'n i chungah rilru sual pui dawt pawhin an'lo sawi mai thei che a, chung hunah chuan Lal Isua neitu i nihna lantir a tul zawk a ni Kan Bible ngei pawhin " *Kei erawh chuan ka hrilh a che u, in hmelmate chu hmangaih ula, a tiduhdahtu che u chu tawngtai sak rawh u*" (Matthaia 5 44) min ti a nih kha Krista neitu i nih ngat chuan nangmah tinatu chuan Lalpa mit naute an khawih a, an chungah Pathian a thinur em em zawk a ni Chuvangin nangmah tinatu chu tawngtaisak fo zawk ang che Hei hi thil harsa tak pawh a ni mai thei, mahse, tawngtaisak chu i mawhphurhna a ni tlat a ni

Kan thenawmte tana hnawksak nih ai chuan thenawmte tana tangkai tak nih hi thil tha tak a ni Kan thil tihtheih tawk a te deuh a nih pawhin, te tak teeth pawh midangte duhsakna kan tihlan fo hi a tul hle a ni

Tin, tawngkauchheh thua mī dangte tana ngaihthlak nuamlo leh mī relna tawngkam te hi kan chhak chhuak hauh tur a ni lo Krista neitu kan nihna ang takin kan tawngkauchheh reng reng pawh kan fimkhur a tul a ni Ka Nu chuan heti hian min hrilh thin - "*Mi chanchin thalo reng reng*

*i hriat pawh sawi chhuak ngai suh la, mi chanchin tha lam sawi tur i hriat loh chuan ngawi mai thin ang che"* tiin He thu hi naupangte ka nih laia ka nuin min hriih ngun berte zing ami a ni a, tun thleng hian ka tan chuan thil hriat reng tlak leh zawmtlak em em niin ka hria. Mi rel ching mite chuan hmangaihna an tlachham a, mi rel turin a daih loh hnuah pheih chuan dawt hial an sawi phah thin. Tin, dawt an sawi chu hun alo rei hnuah chuan anmahni ngei pawhin thu tak emaw tiin an awih leh duh fo thin Hei hi thil tha lo tak a ni. Chuvangin kan tawngkamte thlahdah mai mai lovin, midangte kan biak danah fel tak leh zahawm taka tawng chhuah thiam a pawimawh hle. Mi rel leh sawisel chingte hian rel leh sawisel an hlauh duh hle An mi relte kha an mualpho emaw an tih lain a reltu kha alo mualpho zawka, a relna thu a hriih te khan amah chu an hlau rilru duh hle thin bawka a ni. Hnung lama mi nuihzat hlauh leh mi hlauhruk nih a awl hle a ni. An tehma ngai bawkin an tehsak ve thin a ni. (Mtt 7:2b) Chuvangin midangte rel leh sawisel mai mai lovin. Krista'n kan tana thil tha min lo tihsak te, A hmangaihna thuk tak te hi i sawi mawlh mawlh zawk ang u. Chu chu Pathian rawng kan bawlna a ni zawk. Krista hmangaihna atang chuan tumah mihrang kan awm lo a ni

## LAICHIN UNAUTE LAKAH

Kan laichin unaute lakah pawh Nute'n mawhphurhna kan nei a, han sawi dawn chuan sawi tur a tam thei hle ang. Nute hian kan pasal

chhungte, kan mopuite leh kan awmpuite lakah mawhphurhna sang tak kan nei a Mualpho pawh a awl hle a ni Nute chuan kan theih ang tawkin kan pasala chhungte chungah that kan chhuah ve tur a ni Chutiang bawkin kan pasalte pawhin kan chhungte chungah that an chhuah ve a ngai bawk Kan inchungah kan chhungte tlangnel hle siin, kan pasala chhungte inthlahrung hle si sela, Nu kan mualpho hle tihna a ni Inchungah chuan midangte tlangnel leh tlangnelloh chu Nu awmdanin a zir leh zirloh a nih avangin hemi thua pawh hian Nute'n mawhphurhna sang tak kan nei a ni Kan chhungkhatte leh kan pasala chhungte chu ang khata en a, duhsakna tihlan fo hi tum tlat fo a tha a ni Mihring kan inang lova, tawnghmang thiam tak takte an awm lain, thiamlo deuh te pawh kan awm thei a, tawnghmang thiamlo deuh te pawhin chet danin mi dangte kan duhsakna kan tihlan fo a tul a ni

Mo kan lo ni a, kan duha kan neih kan pasalte kan hmangaih ang bawkin, kan pasala chhungte hmangaih let ve chu kan mawhphurhna dik tak a ni Ruthi-buah chuan mo leh a pasala Nu chungchang entawn tlak tak kan hmu a Naomi chu Ruthi pasala Nu a ni a, Naomi leh Ruthi chu mo leh a pi anlo ni ta a Naomi chu Nu tha tak a ni a, tin, Ruthi pawh chuan a pi Naomi Pathian chu a vuan ve ta a Hmeichhe rilru tha hriat theihna chu a mo chungah a awm danah a lang Chiang duh hle Ruthi hi kan Bible-in mote entawn atana alo thlan a ni bawk a, a awmdan hi a entawntlak hle a ni Ruthi chuan a pasala Nu Naomi hi a hmangaih tak zet a, a pasal thih

hnuah pawh a pasala Nu chu a hmangaih dan ala pangngai reng a. Ama nawmna tur leh pasal dang pawh ngaihsak chuang lovin, a pasala Nu tan a inpe zo vek a nih kha. Hetiang hian kan pasala chhungte hi kan hmangaih ve thei ang em aw? Ruthi hi a pasal a thi tawh chung pawhin a pasala Nu tan a inpe zo thak a. A pasala chhungte a rel thu kan hre heklo. A rilru thatna leh a inpek zawhna avanga Pathian malsawmna a dawn nasat zia leh kan Lal Isua Krista thlahtu bulpui zing a mi alo nih tak zia kha kan hre theuh awm e.

Tunlaiin mo tam tak chuan an pasala chhungte relna leh an chhungkaw harsatna midangte hnena thlen an ching thin a. Chu bakah an chhungkaw inrem lohnate anmahni chhungte bik hnenah an thlen fo thin a. An pasala chhungte, an Nu leh Pate leh an unaute an demna hi midang hnena thlen fo chingte tan chuan tih tawh loh atan thil tha tak a ni. Hetiang ching te hi chuan a dik takin anmahni mawng an hlim a ni. Bible-a kan hmuh Ruthi nundan hi entawntlak a nih ang takin mote'n entawn theuh tum ila a tha hle ang.

## MIKHUALTE LAKAH

Mizote chu kan ram chhungah leh pawn lamah te pawh inthlENCHILH uar tak kan ni a. Chuvangin mikhualte chung a awm dan pawh kan thiam a tul em em a ni. Mikhual neih nikhuaa Nuin alo biak thatloh chuan, mikhualte tan a hrehawm duh em em a ni. Kan mikhualte ang bawh khan

eng hunah emaw chuan mikhual kan la ni ve ngei dawn a ni tih hre rengin kan mikhualte kan duat a tul a ni Hemi piaah lamah hian Kan Pa vana mi duhzawng a ni tih kan hriat reng a tul a ni Kan Bible chuan, "*Mikhualte lawmin awm fo rawh u*" (Rom 12 13) min ti a ni Hre lovin vantirhkohte kan lo thleng thei reng a ni Lal Isua thleng duhlo leh lawmlo nih palh a hlauhawm hle Kan Pathian thu chuan - "*Ka pa vohbikte u, . Ka riltamin nangnin eitur min pe a, ka tui a halin intur min pe a, mikhual ka nihin min thleng a, saruak ka nihin puan mi sintir a, ka dam lohuin mi kan a, tan ina ka awmin ka hnenah inlo kal si'a la ti ang* (Mathaia 25 34 36) "*Heng ka unau te berte zinga mi pakhot chung a intih chu ka chung a ti in ni*" tiin a la chhang ang (Mtt 25 40b)" Heng te hi hre rengin kan mikhualte chungah theih tawpin that kan chhuah a pawimawh em em a ni Mi berh te te emaw kan tih, kan lo ngaihsak vak lohte hi vantirhkoht anlo ni thei a, hre lova Vantirhkohte kan lo thlen a, kan tih lungawi loh hi thil hlauhawm tak a ni Chuvangin, "*Heng mi te berte chung a in tih hi ka chung a ti in ni*" tia Lalpa'n min huih tawk tawk hi hre rengin mite leh miliante thliarhrang lovin kan khawsak dan leh Chanchintha hi lo inmawi se a va duhawm dawn em "*Chutichuan, thil engkim min in chung a an tiha in duh tur ang apiang chu, mi chungah pawh ti ve rawh u*" (Mtt 7 12a)

A chang chuan mi lian, hausa leh awmthei pui puite in inah an lo thleng pawh a ni thei a, mi rethei mawl tak anlo thlen chang pawh a

awm thei bawk. Hetah tak hian Krista neitu i nihna tihlan a tul dawn a ni. Miliente chung a that huam huam a, miretheite hmuhsit leh nuihzat hi chin hauh loh tur a ni. I thil tih reng rengah chuan Krista a lawm ang em tih ngaihtuah reng chungin thil i ti thin dawn nia. Krista-ah chuan milian leh mite, mihausa leh rethei kan awm chuang lova, thlarau pakhat nei theuh, nangmah Pathianin a hmangaih ang thova i kiang vela mite pawh Pathian hmangaih an ni tih hria a, i awm dan reng rengah Krista neitu i ni tih i kiang vela mite pawhin an hriat theih nan i eng chu mi mithmuha enchhuahtirtu, piangthar tawh nih theuh tum tlat hi a tha em em a ni

### SUM ENKAWLNA AH

*"I sumin Lalpa chawimawi la, i thil lo pung hmasa ber zawng nen; tichuan I buhin chu alo khat liam ang a, I sawrkhur Uain tharin a luang liam ang" (Thufingte 3 9,10)*

Sum enkawl hna hi hna pawimawh tak a ni a, thiam harsa tak si a ni. Bible-ah hian sum lakluh leh enkawl dante, a hman dan tur tam takte kan hmu a. Inchhunga mi tute'n emaw pawisa kan la lut ta a, kan sum lakluh chu khawi ami nge, tu min pek nge tih kan chhut Chiang hmasa phawt tur a ni. Pathian malsawmna kan dawnte hian mal min sawmtu hi min theihnghilhtir mai ang tih a hlauhawm em em a ni. Hla siamtu chuan *"Malsawmtu, i malsawmna ni louin, malsawmtu Nangmah zawk ka duh che"* alo ti a. Mal min



*sawmtu hnenah hian lawmthu kan sawl mawlh mawlh a tul a ni Pathian chuan "pe thei che ka ni a, la leh thei ka ni" a ti a A thil min pek sa pawh a duh hunah chuan min laksak leh thei a ni. Tin, kan sum leh pai Pathian hnen atanga kan dawnte enkawl tur hian a petu hre reng leh zah tak chung a enkawl a tul a ni Thufingte 20 21 ah chuan vang "Sum hi a tirah dehchhuah thuai theih mah sela, a tawpah malsawmna a ni kher lo" tih kan hmu a Sum te hi kut tling lova deh chhuah hi thil awlsam tak a ni a Thawklehkhata lo hausak thut pawh thil awm thei a ni a, mahse hei hi thil tlo lo leh Pathian huat zawng tak a ni a, a tawpah malsawmna a ni kherlo thei Thufingte 28 20b ah chuan "Hausak thuai tum erawh chu hrem lohvin a chhuak lovang" tih kan hmu a ni Kutling dik taka sum dehchhuah erawh hi chu thil awlai a ni lova, amaherawh chu a tlo em em thung a, himna leh hahtamna pawh chhungkuaah leh mimalah a thlen zawk a ni Thufingte 16 8 ah pawh hetiang hian kan hmu a - "Fel lo taka dehchhuah tam tak ai chuan fel taka dehchhuah tlemte a tha zawk"*

Sum hman chung changah hian Nu leh Pa inthural a ngai bawh a ni Sum lakluh zia ang zela, a hmanchhuah pawh thiam a ngai a A tlangpuin diklo leh fello deuh va sum lakluh hi chu a hmanralna lamah pawh a felhlel duh fo Awlsam taka lakluh a nih avangin a uiawm nep deuh a ni mahna Chuvang chuan engemaw ti mai main a ral duh thin a ni Tunah hian dik tak leh fel taka sum lakluhte enkawl dan tur lo ngaituah dawn ta ila Mahni sum lakluh dan hre

reng chung a uluk taka hman hi chin fo a tha. Kan sum lakluh zat hre chang lek lova rualel te hi chin hauh loh tur a ni Incheina pawh sum dinhmun a zirin ngaihtuah tur a ni a. Thiante'n emaw thenawmte'n emaw an neih avang maia neih ve zel duh ringawt te hi tlakranna bul a ni Thil i lei dawn reng rengin, duhzawng nazawng lei lovin mamawh zawng chauh lei thin ang che.

In sum lakluh atang chuan a hmasa berin Pathian chanpual dah hrang thin ang che Tin, chumi hnuah chuan inchung mamawh lei dan tur ngun taka chhut chungin i lei thin dawn nia.

## PAWISA HMAN DAWNA HRIAT RENG TURTE

- 1) I pawisa hman chhuah chu thla tir atangin thil te tham i leina pawh ziakin chhinchhiah zel la, hei hi thil tangkai tak a ni Taihmak erawh a ngai thung Tichuan, thla tawpah i thil lei chhinchhiahna chu han chhut nawn leh ta la, thil tul manglo ilo lei tel a nih chuan thla thar lo awm leh tur atan chuan lei tum tawhlo la, hei hi thil tha tak a ni.
- 2) Thla tirah hian thla khat chhunga in mamawh tur, sahbawn, chini, thingpuife, tel leh thil dangte lei lawk thin la. Thil man tlawm deuhna dawr te pawh hriat tum la, hei hian a tanpui hle ang che.

- 3) Thla tirah in thil mamawh chauh lei tum hmasa phawt la, chutah i hman bang ala awm anih chuan i duhzawng lei nan chuan i hmang thin dawn nia
- 4) Sum hman chung changah hian nangmah i inringtawklo a nih pawhin, in chhungkaw zinga rinawm leh sum enkawl fel thei tur nia hriat kutah pawh dah mai la, a fel tawh em tih chu a khat tawkin endik fo ang che
- 5) Chapona hian tul lovah sum min sentir teuh thei a, chuvang chuan chapona leh midang elna dah bo hram hram hi a tul a ni Keini aia harsa ve nia kan hriat te'n thil tha anlo neihin neih ve ngeri tumna a awm duh hle a, hei hian tlakranna a thlen duh hle a, chin hauh loh tur a ni
- 6) Bazara thil i lei dawnin i thil itzawng tak ilo hmuh pawhin thil ngaituah chiang lova lei mai lovin, hei hi kan mamawh tak tak em tih chhut hmasa la, chumi hnua mamawh tak taka i inhria a nih chauhviri i lei thin dawn nia
- 7) Bazara kal hian naupang te zualte hi a theih hram chuan hruai tel loh hi thil tha tak a ni a, naupangte bazara an kal ve hian an thil hmuhchawp duh a, leisak mai hi a awl avangin naupangte chu a theih hram chuan bazar dawn ni chuan hruai loh hram tum ang che
- 8) Bazar kal hian thil mamawh lei lova mamawh

tak tak lem loh thil lei teuh hi a awl em avangin i chhuah hmain i thil lei tur zawng zawng chu ziaak chhuak hmasa thin la, thil lei theihnghilh a awm tlem phah deuh bakah thil tullote lei a nilo deuh nge nge thin.

- 9) Thil lei duh mangloh deuhte pawh a zuar tute'n an fak thiam em avang te leh an hmaizah vang maia lei ching lo la, thil lei sual palh a, thleng let leh alo tul pawhin hreh hauh bawk suh ang che
- 10) Thil i lei reng rengin, a tlawm nazawng leia hma taka a chhiat leh ai chuan thil tha nge nge chu to deuh pawh nise, a tlo deuh nge nge avangin a tha chu lei ta la, ala hlawk zawk fovang
- 11) A tlangpuiin dawr te deuh ai chuan dawr lianah nge nge hian thil inang chiah pawh a man a tlawm duh bik deuh.
- 12) Bazar i kalin i ril alo tam anih chuan thingpui dawr tawp hnawk mai maiah chuan thil ei lo la. Tlem tal ila nghak thei anih chuan thingpui dawr tha pangngaia chhangte leiin ina i hawn hnuin thingpui nen ei zawk la Hei hi hriselna atan pawh a tha zawk a ni.

Thlatina in sum lakluh atangin thla khatah engzat nge kan khawl theih ang tihte ngun taka chhut a ngai a. Ei leh bar atana hman tur zat bituk ni sela, a bak chu a tuldin a zirin hman ni sela, a theih anga tam khawl tum bawk ni se Chutichuan sum indaih alo awl deuh bik ang.

Tin, puan suk leh inchohung tihfaina kawngah pawh a theih ang tawka rena thil hman hi a tangkai hle a ni Awmpuite leh midangte rin hi thil tha leh hahdamthlak tak ani nachungin nangmahin i enfelpui thei anih loh chuan hmanrua a hek duh bik Sum indaih hi thil harsa tak a ni a A chhan bulpui ber nia lang chu kan lak luh aia hmanralna tur kan hriat tam zawk vang ani fo thin Kan sum hman danah pawh min petu hre reng leh Amah zah tak chungin i hmang thin ang u.

Office-a hnathawk i niha loh theih lohva pawn lama thingpui i va in a nih loh chuan, bazar kal apianga bazara thingpui va in fo hi a mawi loh bakah a tul lem lova, insen thlawna mai a ni Enge maw changa i va ei leh in dawn anih erawh chuan thingpui dawr chang kang law lawah ein i in thin dawn nia

Thawmhnawhlui siamthat theih si hluihlawn zel hian a thar lei a chawh zel a, chuvangin a theih anga thawmhnaw hlui thalo deuhte pawh siamthat zel hi thil tangkai tak a ni bawh Chhungkaw dinmun a inang lova, thenkhat chu sum lamah harsatna nei hauhlova duh duh lei thei an nih lain, thenkhat chu harsa ve takte pawh kan ni mai thei a Sum nei deuhte chuan an duh ang ang an leite pawh a tha a, mahse, mi nazawng tan chuan heng kan han tarlan tak te hi a pawimawh viau a ni

## BUNG - 10

### NU - RAWNGBAWLNA AH

Tunlai khawvel thang zelah hian kohhrana rawngbawlnaah te pawh hmeichhia te'n pawimawhna kan lo nei lian ve telh telh a, hei hi hmeichhiate tan thil hlu leh lawmawm tak a ni

Tunhma chuan kohhranah leh khawtlangah te hmeichhia te'n chanvo an nei tlem em em thin a, mizo upate phei chuan, "*Hmeichhia leh chakaiin sakhua an neilo*", "*Hmeichhia leh palchhia chu duh hun huna thlak theih an ni*", "*Hmeichhe finin tuikhur ral a kailo*" tihte an ching thin a Mahse, tunah chuan mizo hmeichhiate tan khua alo var ve ta a, hmeichhe ngaihnepna hi chanchin tha avangin alo reh tial tial a, hmeichhiate'n kawng hrang hrangah pawimawhna kan lo nei ve thei ta a, a va lawmawm tak em !

Bung hmasa lama kan sawi tawh angin hmeichhe rawngbawlna tam ber chu inchhungah ni mah se, a bak hun kan la neihte chu pawn lama Pathian rawngbawlna atah kan hmang ve

thei a ni. Hmeichhia te hi lehkhazirna kawngah leh finna kawngah pawh tunhma aiin hma kan sawn ve hle tawh a. Kan hmeichhe puite zingah pawh lehkhathiam sang tak tak, fing tak tak leh thlarau mi tak takte, Officer lian tak tak te anlo awm ve ta a. Hengte pawh hi Lalpa zara kan chan a ni a. A va hlu em! Hmeichhiate hi rawngbawlna kawngah pawh kan duai biklo hle a. Pathian thu lama Doctor te kan lo nei ve nual tawh te hi a ropui hle a ni. Chu mai ni lovin, Revival Speaker hmeichhe ropui tak tak te, Kohhran hmeichhe hruaitu fel leh thlarau mi tak tak te, damdaw lam Doctor-te pawh kan hmeichhe zingah tam tak anlo awm ta. Ram hruaitute zingah pawh kan mizo hmeichhiate ngei pawh MLA-te leh Minister-te hial pawh kan neih ve tawh thin kha. Mipa tam takin an tlukloh hmeichhia tam tak an awm te hi a lawmawm em em a ni.

Aw le, Pathian rawngbawlna kawngah pawh hian hmeichhiate pawh Pathianin min lo hmang duh ve zel a, kan fel leh tlin vang ni hauh lovin khawngah rawngbawl hna min lo pe ve thin te hi a hlu em em a ni. Pathianin a rawng kan bawlna kawngah hian kawng chi hrang hrangin min hmang duh a ni. Kan Bible hunlaih pawh khan hmeichhiate'n thuhrl rawngbawlna anlo nei thin a. Tirkohthe Thiltih 21 9 ah chuan "*Chu mi chuan fanu pali a nei a, nula thianghlam an ni a, Pathian thu an hrl thin a*" ti kan hmu a ni. I Kor 11.5,6 ah te, Tirkohthe Thiltih 18 24-28, 2 17-18 ah te pawh hmeichhe thuhrl thu a lo inziak ve diam bawk a. Tin, hei bakah hian

hmeichhe zawlneite chanchin pawh kan Bible ah kan hmu bawh a ni.

**Entlrnan : -**

*Miriami te; Debori te ; Huldai te leh a dangte.*

Hetihlai hian I Kor. 14:34,35 ah chuan Tirkkoh Paula chuan "*Kohhran ho inkhawmnaah chuan hmeichheho chu ngawi reingin awm rawh se, anni zawng an thusawi phal a ni silo. Dan lehkhabin a sawi ang bawh khan thu zawmin awm zawk rawh se. Tin, engpawh zir an duh chuan in lamah mahni pasalte zawt rawh se; Kohhran ho inkhawmnaa hmeichhe thusawi hi a zahthlak si a*" alo ti ve bawh a Hemi thu hi tirkkoh Paula'n a sawi chhan ni awma langte hrechang lovin mi tam takin a bawp lawkah lo lain, hmeichhe thuhrl leh rawngbawlnate an sawnepin an pawm loh phah a ni mai thei. Mahse, Tirkkoh Paula'n he thu a sawi lai hunah hian hmeichhe lehkhah thiam leh thlarau mi thuhrl theihna pek sawi tur an tam vak loh vang niin a lang a ni Amaherawh chu tunlai hun angah hian Tirkkoh Paula hi lo awm ve ta sela, kan hmeichhe Speaker hote leh hmeichhe thuhrltu tam takte hi a fakin a lawm hle ang tih a rinawm em em a ni.

Kohhran hmeichhia-te hi kum 1904 atanga din tan alo nih atangin tun thlenga hmeichhiate rawngbawlna a hlawhtlin leh a hlut zia te hi kan chhut ngai em aw? ! Buhfaitham-ah te leh thlaraubo man chung changah pawh hmeichhe rawngbawlna hi a hlawhtling em em a ni. Hmeichhe Tirkkoh (*Bible Women*) pawh kum



1913 atang daih tawh khan kan lo nei ve tawh a nih kha (*Kohhran Hmeichhe chanchin - P.C. Laltlan*)

Aw le, Nute rawngbawl na chungchangah hian Pathian-in talent hrang hrang min pek te hi tihpun zel hi kan mawhpurhna a ni (Lk 19 11f) Thenkhatte chu thuhrl theihna a pe a, thenkhatte chu zaithiamna a pe a, thenkhatte chu finna leh lehkhathiamna a pe a, a thente chu hlaphuah thiamnate, hawihhawmna te, Counselling lama thiam bikna te, thu ngaihthlak thiamna te leh tawngtai rawngbawl na te a pe a A engber emaw tal hi chu Nute hian kan nei theuh ngein a rinawm Heng kan han tarlan bakah pawh hian hmeichhiate'n talent tam tak kan la nei ngei ang A eng ber emaw talent ilo chan chu Lalpa rawngbawl nan amah rawn chung zelin thahnemngai takin tihpun tum ang che Lk 19 11ff

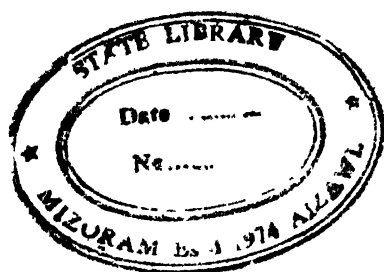
Amaherawhchu, Lalpa rawngbawl hna kan thawhnaah hian keimahni thahnemngaihna avang chauhva kan tih hian a tha hle tho nain, Lalpa rawn chung a duh dana kal hi tum fo a tha Rawngbawl naah penchhuah alo tul em em lai chuan min kotu leh min tirtu thu ang ngei chuan pen chhuak thin ila, kan ke pente chu tinghetin mal a sawm dawn a ni. A chang chuan duhthawh lutuk avanga Lalpa zai ngai lek lova lo chet palh a awm theih avangin Amah hi rawn ngun ila, A aw hre chiang ngei chung a penchhuah hi a tha em em a, a hlawhtling bawh thin a ni " *Ruah leh vur chu van atangin a sur thin a, khi*

*lamah khian a kir leh ngai lova, lei hi a chawm  
 zawk a, thil a totirin a chawrtir a, buh chi thehtu  
 hnenah buh chi a pe a, eitu hnenah eitur a pe  
 thin; chutiang bawkin ka ka atanga thuchhuak  
 chu a awm ang: engmah tih nei lovin ka hnenah  
 a kir leh loving a, ka duh ang chu a ti zo zawk  
 ang a, thil ti tura ka tirhnaah chuan a hlawhtling  
 bawk ang." (Isaia 55:10). Keimahni  
 thahnemngaihna avang maia kan lo penchhuah  
 a, thahnem kan ngaih viau chang alo awm hlahu  
 chuan Isua hmel danglamna tlanga Petera'n  
 bawkte pathum khawh a rawt tum pawh kha  
 hrechhuak leh thin ila, van atanga aw lo chhuakin  
 "Hei hi Ka Fapa duh tak, Ka lawm em em a chu  
 a ni, Ama thu ngai rawh u" (Marka 9:7) a rawn  
 tih ang mai khan min rawn tih a hlauhawm a ni  
 Lalpa rawng kan bawlinaah hian midangte phutna  
 neih tam lutuk pawh hi thil awl tak a ni ve thei  
 thin Kan tih ang ti ve tura kan thiante kan duhsak  
 anih chuan anmahni ngei hnenah chuan kan  
 duhsak tak tak ani tih hriattirin kan tih angte chu  
 ti ve tura tha taka hrilh mai leh tawngtaisak chu  
 kan tihtur a ni. Chu chu Lalpa lawmzawng anih  
 a rinawm."Pathian ngaihsakna hi lungawina tel  
 zawngin hlawkna nasa tak a ni reng a ni" (1 Tim  
 6:6) Chuvangin, Amah rawn zel ila, Ama thu  
 anih chuan mihringte ngaiha a hunah pawh hun  
 loah pawh a mawi emaw mawilo emaw A  
 rawngbawl hna chu kan thawh zel a ngai dawn  
 a ni. Chhungkaw buai zuallai takte hi alo chuh  
 ve chang a awm thei a, hengte pawh hi keimahni  
 min fiahna alo ni mai thei bawk a ni. Mahse, a  
 eng chu nge kan tih hmasak tur chu Amah Lal  
 Isua Krista chu rawnin a thu ngaichang thiam ila,*

kan tih hmasak tur pawh chu min lo hrilh mai ang

A enga pawh chu ni sela, Lalpa thu chu a lal ber fo tur a ni zel a, chuvangin, a thu ang zela kal tum ila Luka 1 38-a Mari'n "*Ngai teh, Lalpa bawihnu ka ni, i thu ang zelin ka chungah thleng rawh se*" a tih ang hian keini pawhin tih theih ve theuh i tum ang u

Tunah chuan kan sawi tak angin tun hma lam ai chuan Kohhrana rawngbawlina pawh hmeichhia te'n kan lo chelh thuk ve hret hret a Kohhran hruaitute hmangin Lalpa'n kawng min hawnsak zel a, a lawmawm hle a ni Hmeichhiate pawh Thuhrl rawngbawlina bakah Sunday School zirtirtuahte (*Puitlingah leh Naupangah*), Zoram pawnah ngat pheh chuan Nilai Thupui hawngtuah te, Rawngbawltuah te, Tantuah te leh thil pawimawh hrang hrangah te hman kan lo ni ve ta a, a lawmawm hle a ni. Kan Kohhran hruaitute pawh hian Pathianin hmeichhiate min siam hlutzia leh ropuizia te hi an hre chho ve zel niin a lang a, nakinah pheh chuan hmeichhiate ngei pawh rawngbawltu, Upa, Pastor Ordained an la nih theih ngei i beisei tlat ang u. Pope Pius XII pawhin "*Mipa leh hmeichhia te hi intluk reng a Pathian siam kan ni a, hmeichhiate hi kan en hnua bik tur a ni lo va, amaherawhchu, nupute hi an pasalte hnenah an intulut tur a ni, Kohhran-ho Pathiana kan intulut ang hian (Ephesi 5 22)*", a lo ti hial a ni



## BUNG - 11

### NU LEH PA INREM DAN

Khawvelah hian nupa tuak tam tak an awm a, thenkhatte chu inngeih tak tak leh inthlahlel em em an awm lain thenkhat erawh chu tuk zan tha pawh nei thei lovin an awm a, chumi hnua inthenna alo thleng ta thin a ni Karah fate anlo awm tawh hnua nupa an inthen phei chuan an fate chu fahrah-ah anlo siam a, naupang khawngaihthlak tak tak anlo awm phah thei a ni Hei hi thil pawl tak leh hrehawm tak anih avangin a pumpelhna tur chu kan zawn a, kan lo hriatthiam hnua hlawhtlin chuan Kristian chhungkaw hlim tak alo nih theih dawn a ni Chhungkaw hlim tak ni tur chuan hmeichhia leh mipa danglamna kan hriatchian hmasak phawt a ngai a ni. Hei bakah hian Nu leh Pa pawhin chhel kan zir tel a ngai em em bawh a ni. Mipa leh hmeichhiain kan danglamna kan hriatchiana kan in pawmsak tawn hian hmangaihna chu mawi takin alo parchhuak thei a ni.

## MIPA LEH HMEICHHE DANGLAMNA

Mipa leh hmeichhiate hi danglam tur kan nihna kan hriatchianloh chuan thilsiam inanglo, inpersan daih kan nihna avang hian inhriatthiamna a thleng thei ngai lovang Kan lungawi lohna leh thinrimna chhan tam ber hi chu kan inan lohna kan hriatchiantawk loh vang a ni thin Mipain hmeichhia chu anmahni ang ni tura min beisei a, hmeichhia pawhin chutiang bawkin mipa chu kan lo beisei leh thin hian inhmuh thiam lohna nasa tak a thleng thei thin a ni

Nu leh Pa-in kan hriatsual fo thin chu, kan khingpuite kan hmangaihna avanga an chung a kan thil tihsakte leh rilru kan put dan ang chiah chiah chu kan chungah pawh ti ve sela tia kan beisei fo hian a ni Kan khingpuite chu kan beisei ang anlo nih leh si loh hian kan rilru a na em em thin a, thinurna leh beidawna lian tak kan lo neih phah thei a ni. Hei vang hian kan khingpuite pawh a tul leh mamawh anga tanpui leh buaipui kan lo chak loh phah a, rilru hrzhawm takin kan awm phah thei a ni

Hetianga rilru hi hmeichhia chauhvvin kan pu bik lova, mipa pawhin an pu ve thei thin a ni Mipa pawhin ama thiltih ang chiah tithei tur leh a rilru ang chiah pu tura a nupui a beisei tlat chuan inhmuh thiamlohna leh inngihngihona alo chhuak thei bawh a ni Hetianga ching mi kan nih chuan sim a tha hle ang Hetianga inphut tawna tireh tur chuan mipa leh hmeichhe danglamna kan hriatchian lehzuale,

kan pawm thlap a ngai dawn a ni.

Mipa leh hmeichhia chuan danglamna nasa tak kan nei a, kan landan atang reng pawh hian sawi tam ngai lovin kan danglamna chu chiang takin kan hmu thei nghal mai a ni. A tlangpuiin mipa chu hmeichhia aiin an pumrua a lian zawk a, an chak zawk bawk a, an aw te pawh a thumin a lian zawk a, an landan reng rengah pawh hmeichhe tan innghahna tlak hmel an pu sa a ni. Hei bakah hian an fuke pawh a lian zawk bawk Mipa chu hetiang an nih lain hmeichhia erawh chuan danglamna nasa tak kan nei ve leh thung a ni. Mipa aiin kan pumrua leh fuke alo te zawk a, kan aw te pawh alo sin zawk bawk a ni. Kan pumrua, fuke leh awte chu mipa aia a te zawk ang bawk hian mipa ai chuan kan rilru pawh alo te zawk a, kan tih theih alo tlem zawk bawk a ni. Hetiang taka thil siam danglam kan nihna hi kan hriatchian phawt chuan Nu leh Pa inkarah pawh inhriatthiam tawna leh inremna alo pungin alo parchhuak ang a, insiamtha tawn zelin chhungkaw hlimna a zual zel thei dawn bawk a ni.

Tin, mipa leh hmeichhie danglamna langsar tak dang pakhat chu hei hi a ni:- Mipa reng reng hian an thil ngaihtuahte chu ngunthluk tak leh fim taka an ngaihtuah thin avang hian thil pakhat an ngaihtuah lai emaw an tih lai emawin an rilru a luahkhah tlak avangin thildang reng reng a leng tel thei vak lo thin a, Hmeichhia erawh chuan thil pakhat an tih lai emaw an ngaihtuah lai emaw pawhin thil dang dang an ngaihtuah tel thei thin

a ni Lehkha Bu ziaktu Allan & Barbara Pease chuan Hmeichhe thluak leh thazam (*nerve*) inthlun khawm dan hi mipa nena an in an lohzia a sawina-ah chuan hmeichhia chuan a rualin thil tam tak an ngaihtuah thei a, thil hran hran pawh a rual a ngaithlain an hriat theih deuh vek zia a ti lang a Telephone-a thiante an biak lain Television a thil rawn lang te hre vek chungin a kara rawn betu te pawh fel takin an chhang nghal thei tlat mai a ni Mipa telephone a tawng mek ve thung chu biakbuai a ngai thei lo chauh pawh ni lovin, Television-a tawng ri pawh a ngai thei lo fovang Tumkhat chu Bob-a leh a nupui Sue leh an fanu tleirawl pahnihte chu tuifinriat kam (*beach*) lamah Pa ber khalh Car-in an kai lain Bob-a chuan, "*Ngawi hmak ru, in bengchheng lutuk*" tiin a vin thawt a An ngawih thiap hnu reilo te-ah chuan a nupui Sue-i chuan, "*Eng tizia a kan ti ti lai chu min khap nge maw i nih le*" tiin zahthiam takin a han zawt a Bob-a chuan, "*Motor ka khalh a lawm*" tiin a chhang bung ta hmuk a, chutah a nupui leh a fanu pahnihte chu an in ena, an hawi a ta reng mai a, a chhan chu Pa ber Bob-a motor khalh leh an nufa pathum titi in zawmna reng reng awma an hriat loh vang a ni a Hmeichhe thluak siam dan atang chuan an thiamawm baw Mahse, Pa ber Bob-a, mipa diktak hmeichhe thluak anga thluak inthlunkhawmna siam ve loh tan chuan Tuifinriat kam (*beach*) kawng tha lo lai a motor han khalh chu ngaihtuahna hman a ngai bawka, nufa pathum hlim taka titi kha hriat ve tuma a ngaihtuahna a hman dawn chuan a motor khalh lai a buaipah vek zawk mah a ni, thil pahni a

ruala tih kawp kha hmeichhia angin a thei ve ngang lo a ni. Hmeichhia leh mipa-te hi siam danglam kan lo va ni tak em', inhriatthiam tawn zawng a ngai takmeuh a nih hi Hetiang hi an thinchhiat vang ni lovin an thluak siam danah a awm zawk a ni Hmeichhiate hi an mit naute (*retina*) thazam (*nerve*) siam danah pawh hian an hmuh zau theih zawng chu mipa ai in a zau zawk daih a, hetiang avang hian inchhunga thil zawn pawh mipa ai chuan an hmu thei zawk fo thin. Chuvangin hmeichhia te hian pasalte'n thil an zawn hmuh theih lawk loh chang pawhin hriatthiamna thui zawk neih a tha. Mipa ve thung chuan hla tak leh thui tak a thil chu an hma zawn a nih chuan hmeichhiate chu an hmuh khalh thei zawk fe thung a, hla taka a hlauhawm pawh lo hmu hmasa-in an lo inveng lawk hman thin a ni An chhehvela thil erawh chu an hmu zung zung ve theilo thung

Nu leh Pa chu mize inanglo tak, inzir chhuah hnua inmil tak leh inrem tak, damchhung daiha inhmangaiha awm tlang tura Pathianin a duh taka a siamte kan ni a. Mihring, englai maha lo inhre sa silo, han inhmangaih tlat mai hi chu thil mak tak zawnga ni reng e. A ropuiin a thuk em em a, chatuan thlenga nung tur niang te pawhin a lang thei awm e. Tichuan, kan sawi tak angin mipate'n hmeichhiate hi anmahni ang chiah ni tur leh an tih thin angte ti ve zel turin beiseina neilo sela, hmeichhiate pawhin mipate chu an mahni ang siar siar ni turin beisei lo bawh sela, hmeichhia leh mipa danglamna hrechiang tlang ila, tichuan chhungkuaah hlimna nasa tak alo



thleng thei ang Chutiang ni lova, kan khingpuite hmeichhia in emaw mipain emaw an tih theih loh tawp turte ti ve ngei tura kan phut luih fo chuan eng tikah mah kan hlimtlang thei lovang a, beiseina sang tak nei si, dawhtheihna tlachhamin kan hun kan hmang reng mai dawn a ni Hetianga inhriatthiam tawna kan neih theih tlat loh chuan kan in hmangaihna chu zawi zawiin alo dal tulh tulh ang a, alo thamral mai dawn an. Hmangaihna thuk leh ropui tak, mak tak mai kan lo neih chu alo dai mai dawn tihna a nih chu Hmangaihna dai chu thil uiawm leh hlauhawm tak alo ni ang

Hmangaihna hi thil hlu tak leh ropui tak an kan tih tawh kha. Hetianga hmangaih tur leh hmangaihtu zawng hian mi nuai tam takin an bei thin a, a langa zawnglo pawh hian khingpui an neih hma chuan thiam takin, a ruk talin an zawng thin a, tichuan zawn in-ang tam takte chu intawngin nupui pasal anlo innei ta thin a ni Mahse, rei vaklo hnuah an inhmangaihna chu lo daiin anlo inthen ta thin a. Inthenlo te zingah pawh chuan chhungkaw him tak chu tlemte anlo ni leh a, anlo inneih theih hram hram nachhan pawh inhriatthiam tawna avang ni lem lovin, Nu emaw Pa emaw-in amah inphahhnuai hrehawm ti rilru em em chung si a, inthupin an chhungkaw kehdarh aia ama tuar thlang zawkin a ruka rethei tak sin anlo tuar tlawk tlawk mai thei bawh. Tin, nupa thenkhat erawh hi chuan court-a inkhinna hial pawh anlo tawh chawh thin a ni Heng te hi a chhan bulpui ber nia lang chu hmeichhia leh mipa danglamna kan hriatchian

tawk loh vang niin alang a ni. In hriatthiamtawwna alo awm chuan Nu leh Pate chuan hlawhtlinna ropui tak anlo neih phah thin a ni Hmangaihna hi thil mak leh hlu tak ani a, inhriatthiam tawwna nen chuan rei tak, damchhung daih thei a ni

## MIPA MIZE TLANGPUI

Nupa inkara inhriatthiamna ti pung tur chuan mipa mizia leh hmeichhe mizia hriat hran hi a tul avangin tlem azawng han tarlang teh ang Mipate hian an duh taka an neih an nupuite chu hun alo kal zela an inneih hmaa neih loh hlauva phi ruai thinte kha an inneih hnuah chuan anlo phunchiar tan ta thin a ni. An hmangaih em em leh an duh ngawih ngawihte lakah chuan huatthu anlo nei tan a, Pa insum theilo zualte phei chuan an damchhunga an inchhirna tur thu pawı takte anlo chhakchhuakin thilpawı te pawh an khawih palh fo a ni.

Pate'n an nupuite an sawisel fona pakhat chu an mipa mizia tihdanglam tum nia an hriat thin vang a ni duh khawp' mai. A nupuiin hmasawwna tur lam ngaihtuah a, tan a laknate chu pa chuan lo hresualin amah chu thaibawihtir tum niin alo hre palh thei a, chu bakah patlinglo leh rintlaklohah a nupuiin a ngai ta ni te hian a hre thei a ni. Hengah hian Nu a fin thiam loh chuan a thil tum chu tha hle mah se, in hmuhthiamlohna a thlen theih avangin tawngkam leh chet danah a fimkhur a ngai hle a ni. Hetianga buaina a lo awm chang chuan

Nu leh Pate'n ngun tak leh uluk taka thil ngaihtuah a ngai a ni Hetiang buaina a lo awm chuan engvanga Pa-in buaina chin fel tumna lo nei nge a nih a, Nu pawhin engvanginnge hmasawna lam a buaipui tih hriatthiam hmasak a tul hle a ni Hemi hrethiam tur chuan mipa leh hmeichhe danglamna bawh kha kan hriat chian leh zual a ngai a nih chu

Mipa chuan thil tum ruh tak nei leh chumi tihhlawhtlin ngei chu an rilruah a lian ber thin a ni Midangte awmdan leh chet vel dan tih vel mai mai te chuan Patling dik tak chu a tibuai mai mai ngai lova, a ngaihtuahna pawh thil tul lovah a seng hman tak tak lo a ni Chu ai chuan thil tak tak, thil putlingah a rilrute sengin changkan theihna leh hmasawna tur kawngte an dap chawh thin a ni Chu chu an himna ber pakhat ani bawh a ni A thil tumte a lo hlawhtlin hian Pa chu nasa takin a lo lawm thin Hetih lai hian hmeichhia chuan thil ho mai maiah kan rilru kan seng chawh thin Thil ho mai mai avangin Nute hian rilru nat riauna kan nei hma bik thin Hengte hi hrethiam lovin mipa ho chuan buaina kan neia tanpui kan ngai ta emaw an lo ti duh viau mai leh nghal a, tullo taka inrawlh chingte an awm nuk thin Hetah hian hmeichhia-te chuan thurawn petu ni lovin dawhthei taka ngaihthlatu an mamawh chauh zawh thin Hei hi mipa tam takte thil hriatsual thin a ni fo Hetianga an lo hriatsualna vang hian thil ho teah inhauhna a lo thlen phah theih thin avangin mipate'n hriatthiamna an nei a tul hle a ni

Pa chuan buaina alo neih ve erawh chuan amah ngeiin chinfel a duh thin avangin a sawi chhuak mai mai ngai lo a ni. Amahin a harsatna a chingfel thei dawn lova a inhriat chuan mi tu emaw, thurawn tha tak pe thei ngei tura a rinte hnenah chauh lo chuan a sawi chhuak mai mai ngai lo "*Engvanginnge midang ka hrilh ang? Keima buaina alawm*", tih chu an thupui ber an duh khawp mai Midangte tanpui ngai nih hi an tlawmngai a, an tan thil zahthlak tak niin an ngai bawh thin. Midang rawn ngai dinhmuna an lo din pawhin mi zahawma an ngaih leh anmahni duhsaktu ni ngei a an hriatte chauh lo chu an rawn zen zen ngai lo a ni

Tin, mipain an hriatsual fo dang leh chu hei hi a ni An nupuite'n an kianga an harsatna an sawite leh an thil vei an sawi chhuahte chu lo hresual palhin harsatna sutkiansak turin an nupuite chuan an pun emaw anlo ti palh fo thin a ni. Hetianga Nu-in alo sawi chang hian mipa chuan harsatna sutkian tumna neisa reng an nih avangin a tih tur ber nia a hriat chu harsatna sutkian a ni nghal mai thin a. Chu bakah hmeichhe thusawi chu thurawn (*advice*) pek beisei a sawi emaw alo tipalh thei bawh thin a ni. Hei hi a chhan ber nia lang chu hmeichhiate tana tangkai leh tanpui theitu nih chu mipa thiltum lian ber pakhat a nih vang niin alang Hetianga Nu-in Pa hnena alo sawi thinna chhan erawh chu tanpui beisei vang ni lovin, a pasal kianga thil han sawia han ti ti pui ve a chak vang mai a ni duh fo thin.

***Hetiang alo nih avang hian Nu leh Pate'n  
kan thil hriatsual fote chu :---***

1. Mipa chuan a kianga a nupui a harsatna alo sawi ve thinte hian a rilru hrehawmna leh harsatna sutkian tumna lamah tih loh loh tur tiin a nupui rilru chu a tum lawk hauh lovin alo hliam belhchhah thei a ni
2. Hmeichhiain hmangaih leh duhsak vanga mipa nungchang leh mizia thlak tuma a beihnaah a tihlan dan a thiam loh chuan mipa thin tiur-tu alo nih phah thei thin

A tlangpuin Pa-in rilru hahna leh ngun taka thil ngaihtuah tur an neihlai hian anmahni chauhva awm cheuh cheuhva ngaihtuah veng veng an duh thin, kawmtu leh ti ti puitu tur an mamawh reng reng lo Hetih hunlaia a duh anga a ngaihtuah chhuah theih loh chuan intihhlim nan News paper chhiarte, TV en te leh Games han khel mai te an duh thin Hei hi hmeichhe tam zawk chuan nupuite nin vang emaw tiin an pasalte khak nan leh inhauh phah nan an hmang palh thin a ni

Tin, a lehlamah chuan i nupuiin ngaihngam taka i kianga a harsatna alo sawi fo ngamna pasal ilo nih chuan thinur mai lo la, lo ning hauh bawk suh ang che I nupui chuan a ring tawh hle che tih hria la, dawhthei takin ngaihthlaksak thin ang che Hetianga thil sawipui theih pasal an neih chuan Nute chu an hlimin nuam an ti hle thin tih hria ang che I nupui pawh chuan a ngainat phah sawt ang che

Mipa reng reng hi an thil tum ruh tak mai tihhlawhtlina alo awm chuan an hlimin an lawm thei hle thin a, an tihur tizo huai ang te hian an inhre ve thin baw k a ni Nu-in alo hriatpui ve theihnan an hlawhtlin hnuah chuan an nupuite an hrillh ve chaw k thin a, Nu pawhin lo hriatthiampaia lo ngaihsakpui te pawh an beisei ve fo thin a ni

Pa-in thil vei ngut ngut alo neih chuan thildang zawng zawngte alo theihnghilh phah vek a, biak te pawhin a hrelo fo mai thei. Pa ber hetiang alo awm changa Nuin alo hriatthiampui loh chuan nupuite thusawi leh mamawh ngaihsak reng reng lo angin a pasal chu dik lo taka puhin alo vui ve fe thei a, nupa kara inhauna a chhuak duh chaw k thin. Hei hi hmeichhiate'n hrethiam taka mipa chu biak buai rih loh mai tur a ni. Amaherawh chu hetiang dinhmunah pawh i nupui chu i laka vui deuh nia i hriat chuan Pa chuan i thil buaipui leh ngaihtuah chu in nupa inkar thil a nih lohzia hriattirin i nupui chu i hmangaih a ni tih tihlan hram tum la, thinur mai lovin a beisei aia nasa mahin i hmangaihna tihlan tum tlat zaw k ang che. I nupui-in a lo dem deuh che a, alo ang deuh hlaih hlaih anih pawhin dawh hram hram la, reilote atan chauh a ni tih hre reng la, Nu thin thaw k chu tuilian thut ang chauh, reilote hnua reh leh mai tur a ni tih hre rengin lo dawh hram hram ang che. Reilote hnuah in Nu chuan i rawng chu hlim tak leh lawm takin ala bawlsak leh dawn che tih hre reng baw k ang che. Nu thusawi chu ngun takin ngaihthlaksak thin la, Nu chu alo dam huai mai ang. Thil engpawh Nu-in a pasal hnena

a sawi te chu a pasal a huat vang leh a pasal chu tlinglo a tih em vanga sawi a ni lo tih chu pa pawhin a hriatchian a ngai a ni Hetianga pasal ngaithlatu tha tak ilo nih chuan i nupui rilru hah chu alo dam huai ang a, i nupui tan damdawi tha tak ilo ni dawn a ni Nu tam tak rilru hahna thenkhat chu thil belhchian dawlo, ngaihtuah leh suangtuahna lek a ni duh viau, chungte zinga a chhan ber thin nia lang chu hmangaihtu leh lainattu nei lova an inhriat hian a ni thin An rilru hahna han sawichhuah ve te chu anlo chak ve thin a, hetiang a sawichhuahna an neih loh chuan an rilru alo hah zual a, hemi avang hian atna hial pawh alo thleng thei a ni

Pa-te hian thil pawimawh ngaihtuah tur an neih hian anmahni chauhva awma, tuma tihbui lohva, Bed-room-ah emaw, a remchang lai chuha, *anmahnia thil ngaihtuah an duh fo thin nachhan tlangpui chu hengte hian a ni mai thei -*

- 1 Harsatna engemaw lo awmte chu ngun taka ngaihtuaha, chung harsatnate chu engtia sutkian tur nge tih ngaihtuaha, tumahin an tihbui lohva awm an duh thin
2. Zawnha chhan harsa an tihte chu ngun leh zuala ngaihtuah a, a chhanna tur ngaihtuah chhuah an tum thin
- 3 Thinurna leh rilru hahna alo neih hian amah chauhva awm a duh thin Amah chauhva a awm vang vang hnuah chuan a thinur pawh lo kiangin ngai a awh leh thuai thei a ni A thiltih inchhir thu emaw a tihsual palh thu

emaw chu a sawi mai mai ngai hauh lovang  
Ama ngaihdanah chuan heng te hi a sawi  
chuan midangin an hmuhsit phah ang tih an  
hlahv vang a ni duh khawp mai

- 4 Amah inngaihtuah fimnan hun a hmang duh  
fo bawk thin. Hei hi a chhan pahnih a awm  
thei ang -

a) Tlangval ngaihzawng neilaite an in  
ngaihtuah ngut ngut ve thin An bialnu-te  
kianga fel leh fai taka an lan theih dan tur  
leh an intih thiamloh changa engtianga  
tih tur nge tihte an ngaihtuah thin

b) Pa-te pawh an nupuite nen an inkara thil  
fello alo awmin amah chauhva thil kal  
tawhte, thil kal mek te leh thil lo la thleng  
leh thei niawma a ngaih te ngaihtuahin a  
awm veng veng duh bawk thin

Hetiang hian mipate hian hmun fal chuhin an  
hmuh remchang hmasa berah awmhmun an  
khuar duh khawp mai Hei hi an pukah an lut ti  
ila a dik thei ang chu. Hetiang hun hian Pa chu  
chim buai chi an ni lo.

### ***MIPA HRIAT ATANA THATE***

Mipa chetdanah hmeichhiate an lungawilo ve  
fo thei a, heng te hi mipate chuan lo hriatlawka  
nupuite tihlawm nan hman tangkai theih ni sela  
a tha hle ang. Hmeichhe duhzawng Pa-in a



hriatthiam chuan inchohungkhurah pawh buaina  
lo thleng thei tur tam tak a pumpelh theih ngei  
ang tih a rinawm Heng te hi --

- 1 Nu-in Pa hnena thu a sawilai a ngaihthlak  
that peih loh leh ngaihven peih loh hian Nu-  
te chuan an pasalte'n an hmangaih tawh lovin  
an inhre thin
- 2 Pa-in a nupui thusawite chu ho mai maia  
ngai a, thlahdahtak leh fiamthu a a nilo  
zawnga alo chhan mai mai te, a tawngkau  
chhehte lo sawisela thurawn te pawh tullo  
taka lo pek mai mai a chin hian a nupui chu  
a thinur fo ang Nu chuan a pasalin hre  
thiamlo hle leh hmangaihlo hleah a ngai mai  
dawn a ni
- 3 Pa chuan a nupui thusawite ngaithla a, a  
thinur a, a nupui mawhchhiat mai a chin  
hian Nu chuan a pasalin zahder (respect)  
hauh lovah a in ngai thei a ni
- 4 A nupui tlin lohnate midang leh inlengte  
hmaa a sawichhuah fo hian Nu chuan a  
pasalin a hmangaih tak taklo niin a inhre  
thin
- 5 Midangte hmaa Pa-in a nupui chu zahpui  
niawm taka a lan hian a nupui rilru a na  
ngawih ngawih thin
- 6 A nupui mamawhte leh a thusawite ngainep  
a, a nupui kianga awm aia midang kianga  
awm leh hna dangte a thawhsan luih fo hian

a nupui tan a nuamlo thei hle thin. A fate ngei pawh a nupui aia a ngaihven zawk bik fo hian a nupui rilru a na thei bawh a, Nu chuan a pasal chu ama tana inserh hrang lovah a ruat thei.

7. A nupui thusawite ngawi renga a ngaihthlak hnu a engmah sawilo leh a thusawite chu ngaih pawimawh sak lo tak-a ngawi renga a kalsan daih hian a nupui tan a huatthlala duh hle thin A nupui chuan a pasal chu innghahna tlak lovah leh patlinglo lutukah a ngaih phah thei a ni
8. Pa ber ka atanga Nu fakderna a chhuah ngai loh hian Nu rilru a hliam thei bawh thin
9. Nu-in Pa ber tana thil a leisak emaw thil tha alo tihsak ve te chu Pa-in ngaihsak miahlo leh lawm hmel a put lem lohva a ngawih ralpui mai mai hian Nu rilru a na thei bawh a ni
10. Pa chuan a nupui laka thuruk leh zep a neih a Nuin midangte ka atang a, alo hriat leh si hian Nu rilru chu a na duh hle a ni.

I nupuiin thil tha nia a hriat ve te a sawichhuah reng reng chu khap hauh suh ang che. Nupa inkara inremlohna alo chhuah nachhan tam berte chu Nu thusawite Pa-in a nilo zawnga alo ngaihthlak palh vang a ni duh hle Nu thusaw chu Pa thenkhat chuan a nilo zawngin anlo dawngsawng a, chu chuan tul hauh lovah inhauhna a chawh chhuak a, buaina thui tak a

thlen phah thei a ni Hmeichhe pasal nei reng  
 rengin an tum hmasa ber chu an pasalte chu  
 midangte mithmuha mawia lantir tumna avanga  
 tan lak leh a pasal mamawhna anga tanpui chu  
 a ni ber thin A pasal tinlohna nia a hriate chu  
 siam that a tum ber fo thin Entirnan -

A pasal chu inchei tawp hnuang chi lo ni ta  
 ang sela, smart ve deuhva a lan theih nan tan a  
 la duh thin Tin, mi zinga a awma mi nuhzat ruk  
 deuh tet tet mi alo nih pawhin chutiang mizia  
 chu zawı zawia tihrehsak a duh ngei bawk ang  
 Heng thil tum tha takte hi Nu-in a tih duh  
 nachhan chu a pasal a hmangaihna vang ni  
 mah sela, a pasal rilru hliam zawnga a tawng  
 hlauh chuan a pasal chu siamthat a hnehin a ti  
 luhlul vek zawk ang A pasal pawh chuan a sim  
 ngai hauh lo bawk ang a, alo zualkai zawk mah  
 ang Chuvangin Nu pawh tawng thua h finkhur  
 a ngai hle a ni Amaherawhchu mihring kan pian  
 leh hmel a inanglo ang bawk hian kan fin dan  
 chin pawh a inchen vek lova, chuvangin i nupui  
 tawngkam thiam loh avanga thil changkang a  
 duhna lama a tawngsual palh anih pawhin Pa,  
 Patling i nih kha hre rengin i nupui thusawi chu  
 a ngil (*positive*) zawngin ngaihthlak tum fo thin  
 ang che Nangmah leh i inchei chung chu a theih  
 ang anga tih changkan chu i nupui thil tum ber  
 a ni tih hrechiang fo ang che Hetianga i nupui  
 alo sawi fo thin avang hian 'Thaibawih' tir tum  
 cheah ngai hauh suh la, rilru thianghlam leh tha  
 tak pu chung sawi a ni tih hre reng ang che  
 Hmeichhiate hian pasal thaibawih neihte chu  
 zahthlak kan tin kan duh bik hauh lo a nia Tin,

Nu-in chhungkaw changkanna leh hmasawwna lam a buaipui a, Pa chuan harsatna chinfel a tum ber thin tih hi hriat reng a tul hle a ni Hemi hrethiam tur chuan mipa leh hmeichhe danglamna bawk kha kan hriat thar leh fo a ngai a ni

## HMEICHHE TANA HRIAT TURTE

Hmeichhia i niha pasal ilo nei tawh anih chuan Pathian leh Kohhran danin i pasalah chuan a phuar tlat tawh che tih hria ang che Chuvangin i pasal rawng chu hlim tak leh lawm taka bawlsak mai chu i tihtur alo ni ta a. Mipa chu hmeichhia aiin thil an tithei zawk tih te, an chak zawk tih te hmeichhe lu anni tihte hriatchian nawn fo a ngai a ni. Kan pasalte chu midangte hmaa sawisel a that loh rual rualin a hleihluak a kan fak hlurh hlurh te pawh hi a lang mawilo thei a, anmahni chauh hriatlai erawh chuan faktlak an nihna lai tihlan ve fo hi thil tha tak a ni Khawvelah hian mihring tungchhova kal tawh reng rengte chuan fak lawmlo kan awmin a rinawm lova, i pasal ngei pawh chu a dikna leh a thatna i hmuh chiannaah chuan fak hreh hauh suh ang che

Tin, mi dangte hriat laia mahni pasalte sawisel chin hi thil thalo tak a ni kan ti tawh a I pasal tlin lohna ilo hria anih pawhin midang awmlah laiin sawi zawk ang che. Midangte awm laia i pasal ilo sawisel hlauh chuan i pasal thin tiur tuah ilo tang ang a, mi dangte hmaah chuan nangmah ngei pawh chu a tizak fo zawk ang

che Chu bakah i fate thatna emaw that lohna emaw pawh midangin an zawt che anih loh chuan sawichhuak fo lem suh ang che In chhungkaw chanchin kha midangte tan thil ngaihnawm ber a nilo mai thei a ni tih hriat fo tur a ni

I pasal chu i ngaisang a ni tih hrih fo la, thil hoteah pawhrawn thin ang che A remtih tur ang chi hriatsa ang chi reng rengah pawhrawn thin la, chu chuan i pasal rilruah chuan i rin tawkzia hrethiamin a hmangaih sawt ang che Mihring tumah in ang kan awm lova, kan tih theih zawng te pawh a inanglo thei hle awm e kan pasal te chu midangte thiltihtheih ang chi an tih ve theihlohna lai bik midang a ti thei zawkte nena khaikhin chin hi thil thalo tak a ni bawh I pasal tih theih ang kha mi Pate'n an tih theihloh tam tak a awm thei a, hetah hian i pasal chu mi Pa thil tithei lo zawkte nena khaikhin erawh chu i lo ti palh a nih pawhin thil pawh a ni lem lo Hetiang thilah hian i pasal chak lohna lai bik mi Pa fel zawkte nena khaikhin i chin chuan in Pa pawhin mi Nu i aia fel zawk te nen khaikhin ve ta che sela, i lawm bik hauh lovang

I pasal chu in inneih hmaa a awmdan tha vaklo alo nih pawhin a chanchin i hriatte chu in inneih hnuah phawrhchhuah sak ching suh ang che Chung zawng zawng hre reng chungailo taka i neih anih kha hre reng ang che I lo hriatchhuah chang a awm pawhin ngawih bopui mai tum zawk ang che A nunhlui chhuantlak loh i phawrh chhuahsak fo chuan

tullo leh thil kal tawh siamthat theih tawh si lovah in intibuai fo vang. Nang pawh nunhlui belhchian dawlo tak takte i lo neih ve tho te a nih phei chuan i pasalin sawichhuak thin ta sela i lawmlo mai ni lovin i thin alo ur zawk mah mai tur a nia.

Hmeichhia reng rengin a pasal chuan amah chauhva awm alo duh chang chuan, a pasalin a hmangaih loh vang leh a nin vang a nilo tih a hriat a ngai a ni. A pasal chuan hah leh chauh em em chang a nei ve thin a ni tih a hriatchian a, a chauh vang emaw, thildang vang emaw amah chauhva a fala awm duh chang pawha awmtir ve mai kha a duhzawng a ni tih a hriat a pawimawh a ni. Hetiang hun lai chuan Nu-in Pa hnena eng eng emaw a sawi pawhin Pa rilru ngaihtuahnaah a lut pha lo fo a ni Chutiang hunah chuan thil hmanhmawthlak tak a nih pawhin Nu chuan zawldawh taka amah lo ngaithla ve rih tura a ngen chuan Pa pawhin rang takin a rilru a rawn pe leh thuai thei a ni A hmanhmawthlak viau a nih loh phei chuan ngawih bo pui hrih pawh a tha zawk Pa ber chuan amaha awm fal a duh chang chuan a mamawh chu boruak zangkhai, amah tihlim thei tur chi ani tih Nu chuan a hriatthiam nghal a ngai a ni. Hetiang hun atan hian thian thate an pawimawh duh fo thin. Pa chuan hmangaihtu leh ngaihsaktu a nei tih a rawn hriat thar chiah hunah midangte kianga awm nuam alo tih phah thin a ni.

***Pate hian anmahni chauhva awm an duh nachhan te:***

Pate hian anmahni chauhva awm an duhna chhan te hi hriat thiampui an tul fo thin Pa chu ngawi renga a awm a, pindana a luh hmiah tawh chuan rilru hahna leh buaina dang eng emaw a nei a ni tih Nu-in a hriat nghal a tul a ni Hetianga fianriala a awm duh hunlai hian tihbuai hauh loh tur a ni a, a nupui leh fate chu sawi loh, ama thian tha ber pawh a kianga awm atan a duh dawnlo a n. Hetiang hunah hian Nu chuan amah leh amah a indemin thilsual paw tak alo ti ta em ni? tih ngaihtuah a awl hle a, mahse, chutianga ngaihtuah tur a ni lova, hetiang Pa ber alo awm hi chuan lo ngawih hle hle a, alo chhuah hun nghah mai a tha

Nupa tamtak chu thil hote avangin an inngeihloh phah thei a Thu inbat sual palh leh hriatsual palh avang ngawt te pawh hian in hmuhthiam lohna lian tak a thleng thei baw a ni Nu-in tihawm tak a tihloh te leh tihawm loh tak alo tihte pawh hian inhnialna alo chhuak thei baw a ni Hetah hian nupa-in tihual kan nei thei ve ve a, a tlangpuin hetiang hi kan tihual dan a ni deuh berin a lang

- 1 Nu-in a pasal chu midangte hmuha a lan mawi lehual na tur a ngaihtuahna chu Pa-in lo hresualin a nupui chuan amah chu hmangaih tawklo niin a hre thei a ni A nupui-in a ring tawklo ni te pawhin a hre thei baw a ni

2. Nu-in a pasal chu a thuhnuaia dah a tum fo leh a huatzawng thu a sawi fo hian Pa chuan amah chu hmangaih tawk lovah ngaiin a nihna pawmpui lovah a ngai thei bawk a ni
3. A pasalin atana thil a leisakte, thil tha a tihsakte chu hriatpui tha duhlova a sawisel fo hian a pasal chuan amah leh a thiltih te pawmpui lova, hnawl nia inhriain a nupui chu tihlawm theih lovah a ruat thei bawk a ni.
4. Nu-in a pasal chu naupang ang maia a sawisel fo hian Pa chuan a nupuiin ngaisanglo hleah a inngai thin a ni
5. Nu-in a pasal hnena pehhel deuhva thu a sawi thin leh a lawm lohna thil a hrilh te leh intithunei awm taka a biak fo hian a nupuiin a hmangaih tak taklo niin a in hre thin a, Pa thalo leh rintlakloh, engmah hrilh tlak lohvah a ruat niin a inhre thin a ni
6. Thitihna reng rengah Nu-in a pasal chu sawisel paha siamthat a tum hian a pasal chuan alo thinrim phah thei bawk a ni
7. Pa chu a hnathawhna atanga alo hawn laia Nu-in alo ngaihsak loh viau hian Pa rilru a na thei thin.
8. Nu-in pa chu an inchhungah a dah lal thiamloh chuan Pa chuan ama inchhung ngeiah pawh pawlang riauva in hriatna a neiin a thin a rim thei bawk.



- 9 Pa thiante an Ina anlo len changa Nu-in alo  
ngaihsak duhloh hian Pa chu a thinur thei  
bawh
- 10 Pa-in buaina leh harsatna a neih laia Nu  
berin rilru hahdam leh thawveng awm  
deuhva a lo awm hian Pa rilru a tina thei

Nute'n kan pasalte kan sawisel fona pakhat  
chu thusawi an ngaithla tha duhlo tih hi a ni duh  
khawp mai Mipa-ho hi a tlangpuin hmanhmawh  
tak an nih deuh zel avang hian an hnena thusawi  
dawn pawhin tawifel leh kim taka sawi tum fo a  
tha Nu chuan kan pasalte hnenah chuan thil  
han sawi a, han ti ti pui neuh neuh te pawh kan  
duh thin Mahse, Paho hi an hmanhmawh  
tlangpui thin avangin kan thusawite chu rei tak  
an ngaithla peih lemlo a ni Chuvangin Pa chuan  
lo ngaithla ngei se kan ti anih chuan tawifel leh  
kim thei ang bera kan hriat angin sawi thin ila,  
anlo ngaithla hman ve mai thin Pasalte kiana  
Nu-te'n thu an sawi hian Pate chuan an nupuite'n  
an buaina chingfel turin an sawm emaw an ti  
duh khawp mai Mipa ho hi an hmanhawh thin  
avang hian Bazar-a kal pawh hian Nu hian kan  
thil lei tum ang kan lei loh phah fo mai thei Pa  
hova kan Bazar reng reng chuan Nu pawhin Pa  
rilru hre renga hmanhmawh deuh hleka kan lei  
turte chu lei thui thui tum a tha Anih loh vek  
pawhin Pa tel lova Bazar-a duh ang chu  
muangchang deuh leh uluk deuhva en te pawh  
a tha Pa an kal tel ve chuan phui deuh nunga  
Bazaar a awl bik thin

Nute hian kan pasalte tihhmasawn kan tum lutuk avang hian kan ti lungawilo thei fo thin a ni. Kan pasalte fel tawklohnate siamthat kan tumna kawngah hian kan tawngkam hman te thiam a tul hle a ni. Kan tawngkam thiamloh lutuk avangin kan pasalte kan ti lungawilo fo thei a ni. Pa chuan hrethiam lovin anmahni chu Thaibawihthir kan tum emaw an ti thei a ni Chutianga Pa-in anlo hriatsual palh hlauh chuan Pa rilru chu nasa taka hliamin alo awm thei a ni Pa chuan mah chu a nupuiin duh tawk lo ni tepawhin a lo ngai thei a ni.

A tlangpuin mipa aiin hmeichhiate hi kan tawng duh deuh zawk fo thin a ni Mipa-in an ngawih bopui mai mai ang te hi hmeichhiate chuan sawichhuah nuam tihna leh chakna kan nei duh hle Thil mak deuh leh thil lawmawm lamte, harsatna lo awmte hi hmeichhia chuan ngawih bopui mai mai harsa kan ti duh chawk thin. Hetiang thil danglam alo thlen chang chuan hmeichhiate chuan hriatchian a, kan mi rin zawngte hnena han sawichhuah ve hrim hrim duhna kan nei duh khawp mai Thinurna leh hrehawmna kan lo neih chang pawhin han inhrikthlakna kan mamawh ve thin a, chutiang atan chuan thian dangte dap lova, mahni pasalte hnen ngeia han sawi mai emaw chu Nu tan chuan thil hahdamthlak tak a ni thin. Mipate pawhin an hriat tur pawimawh deuh mai pakhat chu hetiang thila a nupuiin engkim alo share ngamna pasal anih chuan a nupui chuan a pasal chu a hmangaihin a ring tawk hle a ni tih hriata, lawm taka lo ngaihthlaksak chu a tihtur dik tak a ni.

Alo sawipui ve kher emaw pawh a nupui chuan a beisei hauh lovang a, han sawichhuahna neih ve chu atan thil nuam a ni tih alo hriatpui kha a tan chuan a lawmawm tawh viau a ni Midangte chanchin thiante leh midang dang hnena sawi sawi ai chuan Nu tan pawh a pasal hnena a hrih mai chu a him tawh em em a ni Hmeichhiate chuan engkim kan sawichhuah ngamna chu kan ngaina sawt thin a ni

***Hmeichhiate'n tawng chhuah kan duh thinna chhan tlangpuite:***

- 1 Thil awmdan, thil kal vel leh thil thlengte chu midangte hriatir ve him him duhna avangin
- 2 Kan thil hmuhchhuah tharte leh kan thil tawnte midangin min lo hriatpui ve se tih duh vangin
- 3 Rilru hahna leh hrehawmna hrikthlak nan
- 4 Kan thil vei leh rilrua kan parte han sawichhuah khan keimahniah himna, nuam tihna leh thawvenhawhna kan neih phahin kan inhre thin a, chu chu kan thlahlel thin a ni

Tin, Nute chuan kan pasalte laka kan dawn aia kan pek chhuah a tam zawka kan hriat hian kan rilru a na ve thei bawh thin Kan dawn ve ngei tura kan ngaih kan dawn loh lek pheh chuan kan rilru a na lehzuah thin Mahse, hetiang hi kan lo tawng anih pawhin kan pasalte kan dem mai

tur a ni lova, tin, pasal pawhin a nupui chu a beisei ang a pek tawk lohna avang chuan chhuanlam siam leh dem tur dang dapa buai a tul hek lo In mawhchhiat chin hian engmah hnemhnanna a nei ngailo a ni. I pasal chu i beisei anga alo awmlo anih pawhin dem bik mai lo la, a nihna ang ang leh a phak taw kang chu lawm takin pawmthiam tum zawk ang che I pasal tana i tihsak aia tam zawk mah chu i pasal chuan tihsak che a duh ang tih ring la, mahse mipa anih miau avangin tihngaihna a hrelo a ni mai thei Chuvangin amah fak chung zela i duhte ti tura i hrilh chuan i tihsak aia tam tak chu a tihsak ang che.

I pasal chu in inneih hmaa a awmdante deusawh takin emaw hmusit takin emaw sawichhuahsak thin suh ang che Chung zawng zawng hresa chung a duh taka ineih a nih kha hre reng la, a tlinlohna te pawh chu theihnghihlsak tum tlat fo thin ang che. Nang pawh engmah i nih bik lohzia kha hre reng la, a lakah chuan i tawng insum ang che

Tin, inchhungah chuan Nu ber i nih kha hre reng la, tihtauh ching hauh suh ang che Tihtauh i chin chuan i pasal, I fate, in inlengte leh i kiang vela awmte'n an ning ang che a, i kianga awm hahthlak an ti dawn bawk an

A tlangpuiin mipa reng reng hian anmahni chauhva awm fal duh hun an neih thin avangin hetiang hun hi Nu-in a hriatthiam a tul hle thin. Pa ber chu a ngawih vang vanga, a en ngai a en

a, han biak pawha ngaihsak lemlova a lo awm chuan tanpui a ngai ani tih hriatthiam nghal tur ani. Han biak pawha hre awma a awm lohva, thil an ngaihtuah ngut ngut tawh chuan a hnu reiloteah hmun fianrial leh remchang deuh, mahnia awm theihna tur pindan emaw an pan nghal duh khawp mai Hetianga pa alo awm chuan Nute chu kan phi buai vak a tul lemlo Pate hian chauh hun leh hahzual em em hun an nei ve thin a ni tih kan hriatpui a tul zawk a ni Anmahni chauhva an awm duh hun alo thlen chuan Nu tam tak te'n kan pasalte hian min hmangaih talo emaw kan ti palh ve thei a ni Mahse chutiang a ni lova Pa chuan amah chauhva hun thawl leh hahdam taka hun hman a mamawh ve thin a ni tih hriatthiampui zawk tur a ni Chutianga amah chauhva awm a duh hun chuan a duh ang anga awmtir ve mai tur a ni Hetiang huna kan hriatthiampui fo chuan keimahni tan ngei pawh a hahdam dawn a ni Chuvangin Pa-te chuan chawlh hahdam an mamawh hunah chuan zalen taka awmtir mai kha a tha berin a rinawm Pa chuan rilru hahna leh buaina dangte pawh alo nei ve thei a chung avangte pawh chuan hmun fianrial deuh va a luh hian a **pukah** a lut ti pawhin kan sawi thei ang chu Pa ber chu a puka a luh tawh hnu chuan tihbuai hauh loh tur a ni a, a nupui fanaute leh a thiantha berte pawh a mamawh loh hunlai tak a ni A kianga awm ve atan tumah a duh lova, midang ngaihtheih lohnain a khat thin a ni Hetiang hunah hian Nu chuan amah leh amah indemna tur zawngin thilsual lian tak alo ti ta em ni tite pawhin a ngaihtuah mai thei a, hei hi thil

awm thei tak a ni. Mahse, chutianga ngaihtuah tur a ni lova, Pa ber chu a puka a luh tawh chuan Nu chu ngawih hle hle a, alo chhuah hun nghah mai a tha Reilote hnuah rilru insiamfel takin alo chhuak ang a, ngai a rawn awh leh mai dawn a ni tih hriat tur a ni Heta tanga alo chhuah chiah hian amah tihlim theitu tur a thian tha takte emaw TV Progame tha deuh te lo awm thei sela a tha leh zual. Chu chuan Pa chu a tihlim lehzual ngei ang Pa chu a puka a awm lai chuan a hnena thusawi pawhin sawi zo hman lova lo ngawih lailawk te pawh a ngai mai thei bawk a, Nu thusawi apiangte chu a thin tirimtu lo niin ngaihthlak pawh a ngaithla duhlo mai thei a Chuvangin Nu chuan hetih hun laia tawng lo chuh ve chhen chu a tih hauh loh tur a ni Chutiang hunah chuan zawldawh taka amah chu lo ngaihthlak mai zawk a tha berin a rinawm Hetiang huna pa mamawh ber chu boruak zangkhai, amah tihlim theite a ni tih Nu chuan a hriatpui a ngai a ni. Pa chuan amah ngaihsaktu leh hmangaihtu a nei tih a inhriatchhuah thar leh chiah hunah midangte kianga awm chu nuam alo tithar leh mai dawn a ni

He thil hi hmeichhiate tan zirlai hautak leh harsa tak a ni A chhan chu a thian emaw, a pasal emaw, a fate leh midangte reng reng rilru hah taka an awm laia thlahfal chu Nu chuan thil tih chi niin a hre thei mang thin lo a ni. Chutiang ai chuan an kianga awm ve a, an harsatna te hriat ve a, sutkian dan ngaihtuahpui chu Nu duhdan alo ni thin a ni. Chutianga mahni chauhva awmtir chu hmeichhe tan chuan thil

harsa leh hrehawm tak a ni A thian emaw a pasalin emaw-in harsatna an tawh laia ngaihthah taka lo awm chu hmeichhe tan chuan thil tih theihloh tluk deuh thawin a harsa a ni

Hmeichhiaten kan hriatthiam loh fo leh kan tihpalh fo chu hetiang mipate'n anmahni chauhva awm an duh hunlaia an harsatna sutkianpui tuma va biak ve sek kan lo tum thin hi ani Zawhnate zawtin an tawng peihlo chung chung tawngtir leh nuihtir te kan tum fo chuan Pa thin tiur zualtu lek kan lo ni dawn ani Hmeichhiate kan lo phusak ve sekna hian Pate a timangang zual duh hle a ni

Mipate an puka an luh hnua kan tihbui fo chuan Dragon thin thawk ang main kan siam thei a, kan chhaihkawlh thei bawk a ni Hmeichhiate thil tum chu tha hle mahse, hetih hunlai atan hi chuan insum hram hram a tha ani Chutilo chuan Pa thin tiur zualtu kan lo ni mai dawn a ni

Mipate hi hmeichhiate'n tih tur kan lo hrih zung zung thin leh thurawnte an mamawh lem loh laia kan lo pek ve fo hian an thin tih rim a awl hle thin Hetiang ching mi kan lo nih hlauh chuan tih tawh loh a tha hle ang Inleng biak dan chungchangah pawh Pa ber mitmei enlo leh ngaichang hauh lova Nu a phur hlut fo chuan chhungkua a mualpho thei bawk ani Nu berin harsatna leh thil dang dang a sawi lai te chuan Pa chuan chung harsatnate chu sutkian dan tur alo ngaihtuah hmasa ber thin hi chu a

lawmawmin a thlamuanthlak hle thin a ni. Hei hi a chhan ber nia lang chu mipate hian an nupui leh fanaute thlavang hauhva, hahdam taka awmtir an duh vang leh tanpui an ngaih huna tanpui nghal thei nih an tum tlat vang a ni a, hmeichhiate hi kan vannei hle a ni Nute'n an pasal te zahthiam a tul em em ang thovin, Pa pawhin a nupui chu a zahthiam ve chu a tih tur dik tak a ni. Tichuan chhungkaw hmel alo mawi thei dawn a ni.

Mipate hian an puka awm an duh laia Dragon kawlh ang mai an nih lai chuan hmeichhiate'n lakchhuah thuai duhna anlo nei hi thil awm tak a ni. Hmeichhiate hi kan mangan hma em vang a ni deuh ber thin a ni. Puk atanga la chhuak tura Nu-in tan a lak nasat poh leh a pukah chuan a awm rei phah duh lehngahal vei nen, Nu tan chuan thil mangan thlak tak alo ni thin a ni Puka tawm that lohzia sawi nasat poh leh an hlauhawm tulh tulh a, lo chhuah a tum lai mek pawh ni sela, a nupuiin emaw alo tur sek chuan alo chhuah duh loh phah thei ani.

Hetianga an awmna chhan tlangpui chu kan sawi tawh angin rilru hahna leh harsatna an tawh vang a ni deuh ber thin ani a, a then erawh chu thil tha tihchhuah tuma an ngaihtuahna an hman lai a thei thin bawh ; chung thilte chu anmahnia sutkian an tum ber thin.

***Hetlang huna Pa chu a puka a tawm rei lutuk lohnan fimkhur takin Nu chuan hetlang hian ti sela a tha duh viau.***



**Hetiangan :-**

- 1 Pa chu amah chauhva a duh duha awm chu phalsak ve mai tur a ni (hlahawm leh pawl tak a nih loh chuan)
- 2 A harsatna leh buaina sutkiansak tum zawnga tawng rih hauh loh tur a ni
- 3 Hetiang hunah hian tanpui tumna avanga zawhna lo zawh ve chhen hi an nin duh avangin tih hauhloh tur a ni
- 4 Bedroom-ah te emaw alo tawm anih chuan alo chhuah hun changin Bedroom kawngkhar velah te lo awm hauh loh tur a ni A lo chhuah hnu pawhin lo haider zawk ang che (ngaihven tak chung sun)
- 5 Amah avang chuan lo buai lutuk duh suh ang che
- 6 Nangma himna turin thil engemaw tih lo tum zawk ang che

Tin, Pa chu chhungkaw ei zawngtu leh rinrawl, ber anih avangin theih ang tawka duat ve a phu reng reng a, chuvangin kan theih ang tawka lo duat ve chu Nu mawhphurhna dik tak a ni A hnathawhna atanga alo hawn te pawhin in alo thlen veleh a tana hahdam tur ang bera Nu-in alo dawnawn ve a ngai a Chu bakah a thlen himah ala hah em em lain a tana thil hriat nuamlo lam chi reng reng chu hrilh tur a awm anih pawhin lo insum hram hram rih a tha A tul

ta viau anih pawhin a chawlh hahdam deuh hnuah muangchanga hrilh zawk nise Pa tan a hahdam deuh ngei ang Chutilochuan kan tihah zual ang a, thinchhiatahte alo tlak phah mai ang

Chuvangin nupa inkara harsatna hrang hrang lo awm theite chu hmelhriat thiam a, a pumpelh dan tur zawn reng hi thil tul tak a ni Nupa rilru inhliam hi a awl em em a, chutiang bawkin inthlungawi a awl hle bawk Nu emaw pa emaw chu thil te tak teah a khingpuı lakah a lungawi lo thei a, chu a lungawilohna chu thil hote bawkin a thawıdam leh thei a ni. Hei hi Dr John Gray-a chuan " *Tuilian so but but lo awm thut ang hi a ni ber e* " a ti a ni Tichuan, Nu leh Pa an rilru inhliam awlna lai ber nia lang chu Hmangaihna dawng tawklo nia an inhriat hian a ni deuh ber thin awm e.

Tichuan, nupate inrem taka awm theihna atan chuan Hmeichhia leh Mıpa danglamna hriatchiana Pathian tihna thinlung tak tak kan neih chu kan tih tur ber alo ni ta anih chu.

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" Setana target lian ber chu kan fate an ni tlat  
 mai hi a huatthlala-awm thin teh e. Setana  
 thil tum ber chu kan fate tihchhiat, chhungkua  
 [REDACTED] tihchhiat leh khawtlang tihchhiat a  
 ni. Chumi hnu-a kan fate chu Nu leh Pa kut  
 atang leh Pathian hnen atanga lak bo chu a  
 tum ber a ni ".

- ☐ Kristian chhungkaw dik tak din I chak em?
- ☐ Kristian chhungkua a Pa ber mawhpurhna.
- ☐ Kristian chhungkuaa Nu ber chanpual.
- ☐ Hmeichhia & mipa-te mize danglamna.
- ☐ Setana kaw-hruhna chhinchiahnate (symbols).
- ☐ Hmeichhia a setana hmeichhia cawn lanchhah dan.
- ☐ Hmeichhia a setana hmeichhia cawn lanchhah dan.

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